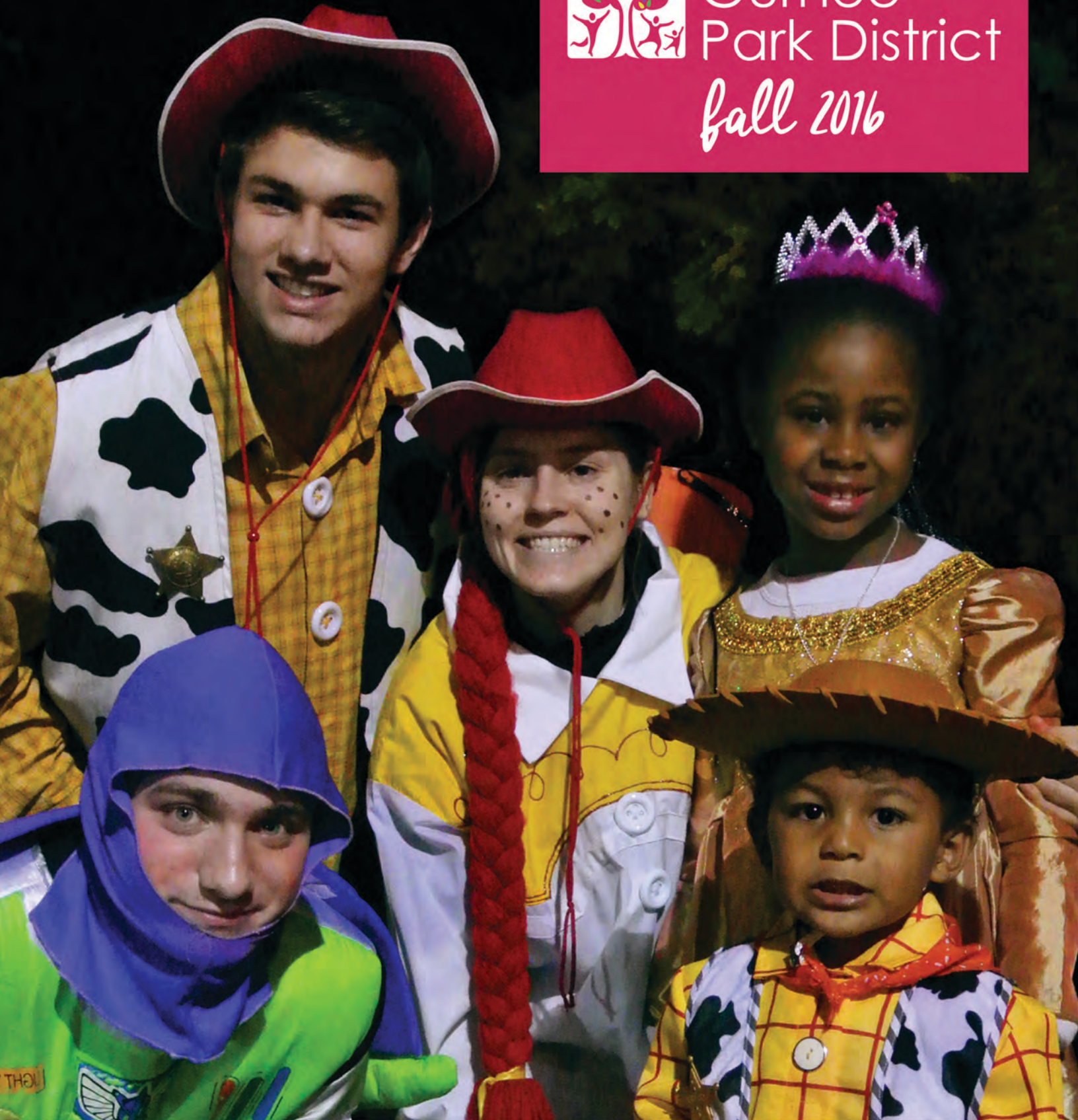




Gurnee  
Park District  
*fall 2016*



*registration begins August 8th for fall programs*



# Are you ready to help your child reach new heights?

**You taught them their first words.  
We teach them classroom routines and social skills.  
Together we prepare them for life.**

At Growing Tree Preschool, we have developed a community based program to build academic, social and self-help skills. Our philosophy is to educate children in a play-based, creative and nurturing atmosphere. Our ultimate goal is for children to love coming to school.

## Give your child a head start.

Children can start this safe, fun and creative program as early as 2 ½ years old.

Now is the time to give your child a head start in life. Registration is currently in progress for the 2016-2017 school year.

For a full listing of our full, extended and half day programs, visit page 49.



GurneeParkDistrict.com 847-623-7788





# Welcome to fun

**"It's a new season. A perfect opportunity to do something new, something bold, something beautiful." – Anonymous**

Last year, I had the privilege of traveling to Egypt and embark on an adventure that changed my perspective on life.

As part of the trip, we were presented with an optional adventure - an opportunity to climb Mount Sinai. The mountain is 7,400 feet high, and the hike would take four hours to climb up and three hours to come down. I have never hiked more than one or two hours at a time before, so I knew this would be challenging.

Alongside my niece, Bency, we committed to the challenge. The climb started at 1:00 am, and our goal was to get to the top of the mountain before sunrise. The local guide was very experienced. He had us take frequent breaks - as often as every 10 to 15 minutes. At each stop, we took a few minutes to peer over the mountain side into the night sky. Everything was pitch black except for the stars twinkling brightly all around us. The frequent breaks enabled us to complete the hike as well as enjoy the journey. The hike was extremely hard, and I consider it one of the most strenuous tasks I have ever done. At the same time, it is one of the most beautiful and memorable experiences of my life.

On that hike, I realized that it is never too late to try something new. With that experience, began a new season in my life - one that involves much more physical activity than in the past. Since that climb to Mount Sinai, I have completed a few hikes locally and intend to do much more in the future.

We might not have Mount Sinai in Gurnee, but we do have many beautiful and safe trails throughout Gurnee. The Lake County Forest Preserve has some of my favorite trails to walk and explore nature. We recently connected the Forest Preserve Trail to Viking Park which makes walking in Gurnee even easier!

This fall season, I encourage you to try something new, which may require you to take a bold step, but it could lead to a beautiful experience. Gurnee Park District recently tried something new, and launched a new movement called **GO GURNEE**. It encourages everyone to walk at least 30 minutes each day. As everyone in the medical field would agree, a simple 30 minute walk has tremendous health benefits.

As part of the **GO GURNEE** movement, we created a new hiking program. I hope you will find the time and energy to join us on these hikes. Please visit page 46 for the various dates, times and options.

As we approach this new season, try something new and enjoy each moment. Sometimes in order to make it to the top of the mountain, you need to stop and take a break. I encourage everyone this season to pause, reflect and enjoy all Gurnee has to offer you and your family - then keep moving!

As always, I welcome your comments and suggestions to further enhance our services. I also encourage you to share your inspiring experience with the community. Please feel free to call me at 847-623-7788 or e-mail me at [skuruvilla@gurneeparkdistrict.com](mailto:skuruvilla@gurneeparkdistrict.com) with your comments, feedback and stories.

Warmly,

*Susie*

Susie Kuruvilla, CPA, CPRP  
Executive Director







## Gurnee Park District Board of Commissioners



**Jim Goshorn**  
President



**Libby Baker**  
Vice President



**Michelle Klemz**  
Secretary



**Gerald Crews**  
Commissioner



**Vicki Paddock**  
Commissioner

### Board of Commissioners

Jim Goshorn .....847-855-0915  
 Libby Baker .....847-263-7603  
 Michelle Klemz .....847-548-0929  
 Gerald Crews .....847-244-5449  
 Vicki Paddock .....847-249-0087  
 Email: .....  
 commissioners@gurneeparkdistrict.com

Gurnee Park District, a municipal governing agency, provides parks, recreational facilities and programs for its residents. The Board of Commissioners is made up of five elected officials, each serving four-year terms. Board meetings are held the third Tuesday of each month at 7:00p at Viking Park, 4374 Old Grand Avenue, and are open to the public.

**Mission Statement:**  
 Promoting fun and preserving nature.

**Vision Statement:**  
 As a nationwide leader in our field, be the premier provider of community-driven and innovative park and recreation experiences, while maintaining financial stability.

### From teacher to manager, and the team behind her.



Sue McDougale, wears many hats at Gurnee Park District (GPD), and we are grateful for her time, support and the team that stands behind her. Sue began as a preschool teacher in her first year with the Park District. Now, she manages and oversees the Growing Tree Preschool (GTP), camp and youth programs as well as sports, CARE and Hunt Club Park Community Center.

With the school year quickly approaching, she would like to thank her preschool teachers and coordinator for their time and commitment to the community. "The preschool team is a dedicated and talented group of individuals who are committed to creating a warm, safe preschool environment in which young children can learn and grow," she explained.

"GTP began in 1975 with a single classroom. Now, we have 16 classes at two different locations for children ages 2 ½ - 4 years old. "We currently have 16 teachers on staff and one coordinator. I am pleased to say the average years our teachers have been with GPD is 11. Additionally, 11 of our 16 teachers have children or grandchildren who were students in GTP. We have some of the best teachers around," Sue explained.

A parent added, "I have only positive feedback when it comes to our experiences with the preschool program.

This was my third and last child in the program for a total of six years. The teachers, coordinator and manager have been amazing. They really do an excellent job in terms of the program itself, communicating with parents, providing opportunities for learning and play, creating a safe learning environment and setting expectations for students and parents. We have been blessed with caring and thoughtful teachers! Thank you for everything!"



Sue, our preschool teachers and coordinator's dedication to the community and youth of Gurnee is more than admirable. We appreciate all their time and hard work they commit to improving the lives of our little ones!

If you are interested in your child joining our Growing Tree Preschool, there is still room in some of our classrooms for the upcoming year. Please visit any of our community centers today to secure your child's spot in class!





## Gurnee Park District Staff

### Administrative Team

**Susie Kuruvilla**, CPA, CPRP, Executive Director  
**Suzanne Gage**, Administrative Assistant

### Business Services Team

**Mike Szpylman**, CPRP, Director of Business Services  
**Yesenia Cerda**, Membership Services Specialist  
**Fred Colón**, IT Coordinator  
**Kim McCormack**, Accounting Specialist  
**Nichole Todd**, Business Services Coordinator  
**Vicki Zika**, Accounting Specialist

### Marketing Team

**Jennifer Gilbert**, CPRP, Director of Marketing/Public Relations  
**Brenda Sorensen**, Marketing Specialist  
**Katie Burgess**, Marketing Specialist  
**Liz Gnippe**, Marketing Specialist

### Recreation Team

**Scott Crowe**, CPRP, Director of Recreation  
**Chelsi Todd**, Recreation Team Assistant

**Sue McDougale**, CPRP, Facility Manager, Hunt Club Park Community Center  
**Janet Billiter**, Front Desk Supervisor  
**Davida Doyle**, Youth Program Coordinator  
**Ginni Gianneschi**, Preschool/Camp Coordinator  
**Sabrina Hinkens**, Youth Recreation Supervisor  
**Debbie Kowalczyk**, Hunt Club CARE/Camp Site Director  
**Chris Marzano**, CPRP, Youth Athletics Supervisor  
**Tracy Paulsen**, CARE/Camp Site Director  
**Kelly Peters**, Customer Service  
**Debbie Townsend**, Preschool/Camp Site Director  
**Christine Trigsted**, Customer Service

**Beckie Korzyniewski**, CPRP, Facility Manager, Viking Park Community Center  
**Ron Dorsey**, CPRP, Adult Program Supervisor  
**Lori Friedl**, Rental & Scheduling Coordinator  
**Stephanie Friedl**, Special Events Coordinator  
**Kris Norwood**, Performing Arts Coordinator

**Kara Moss**, CPRP, Aquatic Facility Manager  
**Kevin Born**, Aquatic Coordinator

**Shawn Zimmerman**, Fitness Facility Manager  
**Patrick Bodame**, CPRP, Fitness Services Supervisor  
**Matthew Vanderkamp**, CPRP, Fitness Operations Supervisor  
**Amy Cusack**, Group Exercise Coordinator  
**Carrie DeLuca**, Front Desk Coordinator  
**Trish Hansen**, Facility Team Member  
**Rafael Palestina**, Facility Maintenance Team Member  
**Omayra Shofner**, Membership Coordinator  
**Gina Woods**, Childcare Coordinator

### Park Maintenance Team

**Jeff Reinhard**, CPRP, Director of Parks & Planning  
**Kraig Owens**, Safety Specialist  
**Steve Becker**, CPRP, Grounds Operation Supervisor  
**Sarah Sinclair**, Facility Maintenance Supervisor  
**Carlos Arenas**, Grounds Team Member  
**Chris Carlson**, Facility Team Member  
**Leo Colin**, Facility Maintenance Team Member  
**Mark Damore**, Playground & Construction Team Specialist  
**Justin DePauw**, Playground & Construction Team Specialist  
**Joseph Flores**, Grounds Team Member  
**Joaquin Herrera**, Facility Maintenance Team Member  
**Rose Knobbe**, Facility Maintenance Team Member  
**Bob Liebert**, General Tradesman  
**Joey Morabito**, Playground and Construction Team Member  
**Kelly Petersen**, Grounds & Equipment Operations Assistant  
**Kevin Robinson**, Playground & Construction Team Specialist  
**Aldo Rogel**, Grounds Team Member  
**Paul Schneider**, General Tradesman  
**Tom Schneider**, Mechanic  
**Mike Skender**, Grounds Team Specialist - Sports Fields  
**Don Steck**, Grounds Team Specialist - Horticulture  
**Dan Weber**, Grounds Team Specialist - Turf & Grounds

### Part Time, Seasonal and Volunteers

Thank you for all your efforts & time.

*CPRP: Certified Park & Rec. Professional*



**GO GURNEE at Kohler-Andrae State Park!**

## Program Supervisor Key

Initials placed at the end of a program description stands for the supervisor in charge of that program.

**Beckie Korzyniewski: BK**  
**Chris Marzano: CM**  
**Kara Moss: KM**  
**Patrick Bodame: PB**  
**Ron Dorsey: RD**  
**Sabrina Hinkens: SH**  
**Sue McDougale: SM**



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## Office Info. & Hours

**Viking Park • 4374 Old Grand Avenue**  
 Main Phone Line.....847-623-7788  
 TDD.....800-526-0844  
 Website.....gurneeparkdistrict.com

**Fax**  
 Viking Park Reg. Office.....847-623-8121  
 Hunt Club Park Reg. Office.....847-855-1372  
 Maintenance Facility.....847-662-8171

**Viking Park Hours**  
 Monday – Friday.....9:00a-5:00p

**Viking Park Office Closed**  
 Memorial Day ..... May 30  
 Independence Day ..... July 4  
 Labor Day .....September 5

**FitNation & Hunt Club Fitness Center**  
 See page 47 for hours and closing dates.

## Questions?

- Adult Programs/Sports, Gymnastics & Traveling Leagues**
  - Ron Dorsey ..... 847-599-3758
- Aquatic Facilities/Programs, Concessions**
  - Kara Moss ..... 847-599-3753
- Birthday Parties/Facility Rentals**
  - Lori Friedl ..... 847-599-3760
- Early Childhood/Camp/Preschool**
  - Sue McDougle ..... 847-599-3767
- Fitness**
  - Shawn Zimmerman..... 847-623-4510
- Marketing/Public Relations**
  - Jennifer Gilbert ..... 847-599-5498
- Marketing/Publications**
  - Brenda Sorensen..... 847-599-3766
- Park, Field & Facility Maintenance, Safety**
  - Jeff Reinhard ..... 847-599-3770
  - Email.. jreinhard@gurneeparkdistrict.com
- Preschool Coordinator**
  - Ginni Gianneschi ..... 847-599-5499
- Director of Recreation**
  - Scott Crowe ..... 847-599-3756
  - Email.....scrowe@gurneeparkdistrict.com
- Seniors, Teens, Performing Arts, Special Events, Arts**
  - Beckie Korzyniewski ..... 847-599-3745
- Volunteers**
  - Chelsi Todd..... 847-599-3755
- Youth Athletics**
  - Chris Marzano ..... 847-599-3752
- Youth Programs/CARE/Camp**
  - Sabrina Hinkens..... 847-599-3746

## Facility Phone Numbers

**Special Event Hotline** . . . . . 847-599-3774  
**FitNation Pool** . . . . . 847-623-4525  
**H.C.P. Aquatic Center** . . . . . 847-599-3780  
**Sportsline (outdoor sports hotline for weather cancellations)** . . . . . 847-599-3750  
**Maintenance Facility** . . . . . 847-599-3770  
**Warren Township H.S. Pool (program hours only)** . . . . . 847-599-3773

## Community Organization Phone Numbers

**Blue Devil Swim Club** . . . . . 847-204-6997  
**Native Sons and Daughters** . . . 847-604-1546  
**Warren Township Center** . . . . . 847-244-1101  
**Warren Township Youth Sports** . 847-244-1101



The information in this brochure is accurate as of July 2016, but is subject to change.

Watch for more great programs in the winter brochure coming in December! The complete brochure will be available online at [gurneeparkdistrict.com](http://gurneeparkdistrict.com). Registration for winter begins on December 6.





## General Information

### Participant Code of Conduct

Participants are expected to exhibit appropriate behavior at all times. Specific rules and guidelines may be published online, on-site or provided to participants to ensure a safe and equitable experience for all.

### Non-Discrimination Policy

As Gurnee Park District has received federal financial assistance in the form of Land and Water Conservation Assistance, the U.S. Department of the Interior, under Title VI of the Civil Rights Act of 1964, prohibits discrimination on the basis of race, color, national origin, age or handicap. **Gurnee Park District is an Equal Opportunity Employer.**

If you believe that you have been subjected to discrimination in any program, activity or facility, or you desire further information regarding Title VI, please write to: Office for Equal Opportunity U.S. Department of the Interior Washington, D.C. 20240.

### Childcare Seat Requirement

All parents and guardians of children participating in a Park District trip and/or riding in a Park District vehicle must provide a child restraint system for any child seven years old or younger, or give us written permission for the child to be transported without such a system. All participants must wear set belts. For trips using a school bus, there are no restraints for adult or child passengers. This is in compliance with the Illinois Vehicle Code, Child Passenger Protections Act.

## Scholarship Program

At Gurnee Park District, our goal is to provide premier recreation opportunities for the entire community. In order to achieve this objective, we provide financial assistance to residents who are interested in enrolling in a Park District program, but are unable due to financial difficulties. To learn more and to apply, visit [GurneeParkDistrict.com](http://GurneeParkDistrict.com) or stop by one of our Community Centers today.

### Photo Policy

Photos and video footage are periodically taken of people participating in a Park District program or activity, attending a class or event or using District facilities or property. Please be aware that by registering for a program or class, participating in an activity, attending an event or using District facilities or property, you authorize the District to use these photos and video footage for promotional purposes in District publications, advertising, marketing materials, brochures, event flyers, social media and the District's website without additional prior notice or permission and without any compensation to you. All photos and videos are property of the District.

## Program Information Abbreviations

### Days

M-Monday  
Tu-Tuesday  
W-Wednesday  
Th-Thursday  
F-Friday  
Sa-Saturday  
Su-Sunday

### Locations

AC Hunt Club Park Aquatic Center  
ED Equa Do Martial Arts  
FN FitNation  
FNP FitNation Pool  
GJ Gurnee Judo  
HC Hunt Club Park Community Center  
HCP Hunt Club Park  
VP Viking Park Community Center  
VPP Viking Park (park)  
W Warren Township High School

## Resident and Non-Resident Rates

Resident rates apply to those who live within the Park District boundaries as shown on the Parks & Facilities map (see page 6). If a program is held at a school and you reside in that district, then you pay the resident rate. If you are a nonresident of the Park District and are not sure which school district(s) you reside in, please inquire by calling the following numbers: **District 56: 847-336-0800, District 50: 847-856-3644, District 121: 847-662-1400.**

Look for the symbols opposite to help determine if you qualify to pay resident rates for a particular program.



Non-park district residents who reside in Gurnee Grade School District 56 pay resident rates for that specific program.



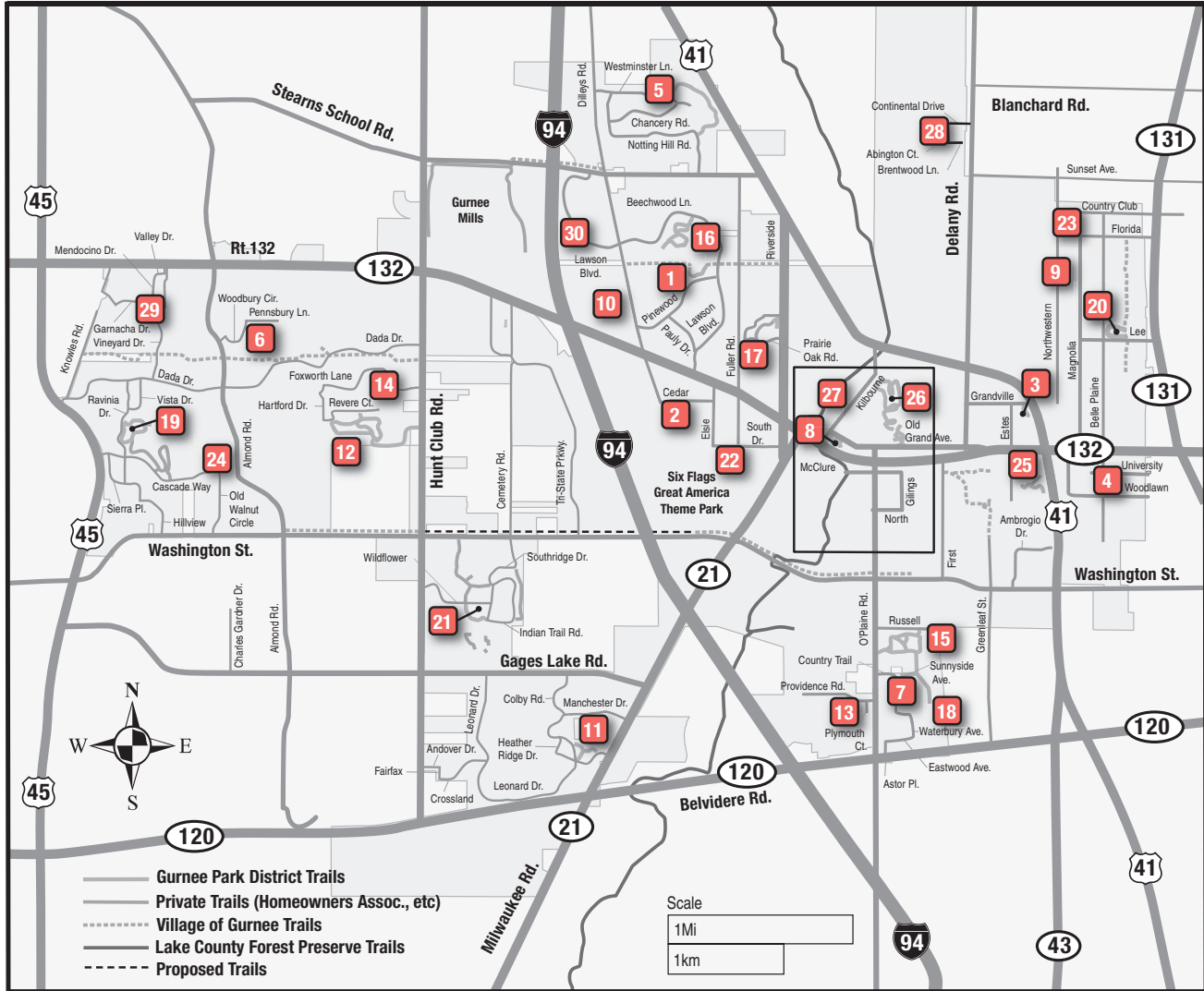
Non-park district residents who reside in Woodland School District 50 pay resident rates for that specific program.



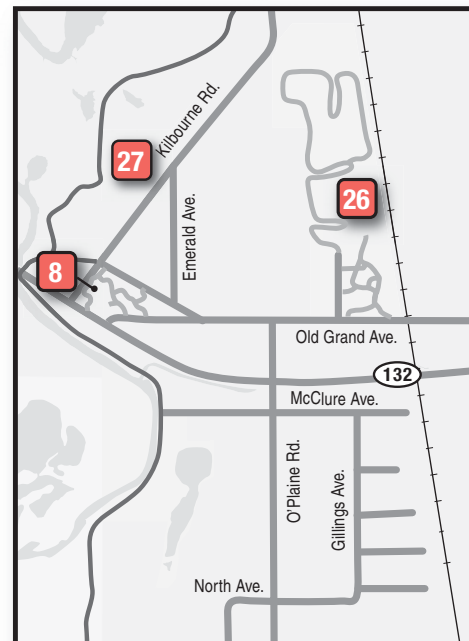
Non-park district residents who reside in Warren Township High School District 121 pay resident rates for that specific program.



# Parks Location Map



Parks are open from sunrise to sunset. To provide safe, accessible and entertaining parks for all, Gurnee Park District enforces guidelines and ordinances. Park rules are posted on the web and in all our park locations. (View of pond and trail at Hunt Club.)







# Parks & Facilities



## Gurnee Park District Locations

Map Park Name	Location	Acreage	Administrative/Registration Office	Aquatic Center (Outdoor)	Baseball/Softball Fields	Basketball Courts	Dance Studio	Fishing	Fitness Center	Ice Skating Rink (Seasonal)	Picnic Shelter(s)	Playground Equip.	Rental Space	Restrooms	Shelter	Skate Park	Sled Hill	Soccer Fields	Spray Ground	Swimming Pool (Indoor)	Tennis Courts	Trail System	Volleyball	Wildlife Conservation
1 Betty Russell Community Park	5300 Pinewood Rd.	18.9			•	•				•	♿	•	•	•	•		•			•	•	•		
2 Cedar Park	Cedar Ave.	1.0			•																			
3 Chittenden Park	Grandville Ave & Estes St.	2.9			•							•												
4 Christine Thompson Park*	Woodlawn Ave & Belle Plaine Ave.	3.9			•	•					•	♿				•				•				
5 Churchill Hunt Park	6000 Westminster Ln.	29.4			•						•	♿				•						•		•
6 Concord Oaks Park	Woodbury Circle	1.3			•						•	•												
7 Country Trails Parkway	Sunnyside Rd.	4.7																				•		•
8 Esper Petersen Park*	Grand Ave. & Kilbourne Ave.	8.8									•											•		
9 Eugene J. Kennick Park Site	Northwestern & Clearview	1.6																						•
10 FitNation	1655 Nations Dr.	8				•		•												•				
11 HeatherRidge Woods	Rt. 21 & HeatherRidge Entrance	2.0																				•		•
12 Hunt Club Park	900 N. Hunt Club Rd.	45.0	•	•	•	•	•	•	•	•	♿	•	•	•	•		•	•				•	•	
13 Kings Park	Providence Rd.	5.8			•						♿													
14 Maintenance Facility	35172 Hunt Club Rd.	6.0																						
15 O'Plaine Community Park	O'Plaine Rd. & Russell Ave.	20			•	•					•	♿	•	•								•		
16 Pembroke Woods	Oakview Ln. & Parkside Ct.	15.1																				•		•
17 Prairie Oaks Park	Shagbark Ct. & Deer Run	5.1										•										•		
18 Providence Park	Longmeadow Dr. & Waterbury Ave	1.6									•	•										•		
19 Ravinia Park	Ravinia Dr.	10.0			•	•					•	♿					•					•		•
20 Shaw Park	Belle Plaine Ave. & Lee Ave.	5.2			•						♿											•		
21 Southridge Park	Southridge Dr.	6.1			•	•					•	♿					•					•		
22 South Road Park	South Dr. & Fuller Rd.	2.3				•					♿													
23 Spaulding School/Park*	3638 Florida Ave.	2.5			•							•												
24 Timberwoods Park	Old Walnut Circle & Cascade Way	5.9			•	•						•						•						
25 University Park*	University Ave. & Estes St.	8.4			•						♿											•		•
26 Viking Park	4374 Old Grand Ave.	38.1	•		•	•	•	•	•	•	♿	•	•	•	•	•	•	•			•	•		
27 Viking Park West	Kilbourne Rd.	5																						
28 Village Park/Nature Preserve	Continental Village	141.6										♿												
29 Vineyard Park	Vineyard Dr.	4.1			•	•					♿						•							
30 Westgate Park	Lawson Blvd. & Hancock	5.7				•					•						•							

\* Facilities provided through agency agreement.  
6/26/15

♿ Designates access points





# FitNation<sup>®</sup>

BE FIT. BE HEALTHY.

Gurnee Park District  
Fitness Centers  
[FitNationGurnee.com](http://FitNationGurnee.com)

**FitNation Membership Includes Access to Two Facilities!** Gurnee Park District offers two fitness centers with unique features whether you are starting out or looking to take your commitment to the next level. Each location provides state-of-the-art equipment along with friendly and professional staff in a community atmosphere.

Memberships start at

**\$44.99**  
per/mo

Plus \$99 initiation fee and a 12 month contract.

## Membership Options

Membership is easy, and you pay only for the fitness amenities that you want to use. Joining is the easiest step in reaching your fitness goals. Start with the basic membership option and add-on all of the amenities that you need to make the most of your fitness membership.

For membership specials, visit [FitNationGurnee.com](http://FitNationGurnee.com)  
or [facebook.com/FitNationGurnee!](https://facebook.com/FitNationGurnee!)

ADD **UNLIMITED** GROUP EXERCISE

**\$10.00**  
per/mo

ADD **UNLIMITED** CHILDCARE\*

**\$10.00**  
per/mo  
\*Price is per child

ADD **UNLIMITED** CHILDCARE + FITKIDS

**\$20.00**  
per/mo  
\*Price is per child

## Additional Members

We offer special pricing for additional members sharing the same residence as the primary member.

## Special Memberships

Senior Membership - Teen Membership - Winter and Summer Break Short Term Student Membership - Corporate Membership - Military Membership

**Winter Break Short Term Student Membership begins at the end of November.**



## Everything you need to get Fit!



**Cardio and Strength Equipment** We understand that everyone's fitness goals are unique and personal. Whether you are just starting out, rehabbing or training for your next triathlon, we have all the equipment you need to keep you motivated.



**Group Exercise** Participate in a wide variety of group exercise classes for all abilities and schedules. Add this amenity to your membership for unlimited use.



**Pool/Aqua Fitness** All members can enjoy our renovated five lane pool and two whirlpools as part of their memberships. We offer open swim, lap swim, the option to take swim lessons, Hydro-Fit® and Water Warriors classes.



**KidNation** KidNation is a safe and fun childcare option for your children ages 3 months - 11 years. Members can add this amenity to their membership or purchase a punch card for drop-in use of the KidNation (up to 2-hours per visit). A Childcare Add-On also gives children access to the gymnasium and pool with parental supervision during designated family hours.



**FitKids** Children participate in group exercise classes designed just for them. Add this amenity so your child can benefit from these NEW classes.



**Gymnasium** Enjoy a pick-up game with friends! General use of our gymnasiums are included with all memberships. Note: Hours vary. Check schedule at [FitNationGurnee.com](http://FitNationGurnee.com) or [gurneeparkdistrict.com/fitness-center](http://gurneeparkdistrict.com/fitness-center).



**COMING THIS FALL! Women's FitStudio** This newly expanded studio has additional equipment and space, for women only. It is dedicated to females who prefer the privacy of working out in their own designated area. For convenience, there is a direct entrance from the women's locker room to this space.



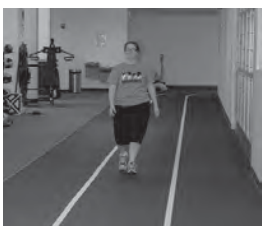
**Men and Women's Locker Rooms/Saunas/Steam Rooms & Towel Service** We offer well equipped locker rooms with free towel service and clean, updated saunas and steam rooms.



**Personal Training** Members can partner with one of our nationally certified personal trainers to help meet their fitness goals with more efficiency. See page 12 more details.



**FitNation Nations Drive Location**  
1655 Nations Drive, Gurnee, 847-623-4506  
**Unique Amenities:**  
Pool/Aquatic Programming/Whirlpool  
Women's FitStudio  
Sauna/Steam Room  
Performance Turf



**FitNation Hunt Club Road Location**  
920 N. Hunt Club Road, Gurnee, 847-623-7788  
**Unique Amenities:**  
Indoor Track  
Rock Climbing Wall

## FitNation Hours

### Nations Drive Hours

Monday-Friday	5:00a-11:00p
Saturday	7:00a-7:00p
Sunday	8:00a-7:00p

### Nations Drive Childcare\*

Monday-Friday	8:00a-8:00p
Saturday-Sunday	8:00a-2:00p

\*Up to 2-hours per visit.

### General Pool Hours\*

Monday-Friday	5:00a-9:00p
Saturday	7:00a-7:00p
Sunday	8:00a-7:00p

\*Check our website for special times for open swim, swim lessons, and drop-in aqua fitness classes.

### Gymnasium Hours

Check schedules at [FitNationGurnee.com](http://FitNationGurnee.com) or [GurneeParkDistrict.com](http://GurneeParkDistrict.com) as hours vary.

### Hunt Club Road Hours

Monday-Friday	5:30a-9:00p
Saturday-Sunday	7:00a-5:00p

### Hunt Club Childcare

#### Room Drop-In Hours

Monday-Friday	8:30a-12:00p
Monday-Thursday	4:15-8:30p
Saturday	9:00a-1:00p
Sunday (September-April)	8:30a-12:00p
Sunday (May-August)	Closed

Last drop-in is 30 minutes before closing time.

### Holiday Hours (both facilities)

Labor Day September 5	7:00a-12:00p
Thanksgiving November 24	7:00a-12:00p
Christmas Eve December 24	7:00a-12:00p
Christmas Day December 25	Closed



# FITKIDS

## FITNATION

Just for kids ages 8 to 11 yrs. old – add this option to your childcare membership for just \$10 more a month. Below is a sampling of the types of drop-in classes we will be offering.

### Yoga for Kids

Children will learn basic moves, form, strength, flexibility, discipline and concentration through breathing and quiet movements as well as large movements that develop hand-eye coordination and motor skills.

### Strength and Alignment

This class will create a solid foundation for the development of future athletes. Being able to have the correct form and stretch properly is the key to success. Classes will focus on mastering techniques while providing a great workout at the same time.

### Kids Bootcamp

Our version of bootcamp, but for kids! Kids will challenge themselves with a fast paced, calorie blasting workout. Along with learning about the importance of strength exercise and how it is beneficial for the body.

### Zumba® Kids

Perfect for our younger Zumba® fans! Kids 8-11 years old get the chance to be active and jam out to their favorite music.

### Digital Steppers

A class designed to get those little feet moving because if you are moving you are improving. Children will learn ways to incorporate fitness into their daily lives incorporating technology (pedometers) that visually engages children with individual and collaborative weekly progress.

### FitKids

Kids will have fun while getting fit through a combination of callisthenics, basic strength training and cardio intervals, all the while learning the importance of a strong body and a balanced diet.



Find the schedule online at [FitNationGurnee.com](http://FitNationGurnee.com).





# group exercise

Pump your way to a healthy heart, mind & body through our wide variety of group exercise classes. Classes occur at FitNation and the Hunt Club Park Fitness Center.

Group Exercise passes can be purchased at any of our sites, but don't guarantee a spot in the class. For participant safety, we limit the number of spaces available for drop-in classes. This number varies by class format.

Members may choose to include unlimited Group Exercise in their membership plan for \$10 a month.

## Drop-In Schedules

Schedules and class descriptions are available at both Community Centers, FitNation and on the web at [GurneeParkDistrict.com](http://GurneeParkDistrict.com) or [FitNationGurnee.com](http://FitNationGurnee.com).

## Daily Rates

Type	Fee
Adult (18 yrs. & up)	\$12
Student (with School ID)	\$8

THURSDAY, NOVEMBER 24

# TURKEY DAY BOOTCAMP

**FREE**

**7:30AM - 9:00AM**

**@ HUNT CLUB PARK COMMUNITY CENTER**

OUT OF TOWN FAMILY AND FRIENDS WELCOME

PRESENTED BY FITNATION

Gurnee Park District  FitNation

# Workout with Santa

member appreciation event

SATURDAY, DECEMBER 10, 11:30 AM, STUDIO 2  
PRESENTED BY FITNATION

Watch for great deals on personal training coming on Black Friday!

# FitTraining

REACH YOUR FITNESS GOALS.

Get Started for Just **\$30**

**FitTraining: A Great Way to Get Fit!** Members can enlist a Personal Trainer to help meet their fitness goals with more efficiency. Our nationally certified personal trainers will develop a detailed exercise program based on your goals. They'll keep you motivated and focused, whether your goal is to lose weight, increase strength, improve endurance, train for an event or just have more energy doing the things you love! **Call Pat Bodame at 847-599-3778 to customize your training.**

**The kind of training that you need – on the schedule that you want.**

**First Time Client 3 sessions for \$59**

**Individual Session** \$30 for 30 minutes

**Partner Training (you and a friend)**  
\$22.50 per person for 30 minutes

**Group Training (3 or more people)**  
\$20 per person for 30 minutes

**Customized fitness programs include:**

Performance  
Balance  
Strength  
TRX™ Systems  
Athlete

Partner  
Yoga  
New to Fitness  
Race Training  
Boxing

Sport Prep  
Rehabilitation  
Swimming  
Dance/Pom  
Event Training



"There are a variety of ages and fitness levels. I am an avid fitness enthusiast, and I am able to work to my level with all the great equipment and classes available."

"I love the group exercise classes! I have been a member since before it even opened (a charter member). Jackie, Jon and Dave do a great job! They keep me motivated so I don't give up! I am there 5-6 days a week!"

"The variety of equipment usually allows for continuous exercising, not waiting for something to open up."

## FitNation Trainers

**Jacki Kreis** AFAA certified Personal Trainer and Group Fitness Instructor. She is also Schwinn, R.I.P.P.E.D. and Les Mills Bodypump™ certified.

**Jön Anderson** B.A. in Exercise Science from North Park University. NASM certified Personal Trainer and IDEA certified Group Fitness Instructor.

**Joe Cole** NCSF Certified Personal Trainer.

**John Cordova** SCW Personal Trainer and ISSA Specialist in Fitness Nutrition.

**Randi Dey** ACSM Certified Personal Trainer

**Mary Erdal** ACSM certified Personal Trainer and an AFAA certified Group Exercise Instructor.

**Erica Lang** ACSM certified Personal Trainer as well as a certified Zumba®, Flirty Girl®, TRX®, Piloxing® and AFAA Group Exercise Instructor.

**Kz Kane** NASM Certified Personal Trainer.

**Ann Prullage** NASM Certified Personal Trainer.

**Mary Sample** ACE certified Personal Trainer, Group Exercise Instructor and Health Coach, as well as a Mad Dogg certified Spin®/Cycling Instructor.

**Scott Stilp** ACSM Certified Personal Trainer with a B.S. in Exercise Science.

**Kerry Quinn** ACSM certified Personal Trainer and Wellness Coach with a degree in Health and Wellness from the College of Lake County.



**To learn more about our trainers, visit [FitNationGurnee.com](http://FitNationGurnee.com).**



# MET THE CHALLENGE AND WON

Congratulations to the 2016 GET FIT Challenge winners,  
**Patrick Martin and Joanne Hoff.**

From February 7 to April 30, individuals competed in a 12 week program to see who could lose the highest amount of body fat. Congratulations to our participants for their hard work. Take a look at the before and after photos of our winners!



## Patrick Martin

*Male 2016 Get Fit Winner*

Total body fat percent loss: 5%  
Total weight loss: 20 pounds



## Joanne Hoff

*Female 2016 Get Fit Winner*

Total body fat percent loss: 4.5%  
Total weight loss: 14.2 pounds



## Scott Fullerton

*Male Get Fit 2nd Place Winner*

Total body fat percent loss: 3.2%  
Total weight loss: 9.6 pounds



## Lillian Salas

*Female Get Fit 2nd Place Winner*

Total body fat percent loss: 3.6%  
Total weight loss: 23.8 pounds



## Matt Paterkiewicz

*Male Get Fit 3rd Place Winner*

Total body fat percent loss: 2.8%  
Total weight loss: 9.6 pounds



## Becky Valadez

*Female Get Fit 3rd Place Winner*

Total body fat percent loss: 3.3%  
Total weight loss: 8.2 pounds

Do you want to accomplish these same results as our Fit Challenge winners? Call Pat Bodame at 847-599-3778 to learn more about personal training or group exercise.



### Yoga for Kids

Children learn basic moves, form, strength, flexibility, discipline and concentration through breathing and quiet movements as well as large movements that develop hand-eye coordination and motor skills. Classes include different combinations of music, movement, storytelling realization, and lots of fun and interaction. **Instructed by Tiffaney Doshier.** (PB)

Location: Hunt Club Park Community Center  
Max/Min: 12/6  
Classes: 6  
No Class: 11/23  
Age: 3 1/2-5 yrs.

ID#	DATE	DAY	TIME	FEE (R/NR)
210100-01	9/14-10/19	W	11:55a-12:35p	\$34/\$42
210100-02	10/26-12/7	W	11:55a-12:35p	\$34/\$42

Children will be escorted to class before/after preschool at Hunt Club.

### Total Body Athletic Conditioning

If you need a jump start, a mix up, and/or encouragement from other people pursuing their fitness goals then this class is for you. High intensity interval training is the most effective way to burn fat and calories. You will follow a regimen of plyometric, athletic, and running drills along with powerful strength training. This motivating group will keep you focused on reaching your fitness potential. (PB)

Location: Hunt Club Park Community Center  
Max/Min: 18/8  
Classes: 9  
Day: Sunday  
Age: 16 yrs. & up (12-15 yrs. with a parent)

ID#	DATE	TIME	Member (R/NR)	Non-Member (R/NR)
210607-01	8/21-10/16	10:00-10:50a	\$71/\$89	\$89/\$111
210607-02	10/23-12/18	10:00-10:50a	\$71/\$89	\$89/\$111

### Beginner's Yoga

For students new to Yoga, or those looking for a gentle class to reduce tension, this class is designed to help you learn the fundamentals in a non-intimidating and friendly environment. Learn breath, body awareness, optimal posture, and body mechanics. Focus on correct positioning of basic yoga poses and experience the meditative benefits of yoga through linking of breath with movement. Please bring your own mat. **Instructed by Ilona Castillo, Certified Group Exercise Instructor.** (PB)

Location: Hunt Club Park Community Center  
Max/Min: 15/8  
Classes: 10  
No Class: 11/23  
Day: Wednesday  
Age: 16 yrs. & up (12-15 yrs. with a parent)

ID#	DATE	TIME	Member (R/NR)	Non-Member (R/NR)
210601-01	8/24-10/12	7:15-8:15p	\$74/\$93	\$93/\$116
210601-02	10/19-12/14	7:15-8:15p	\$74/\$93	\$93/\$116

### Practical Living Yoga

Enhance mind/body awareness by increasing strength, flexibility, balance, proper breathing and stress reduction. This class is a near-perfect science-of-life that provides clear guidance and practical tools to create and maintain a balanced and healthy lifestyle. Enjoy the healing, non-competitive, and relaxing class environment. Jacquelyn has been teaching various levels of yoga for over 15 years and is continuously studying with international yoga masters. Wear comfortable attire, bring a mat and strap. **Contracted with Jacquelyn Cotey, certified through the Chicago Yoga Center.** (PB)

Location: Viking Park Community Center  
Max/Min: 15/8  
Classes: 9  
Age: 14 yrs. & up

ID#	DATE	DAY	TIME	FEE (R/NR)
210610-01	8/23-10/18	Tu	7:00-8:15p	\$90/\$113
210610-02	10/25-12/20	Tu	7:00-8:15p	\$90/\$113

### DID YOU KNOW?

#### Fitness Member Discounts

Members attending pre-registration classes receive a reduced rate for classes on pages 14 and 15 as indicated. When registering, write F.M. after the ID# to indicate you are a Fitness Member.

**\*Practical Living Yoga, SeniorFit, and Yoga for Kids are not part of the Fitness Member discount.** These classes are not drop-in classes and they require pre-registration. See descriptions for class dates and fees.



**GO GURNEE** walk with the Village of Gurnee Chamber of Commerce at Bittersweet Golf Course.





## CardioBoxing on the Bags

Kickboxing and boxing techniques will improve your speed and agility and give you a strong, well-proportioned body. Easy to follow kickboxing combinations, power drills and athletic training will advance your fitness levels. No prior experience is necessary - we welcome all levels. Class includes full contact on the heavyweight bags; boxing gloves are needed. **Instructed Ilona Castillo, Certified Group Exercise Instructor.** (PB)

Location: Hunt Club Park Community Center  
 Max/Min: 10/6  
 Classes: 8 (\*9)  
 No Class: 11/27  
 Day: Friday  
 Age: 16 yrs. & up (12-15 yrs. with a parent)

ID#	DATE	TIME	Member (R/NR)	Non-Member (R/NR)
210603-01	8/26-10/14	6:00-6:50p	\$86/\$108	\$108/\$135
*210603-02	10/21-12/16	6:00-6:50p	\$97/\$122	\$122/\$152

## Buff Beginnings

All you have to do is take the first steps to a new beginning...enroll in the class! This class is designed with the beginner in mind, and teaches you how to grow and challenge your fitness levels. Strength training exercises for ALL levels and cardio workouts with easy, medium, and hard levels will help all participants advance their fitness and develop the buff body you've always wanted! Whether you've never exercised before or you just need to get started again this class will help you achieve your goals! **Instructed by Ilona Castillo, Certified Group Exercise Instructor.** (PB)

Location: Viking Park Community Center  
 Max/Min: 25/10  
 Classes: 8 (\*9)  
 Day: Tuesday  
 Age: 14 yrs. & up

ID#	DATE	TIME	Member (R/NR)	Non-Member (R/NR)
210604-01	8/23-10/11	6:00-6:55p	\$42/\$52	\$52/\$65
*210604-02	10/18-12/13	6:00-6:55p	\$47/\$59	\$59/\$73

## SeniorFit

This class will guide you through a series of exercises that will help increase mobility and flexibility. Each class includes a warm-up, stretching, strength exercises, some cardio and a cool-down to help relieve the muscles. Participation is not restricted to those with Arthritis, but to anyone looking for a great new workout in their senior years. **Instructed by Dianne Daluga, Certified Arthritis Foundation Instructor.** (PB)

Location: Viking Park Community Center  
 Max/Min: 15/6  
 Classes: 6  
 No Class: 11/21-11/24  
 Age: 55 yrs. & up

ID#	DATE	DAY	TIME	*FEE (R/NR)
210811-01	9/12-10/17	M	10:00-11:00a	\$45/\$56
210811-02	9/13-10/18	Tu	10:00-11:00a	\$45/\$56
210811-03	9/14-10/19	W	10:00-11:00a	\$45/\$56
210811-04	9/15-10/20	Th	10:00-11:00a	\$45/\$56
210811-05	11/7-12/19	M	10:00-11:00a	\$45/\$56
210811-06	11/8-12/20	Tu	10:00-11:00a	\$45/\$56
210811-07	11/9-12/21	W	10:00-11:00a	\$45/\$56
210811-08	11/10-12/22	Th	10:00-11:00a	\$45/\$56

\*\$5 discount on total price if you sign up for 2 or more SeniorFit classes.



**DID YOU KNOW?** To meet the needs of people with disabilities, staff at WSRA can assist with the inclusion process. At least two weeks prior to the program start date, follow registration guidelines and note

special needs and/or accommodations so a plan of action can be completed. For more information about the inclusion process, contact Amber Bodame at WSRA at 847-244-6619.



# WANTED

Certified Personal Trainers and Group Exercise Instructors

Apply online at [GurneeParkDistrict.com/job-opportunities](http://GurneeParkDistrict.com/job-opportunities)

## FitNation



# drop-in programs

## Hunt Club Park Community Center Hours

Monday-Friday  
Saturday-Sunday

5:30a-9:00p  
7:00a-5:00p

### Childcare Room

Children 3-24 months are accepted by reservation only by calling 847-599-5476. Children 3-12 years of age are accepted by reservation or drop-in, based on availability. Parent/caregiver must complete a child information/emergency release form.

This room is equipped with arts, crafts, games, and activities for all ages. This is a perfect place for kids to go when mom and dad are in the Fitness Center.

#### Childcare Room Drop-In Hours

Monday-Friday	8:30a-12:00p
Monday-Thursday	4:15p-8:30p
Saturday	9:00a-1:00p
Sunday (September-April)	8:30a-12:00p
Sunday (May-August)	Closed

Last drop-in is 30 minutes before closing time.

### Rock Climbing Wall

Besides being a great aerobic workout, rock climbing works almost every muscle group in the body. Climbing two or more times a week improves flexibility, strength as well as muscular and cardiovascular endurance.

Climbers will use the auto belay system. (A manual belay is attached to the auto belay system by our certified climbing wall attendant for lighter climbers.)

#### Climbing Wall Hours & Fees

**Free for Residents ~ \$1.00 for Non-Residents**

See monthly gym calendar for days and hours at [GurneeParkDistrict.com](http://GurneeParkDistrict.com).

### Hunt Club Drop-In Group Exercise & Childcare Punch Card

Whether you want to drop-in to take a group exercise class or utilize the Childcare Room, this punch card gives you the flexibility you need.

Type	Fee
Single Visit	\$12
10-Visit Childcare and Group Exercise Punch Card	\$70

1 visit = 2 hours in the Childcare Room  
1 visit = 1 Group Exercise Class

Parents/caregiver must remain on-site when using the Childcare Room. The maximum allowable time for children is two hours.

### Drop-In Basketball/Volleyball/Badminton/Pickleball at Hunt Club

Gym shoes and proper attire must be worn at all times. Children eight years and under must be accompanied by an adult. Parents of children 9-11 years must remain in the facility while their children are in the gym.

Drop-in schedules and policies for Basketball/Volleyball/Badminton/Pickleball, Childcare Room, Climbing Wall, Group Exercise and Pool are available at both the Hunt Club Park and Viking Park Community Centers, FitNation and online at [GurneeParkDistrict.com](http://GurneeParkDistrict.com)!





# youth sports

## 5 Star Sports Soccer

Enjoy the most popular sport in the world as we work on getting your little one to be the next big thing. We'll go over the basics as well as emphasize teamwork. Shin guards are optional. If the weather is nice, this class will be held outdoors next to the Hunt Club Community Center. *If the weather does not allow class to be outside, then class will take place in the Hunt Club Park Community Center Gym.* **Contracted through 5 Star Sports.** (CM)

Location: Hunt Club Park Community Center  
 Max/Min: 15/6  
 Classes: 5  
 No Class: 11/5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
217203-01	3-5 yrs.	8/27-9/24	Sa	9:30-10:15a	\$63/\$79
217203-02	6-9 yrs.	8/27-9/24	Sa	10:15-11:00a	\$63/\$79
217203-03	3-5 yrs.	10/8-11/12	Sa	9:30-10:15a	\$63/\$79
217203-04	6-9 yrs.	10/8-11/12	Sa	10:15-11:00a	\$63/\$79
217203-05	3-5 yrs.	11/19-12/17	Sa	9:30-10:15a	\$63/\$79
217203-06	6-9 yrs.	11/19-12/17	Sa	10:15-11:00a	\$63/\$79

## 5 Star Sports Tennis

Are you ready to hold serve with 5 Star Sports? We'll cover the basics, from serving to backhands to net play. All your tennis superstar needs to bring is a racket and they're good to go. There's no reason not to sign up and learn this amazing sport. **Contracted through 5 Star Sports.** (CM)

Location: Hunt Club Park Community Center  
 Max/Min: 8/6  
 Classes: 5  
 No Class: 11/5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
217204-01	4-6 yrs	8/27-9/24	Sa	11:15a-12:00p	\$63/\$79
217204-02	7-9 yrs	8/27-9/24	Sa	12:00-12:45p	\$63/\$79
217204-03	4-6 yrs	10/8-11/12	Sa	11:15a-12:00p	\$63/\$79
217204-04	7-9 yrs	10/8-11/12	Sa	12:00-12:45p	\$63/\$79
217204-05	4-6 yrs	11/19-12/17	Sa	11:15a-12:00p	\$63/\$79
217204-06	7-9 yrs	11/19-12/17	Sa	12:00-12:45p	\$63/\$79

## Beginner's Basketball

Junior size basketballs and age appropriate hoops make this class the perfect introductory class for kindergartners. By doing simple drills, the instructor will help kids become familiar with passing, dribbling and shooting. Team play, sportsmanship and fun will be stressed. **Contracted through 5 Star Sports.** (CM)

Location: Hunt Club Park Community Center  
 Max/Min: 15/5  
 Classes: 5  
 No Class: 10/18

ID#	GRADE	DATE	DAY	TIME	FEE (R/NR)
217213-01	K	9/4-10/2	Su	3:00-3:45p	\$63/\$79
217213-02	K	10/16-11/20	Su	3:00-3:45p	\$63/\$79

## 5 Star Hockey

Hockey has quickly become a popular sport. We will forget the skates and just focus on the major skills of hockey: shooting, passing, puck handling, defense and teamwork. The kids will learn through a mix of skill based games as well as full on scrimmages. Kids will learn skills in a fun, yet safe and controlled environment. No equipment is required to participate. **Contracted through 5 Star Sports.** (CM)

Location: Hunt Club Park Community Center  
 Max/Min: 12/5  
 Classes: 5  
 No Class: 11/23

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
217503-01	4-6 yrs.	8/24-9/21	W	5:00-5:45p	\$63/\$79
217503-02	7-9 yrs.	8/24-9/21	W	5:45-6:30p	\$63/\$79
217503-03	4-6 yrs.	9/28-10/26	W	5:00-5:45p	\$63/\$79
217503-04	7-9 yrs.	9/28-10/26	W	5:45-6:30p	\$63/\$79
217503-05	4-6 yrs.	11/9-12/14	W	5:00-5:45p	\$63/\$79
217503-06	7-9 yrs.	11/9-12/14	W	5:45-6:30p	\$63/\$79



### Flag Football

This co-ed introductory flag football program for 1st-4th graders will teach fundamentals, sportsmanship and the importance of being a team player. Boys and girls will learn how to pass, catch, punt, and put these newly learned skills to use during informal scrimmages. **Contracted through 5 Star Sports.** (CM)

Location: Hunt Club Park Community Center  
Max/Min: 20/10  
Day: Sunday  
Classes: 5  
Age: 6-10 yrs. (See Below)

ID#	AGE	TIME	DATE	FEE (R/NR)
217316-01	6-8 yrs.	11:00-11:45a	9/4-10/2	\$63/\$79
217316-02	8-10 yrs.	12:00-12:45p	9/4-10/2	\$63/\$79
217316-03	6-8 yrs.	11:00-11:45a	10/16-11/13	\$63/\$79
217316-04	8-10 yrs.	12:00-12:45p	10/16-11/13	\$63/\$79

### Sports Variety Pack

Prepare your child for organized sports without competition or fear of getting hurt. Parent-child groups perform motor skill tasks using soft, age-appropriate equipment. Children will learn the basic sports skills including throwing, catching, kicking and batting. **Parent participation is required.** (CM)

Location: Hunt Club Park Community Center  
Max/Min: 10/5  
Classes: 6  
No Class: 11/23

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
217210-01	2-3 yrs.	W		9:30-10:15a	8/31-10/5 \$60/\$75
217210-02	2-3 yrs.	W		9:30-10:15a	10/19-11/30 \$60/\$75

### Parent/Child Toddler Open Gym

Bring your tot to play with scooters, beanbags, balls and more! This is a great, non-structured environment for both you and your child (or grandchild) to gather and socialize. Parent must remain with child(ren) and supervise their play. Pay on a drop-in basis or save by purchasing a Toddler Open Gym Pass any time through out the season. **Toddler Open Gym is a great place to play while dance and preschool are in session!** (CM)

Location: Hunt Club Park Community Center  
Age: 1 – 5 yrs. (under 12 mos. free)  
Day/Time: M/Th: 9:00-10:30a; Tu: 11:00a-12:30p  
Dates: 11/3-3/30  
No Class: 11/15 & 11/24  
Fee: \$4R/\$5NR daily or \$35R/\$44NR for a 10-Visit Toddler Open Gym Pass. Fee is per child only!

### Parent/Child Sports of All Kinds

Do you want your child to try different sports? We cover a different sport each class and teach your child basic fundamentals. The goal is to teach children outlined sports in an introductory, positive, fun and active environment. Our knowledgeable, experienced staff will lead the children through various games and drills that are tailored to their age. **Parent participation is required to keep the children involved and active.** (CM)

- Class Schedule:**
- Week 1 – Soccer
  - Week 2 – Basketball
  - Week 3 – T-ball/Baseball
  - Week 4 – Football
  - Week 5 – Multi Sport Day (Frisbees, Volleyball, Racquet Sports)
  - Week 6 – Parent/Child's Choice

Location: Hunt Club Park Community Center  
Max/Min: \*10/5 couples  
Classes: 6  
No Class: 11/25  
Age: 3-4 yrs.

ID#	DATE	DAY	TIME	FEE (R/NR)
217224-01	9/2-10/7	F	9:30-10:15a	\$60/\$75
217224-02	10/21-12/2	F	9:30-10:15a	\$60/\$75

\*Sign up under the child's name only.

**If the weather does not allow class to be outside, then classes will take place in the Hunt Club Park Community Center gym.**

### Lacrosse - Warren Area Lacrosse

Experienced, professional coaches will introduce young athletes to the exciting game of lacrosse. No prior experience is necessary. Sticks and equipment will be provided during sessions. We focus on having fun, learning basic stick skills including passing and shooting. We will also cover field positions and learning the basic rules of the game. This class is designed to introduce boys and girls to one of the fastest growing sports in the country and help build a foundation for more advanced play. **Contracted through Warren Area Lacrosse.** (CM)

Location: Hunt Club Community Center  
Max/Min: 25/15  
DAY: Sunday  
Classes: 4

ID#	AGE	TIME	DATE	FEE (R/NR)
217355-01	6-8 yrs.	4:00-5:30p	8/28-9/18	\$79/\$98
217355-02	6-8 yrs.	4:00-5:30p	10/2-10/23	\$79/\$98





## Quickstart Tennis

Discover your child's passion for tennis. Students will develop skills with age appropriate equipment and court size. Various levels are offered to teach just the right skill set to your tennis player. Learn the game as well as improve your grip, forehand and backhand strokes, serving, net play and scoring. Participants should bring their own racquets. Classes are based on the National Tennis Rating Program (NTRP). **Contracted through Midwest Tennis Programs, LLC.** (CM)



**Pee Wee/Parent Child (NTRP 1.0):** Find out if your child enjoys tennis in this program perfect for kids aged three to six years old. There will be an emphasis on fun and development of coordination and motor skills.

**Beginner (NTRP 1.0-1.9):** Perfect for those who have never played tennis. An emphasis will be placed on hand-eye coordination, racquet skills, stroke production with a focus on ground strokes as well as serve, return and volleys. Court position, scoring and singles/doubles strategies are introduced.

**Beginner-Advanced Beginner (NTRP 2.0-2.4):** Excellent for those who had basic instruction but, need further review of fundamentals. Stroke development, footwork, strategy and match play are included in the instruction.

**Advanced Beginner - Intermediate (NTRP 2.5-2.9):** Has your child developed more dependable strokes, but they are still working to keep the ball in play with others of the same ability? If so, this is just the right class for them. Lessons include instruction on stroke development, footwork, cooperative consistency drills and strategy.

Location: Viking Park or Hunt Club Park (See Below)  
 Max/Min: 10/5  
 Classes: 7 (\*8)  
 No Class: 11/6  
 Age: 3-15 yrs.

### Quickstart Tennis @ Viking Park on Thursdays

LEVEL	ID#	AGE	TIME	DATE	FEE (R/NR)
Pee Wee	217917-01	4-6 yrs.	3:45-4:30p	9/15-10/27	\$124/\$144
Beg-Adv Beg	217917-02	7-9 yrs.	4:30-5:30p	9/15-10/27	\$124/\$144
Beg-Adv Beg	217917-03	10-15 yrs.	5:30-6:30p	9/15-10/27	\$124/\$144
Adv Beg-Int	217917-04	12-15 yrs.	5:30-6:30p	9/15-10/27	\$124/\$144

### Quickstart Tennis @ Viking Park on Sundays

Parent/Child	217917-05	3-4 yrs.	10:00-11:00a	9/11-10/23	\$124/\$144
Pee Wee	217917-06	4-6 yrs.	10:00-11:00a	9/11-10/23	\$124/\$144
Beg-Adv Beg	217917-07	7-9 yrs.	11:00a-12:00p	9/11-10/23	\$124/\$144
Beg-Adv Beg	217917-08	10-15 yrs.	11:00a-12:00p	9/11-10/23	\$124/\$144
Adv Beg-Int	217917-09	12-15 yrs.	12:00-1:30p	9/11-10/23	\$186/\$206

### Quickstart Tennis @ Hunt Club on Sundays

*Parent/Child	217918-01	3-4 yrs.	9:00-10:00a	10/30-12/18	\$139/\$159
*Pee Wee	217918-02	4-6 yrs.	9:00-10:00a	10/30-12/18	\$139/\$159
*Beg-Adv Beg	217918-03	7-9 yrs.	10:00-11:00a	10/30-12/18	\$139/\$159
*Beg-Adv Beg	217918-04	10-15 yrs.	11:00a-12:00p	10/30-12/18	\$139/\$159
*Adv Beg-Int	217918-05	12-15 yrs.	12:00-1:30p	10/30-12/18	\$209/\$229

## Tournament Tennis Camps

This popular program offers professional instruction and gives students the opportunity to progress at a much faster rate than in the regular lesson setting. All aspects of the game of tennis are covered: stroke production, strategy, conditioning, sportsmanship, footwork, shot selection and mental training. **Contracted through Midwest Tennis Programs, LLC.** (CM)

Location: Viking Park  
 Max/Min: 10/5  
 Classes: 7  
 Grade: 12 – 17 (See Below)

### Tennis Camps: Tournament Training

ID#	AGE	DAY	TIME	DATE	FEE (R/NR)
217919-01	12-15 yrs.	Su	1:30-3:00p	9/11-10/23	\$186/\$206

### Tennis Camps: High School Team Training

217919-02	14-17 yrs.	Su	1:30-3:00p	9/11-10/23	\$186/\$206
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## Volleyball Skills & Drills

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhead serving and spiking. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. **Contracted through Volleyball Professionals.** (CM)

Location: Hunt Club Park Community Center  
 Max/Min: 15/8  
 Classes: 7  
 Grade: 3-8 (See Below)

ID#	DATE	DAYS	GRADE	TIME	FEE (R/NR)
217420-01	8/30-10/11	Tu	3-5	5:00-6:00p	\$98/\$122
217420-02	8/30-10/11	Tu	6-8	6:00-7:00p	\$98/\$122
217420-03	10/25-12/6	Tu	3-5	5:00-6:00p	\$98/\$122
217420-04	10/25-12/6	Tu	6-8	6:00-7:00p	\$98/\$122

## Volleykidz

Volleykidz is an introductory class for children in 1st-3rd grade. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and games. Lesson plan also incorporates short educational drills including spelling, math and science. **Contracted through Volleyball Professionals.** (CM)

Location: Hunt Club Park Community Center  
 Max/Min: 15/8  
 Classes: 7

ID#	DATE	DAYS	GRADE	TIME	FEE (R/NR)
217423-01	8/30-10/11	Tu	1-3	4:00-5:00p	\$98/\$122
217423-02	10/25-12/6	Tu	1-3	4:00-5:00p	\$98/\$122



# fall soccer league

At Gurnee Park District, we pride ourselves in providing a fun, learning atmosphere for all of our players. With the assistance of volunteer coaches, this program provides the perfect environment to foster teamwork, a healthy heart and all around fun.

Our flexible practice schedule allows you to choose a day and a park that best fits your needs. All fall soccer practices will be from 5:30-6:30pm on the night you registered. **All games are played on Saturdays and times will vary week to week. Note: Soccer games will not be played from 5:30-6:30pm, only practices.** Practice locations are subject to change due to field conditions. When registering, don't forget that all soccer levels are based on the child's current grade level. (CM)

## Additional Information

Volunteer coaches will provide additional team information via phone or email by **August 13**. Please note, special requests (friendships, carpools, etc.) cannot be granted for "team" format programs.

## What should my child wear?

It is mandatory that players in all levels wear shin guards and soccer cleats. For games, children are required to wear a Gurnee Park District reversible soccer jersey. These jerseys can be purchased for \$22 at Viking or Hunt Club Park Community Centers, and with your purchase, you will receive a complimentary pair of socks!

## Where is the game schedule located?

All schedules will be available at [gurneeparkdistrict.com](http://gurneeparkdistrict.com) after **August 17**. One Saturday is reserved for make-up games due to inclement weather or poor field conditions. We strive to reschedule any additional cancelled games during your scheduled practice time. The ability to reschedule games is dependent on team availability and the time left in the season.

## League Calendar

- First Practice Week - Monday, August 15
- Games Start - Saturday, August 27
- Picture Day - Saturday, September 10
- Season Ends - Saturday, October 15
- Make-up Date - Saturday, October 22

## Volunteer Coaches

Thank you to all of our volunteer coaches for their dedication to the community. Our league would not be possible without the generous support of our volunteers.

- **Returning Soccer Coaches Meeting**  
Wednesday, August 10 – 6:30p  
Hunt Club Community Center
- **New Soccer Coaches Meeting**  
Thursday, August 11 – 6:30p  
Hunt Club Community Center

## Are you looking to make a difference and become a coach?

We need parents to help coach your child's team. Even with little or no experience, you can help make our league a success! At the coaches meeting, volunteer coaches will receive training, a coaching manual, handouts and practice outlines. To apply to become a coach, visit page 35 to complete a volunteer application.

**Free Coaches Training Hosted by Chicago Fire!**  
**Friday, August 12**  
**5:30-7:00p**



**Hunt Club Park Soccer Fields**

*In case of inclement weather the clinic will be held indoors in the Hunt Club Community Center gym.*

## Introduction to Soccer

This program is the perfect introduction to soccer for children who are not in kindergarten yet. Emphasis is on learning the basic skills of soccer such as dribbling, passing and shooting. We make sure the kids have fun! Participants are required to wear shin guards and to bring a water bottle (not provided). **Contracted with Doogie Clark and staff.** (CM)

Location: Hunt Club Park Community Center  
Max/Min: 12/6  
Classes: 6  
No Class: 11/5, 11/15, 11/24  
Age: 4-5 yrs.

ID#	DATE	DAY	TIME	FEE (R/NR)
217201-01	8/30-10/4	Tu	10:00-10:45a	\$86/\$107
217201-02	8/30-10/4	Tu	1:00-1:45p	\$86/\$107
217201-03	9/1-10/6	Th	10:00-10:45a	\$86/\$107
217201-04	9/1-10/6	Th	1:00-1:45p	\$86/\$107
217201-05	9/3-10/8	Sa	11:00-11:45a	\$86/\$107
217201-06	9/3-10/8	Sa	12:00-12:45p	\$86/\$107
217201-07	10/18-11/29	Sa	10:00-10:45a	\$86/\$107
217201-08	10/18-11/29	Tu	1:00-1:45p	\$86/\$107
217201-09	10/20-12/1	Th	10:00-10:45a	\$86/\$107
217201-10	10/20-12/1	Th	1:00-1:45p	\$86/\$107
217201-11	10/22-12/3	Sa	11:00-11:45a	\$86/\$107
217201-12	10/22-12/3	Sa	12:00-12:45p	\$86/\$107





FALL SOCCER LEVEL	ID#	PRACTICE DAY	GAME DAY	DATES	LOCATION	FEE (R/NR)	MAX/MIN
Lil' Kickers-Boys (4 1/2 - 5 yrs.)	217301-01	M	Sa	8/15-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-02	M	Sa	8/15-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-03	Tu	Sa	8/16-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-04	Tu	Sa	8/16-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-05	W	Sa	8/17-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-06	W	Sa	8/17-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-07	Th	Sa	8/18-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-08	Th	Sa	8/18-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-09	F	Sa	8/19-10/22	Hunt Club Park	\$69/\$86	9/6
	217301-10	F	Sa	8/19-10/22	Hunt Club Park	\$69/\$86	9/6
Lil' Kickers-Girls (4 1/2 - 5 yrs.)	217302-01	M	Sa	8/15-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-02	M	Sa	8/15-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-03	Tu	Sa	8/16-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-04	Tu	Sa	8/16-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-05	W	Sa	8/17-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-06	W	Sa	8/17-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-07	Th	Sa	8/18-10/22	Hunt Club Park	\$69/\$86	9/6
	217302-08	F	Sa	8/19-10/22	Hunt Club Park	\$69/\$86	9/6
1st Grade-Boys	217303-01	M	Sa	8/15-10/22	Vineyard Park	\$72/\$90	13/9
	217303-02	M	Sa	8/15-10/22	Viking Park	\$72/\$90	13/9
	217303-03	Tu	Sa	8/16-10/22	Betty Russell Park	\$72/\$90	13/9
	217303-04	W	Sa	8/17-10/22	Timberwoods Park	\$72/\$90	13/9
	217303-05	Th	Sa	8/18-10/22	Westgate Park	\$72/\$90	13/9
	217303-06	F	Sa	8/19-10/22	Vineyard Park	\$72/\$90	13/9
1st Grade-Girls	217304-01	M	Sa	8/15-10/22	Timberwoods Park	\$72/\$90	13/9
	217304-02	Tu	Sa	8/16-10/22	Westgate Park	\$72/\$90	13/9
	217304-03	W	Sa	8/17-10/22	Viking Park	\$72/\$90	13/9
	217304-04	W	Sa	8/17-10/22	Vineyard Park	\$72/\$90	13/9
	217304-05	Th	Sa	8/18-10/22	Betty Russell Park	\$72/\$90	13/9
	217304-06	F	Sa	8/19-10/22	Timberwoods Park	\$72/\$90	13/9
2nd-3rd Grade-Boys	217305-01	M	Sa	8/15-10/22	Westgate Park	\$74/\$93	13/9
	217305-02	Tu	Sa	8/16-10/22	Timberwoods Park	\$74/\$93	13/9
	217305-03	W	Sa	8/17-10/22	Betty Russell Park	\$74/\$93	13/9
	217305-04	Th	Sa	8/18-10/22	Vineyard Park	\$74/\$93	13/9
	217305-05	F	Sa	8/19-10/22	Westgate Park	\$74/\$93	13/9
	217305-06	F	Sa	8/19-10/22	Viking Park	\$74/\$93	13/9
2nd/3rd Grade-Girls	217306-01	M	Sa	8/15-10/22	Betty Russell Park	\$74/\$93	13/9
	217306-02	Tu	Sa	8/16-10/22	Vineyard Park	\$74/\$93	13/9
	217306-03	W	Sa	8/17-10/22	Westgate Park	\$74/\$93	13/9
	217306-04	Th	Sa	8/18-10/22	Timberwoods Park	\$74/\$93	13/9
	217306-05	F	Sa	8/19-10/22	Betty Russell Park	\$74/\$93	13/9
	217306-06	F	Sa	8/19-10/22	Viking Park	\$74/\$93	13/9
4th-5th Grade-Boys	217307-01	M	Sa	8/15-10/22	Betty Russell Park	\$79/\$99	14/10
	217307-02	Tu	Sa	8/16-10/22	Betty Russell Park	\$79/\$99	14/10
	217307-03	W	Sa	8/17-10/22	Betty Russell Park	\$79/\$99	14/10
	217307-06	W	Sa	8/17-10/22	Ravinia Park	\$79/\$99	14/10
	217307-04	Th	Sa	8/18-10/22	Betty Russell Park	\$79/\$99	14/10
	217307-05	F	Sa	8/19-10/22	Viking Park	\$79/\$99	14/10
4th-5th Grade-Girls	217308-01	M	Sa	8/15-10/22	Ravinia Park	\$79/\$99	14/10
	217308-02	M	Sa	8/15-10/22	Betty Russell Park	\$79/\$99	14/10
	217308-03	Tu	Sa	8/16-10/22	Betty Russell Park	\$79/\$99	14/10
	217308-04	W	Sa	8/17-10/22	Betty Russell Park	\$79/\$99	14/10
	217308-05	Th	Sa	8/18-10/22	Betty Russell Park	\$79/\$99	14/10
	217308-06	F	Sa	8/19-10/22	Betty Russell Park	\$79/\$99	14/10
6th-8th Grade-Boys	217309-01	M	Sa	8/15-10/22	Hunt Club Park	\$82/\$103	13/11
	217309-02	Tu	Sa	8/16-10/22	Hunt Club Park	\$82/\$103	13/11
	217309-03	W	Sa	8/17-10/22	Hunt Club Park	\$82/\$103	13/11
	217309-04	Th	Sa	8/18-10/22	Hunt Club Park	\$82/\$103	13/11
	217309-05	F	Sa	8/19-10/22	Hunt Club Park	\$82/\$103	13/11
	217309-06	F	Sa	8/19-10/22	Viking Park	\$82/\$103	13/11
6th-8th Grade-Girls	217310-01	M	Sa	8/15-10/22	Hunt Club Park	\$82/\$103	13/11
	217310-04	M	Sa	8/15-10/22	Viking Park	\$82/\$103	13/11
	217310-02	Tu	Sa	8/16-10/22	Hunt Club Park	\$82/\$103	13/11
	217310-03	W	Sa	8/17-10/22	Hunt Club Park	\$82/\$103	13/11
	217310-05	Th	Sa	8/18-10/22	Hunt Club Park	\$82/\$103	13/11
	217310-06	F	Sa	8/19-10/22	Hunt Club Park	\$82/\$103	13/11



# youth basketball

## 3rd-8th Grade Recreational Basketball League

The season starts the week of November 28. Practices will be one night per week at either 6:30-7:30p or 7:30-8:30p. Practices end December 22, at which time we will take off for winter break. The basketball season will resume with practices starting on January 9. The first game will take place on January 21. (CM)

### Practices and Games

Practices and games take place at a Woodland School facility. **Special requests based on friendships or carpooling cannot be granted.** Coaches will contact players by November 20 with information regarding their first practice time and location. **Registration will be accepted until the program fills.**

Game schedules will be posted on our website at [GurneeParkDistrict.com](http://GurneeParkDistrict.com) after November 30. **All times and dates listed are subject to change. They are based on last year's basketball season.**

### Mandatory Coaches Meeting

Hunt Club Park Community Center

**Tuesday, November 15, 6:30p**

3rd-4th grade boys and 3rd-8th grade girls

**Wednesday, November 16, 6:30p**

5th-6th grade boys

**Thursday, November 17, 6:30p**

7th-8th grade boys

At least one coach per team should attend. We will discuss the season, handing out uniforms, equipment and going over practice/game schedules. 3rd - 8th grade boys' team draft will take place at your scheduled meeting.

**Register based on the night you want to have your practice. Remember games are on Saturdays.**

### Girls Grade 3-5 MAX/MIN: 10/8

ID#	DATE	PRACTICE	FEE (R/NR)
317304-01	11/28-3/11	M	\$127/\$159
317304-02	11/28-3/11	M	\$127/\$159
317304-03	11/29-3/11	Tu	\$127/\$159
317304-04	11/29-3/11	W	\$127/\$159
317304-04	11/30-3/11	W	\$127/\$159
317304-06	12/1-3/11	Th	\$127/\$159

### Girls Grade 6-8 MAX/MIN: 10/8

ID#	DATE	PRACTICE	FEE (R/NR)
317305-01	11/28-3/11	M	\$132/\$165
317305-02	11/29-3/11	Tu	\$132/\$165
317305-03	11/30-3/11	W	\$132/\$165
317305-04	12/1-3/11	Th	\$132/\$165

### Boys Grade 3 - 4 MAX/MIN: 40/10

ID#	DATE	PRACTICE	FEE (R/NR)
317301-01	11/28-3/11	M	\$127/\$159
317301-02	11/29-3/11	Tu	\$127/\$159
317301-03	11/30-3/11	W	\$127/\$159
317301-04	12/1-3/11	Th	\$127/\$159

### Boys Grade 5 - 6 MAX/MIN: 30/10

ID#	DATE	PRACTICE	FEE (R/NR)
317302-01	11/28-3/11	M	\$132/\$165
317302-02	11/29-3/11	Tu	\$132/\$165
317302-03	11/30-3/11	W	\$132/\$165
317302-04	12/1-3/11	Th	\$132/\$165

### Boys Grade 7 - 8 MAX/MIN: 30/10

ID#	DATE	PRACTICE	FEE (R/NR)
317303-01	11/28-3/11	M	\$132/\$165
317303-02	11/29-3/11	Tu	\$132/\$165
317303-03	11/30-3/11	W	\$132/\$165
317303-04	12/1-3/11	Th	\$132/\$165

### Did you know you can find info on the web?

- ... Practice Schedules
- ... Game Schedules
- ... Practice Plans
- ... Parent/Participant Code of Conduct Form
- ... Picture Schedules
- ... Newsletter

Check out our website at [GurneeParkDistrict.com](http://GurneeParkDistrict.com).

### Boys Grade 3 - 8 Evaluation

**Date/Time:** Sunday, November 6  
**3rd/4th - 2:00-3:00p**  
**5th/6th - 3:15-4:15p**  
**7th/8th - 4:15-5:00p**

**Location:** Hunt Club Park Gym

Evaluations are held for boys in grades 3-8 only. Players go through a process to grade their skills and ability level, including shooting, dribbling, agility, and passing. Each child's height will also be taken to help determine team layout. Volunteer coaches will then select players for teams from within the player's chosen practice day. There will be approximately 10 players on each team. This process will be instrumental in creating evenly balanced leagues for a successful season for all. **Come in during the time listed for your grade level. Evaluations are done on a drop in base and last for only a short time.**





## Watch for Kindergarten, 1<sup>st</sup> and 2<sup>nd</sup> Grade Co-Ed Recreational Basketball League information in the Winter Programs and Events Guide.

### Pre-Season Basketball

Let's get ready for the basketball season! Every clinic will consist of different drills and fun games to help brush up on techniques, passing, defense and more will be covered. This clinic is guaranteed to make your child a better basketball player. A scrimmage game will also be played at the end of every week to get the kids ready for their basketball season. **Contracted through 5 Star Sports. (CM)**

Location: Hunt Club Park Community Center  
 Max/Min: 20/8  
 Classes: 5  
 No Class: 11/6  
 Grade: 1-5 (See Below)

ID#	GRADE	DATE	DAY	TIME	FEE (R/NR)
217314-01	1-2	9/4-10/2	Su	1:00-1:45p	\$63/\$79
217314-03	1-2	10/16-11/20	Su	1:00-1:45p	\$63/\$79
217314-02	3-5	9/4-10/2	Su	2:00-2:45p	\$63/\$79
217314-04	3-5	10/16-11/20	Su	2:00-2:45p	\$63/\$79

### Girls Basketball Clinic

This basketball clinic will prepare girls who plan to try out for their school teams and/or other park district basketball teams. The clinic will be overseen by a group of highly motivated coaches with years of coaching experience at both the feeder league and high school level. (RD)

Location: WTHS-Almond Campus  
 Max/Min: 40/10  
 Classes: 3

ID#	AGE	DAY	TIME	DATE	FEE (R/NR)
217450-01	10-11 yrs.	W	7:00-8:30p	9/21-10/5	\$20/\$25
217450-02	12-14 yrs.	W	7:00-8:30p	9/21-10/5	\$20/\$25

## DID YOU KNOW?

We offer four seasons of youth sports at GPD.

- Spring** soccer, swimming, sports for young children
- Summer** T-ball, lil'sluggers, swimming, tennis, flag football, volleyball, golf
- Fall** soccer, 3rd-8th grade basketball, tennis, flag football, lacrosse, volleyball, swimming
- Winter** kindergarten, 1st and 2nd grade basketball, indoor soccer, swimming

## Warren Jr. Lady Blue Devils Basketball Tryouts

This feeder basketball program is open to girls grades 5 - 8 who reside in school district #121. Players must try out for the team.

**Tryout dates TBA on Gurnee Park District website in late September.**

Tryouts are free. A parent must register their daughter at the gym the night of tryouts. Those selected pay \$400 (with uniform) or \$340 (no uniform). For additional information, contact Ron Dorsey at [rdorsey@gurneeparkdistrict.com](mailto:rdorsey@gurneeparkdistrict.com) or 847-599-3785.

## High School Hoops and Volleyball

### WTHS Intramural Leagues

Gurnee Park District and Warren Township High School (WTHS) offers sport leagues for current students. Intramural programs listed below are team leagues. Registrations are accepted on a team basis. To learn more contact Ron Dorsey at GPD. (RD)

Location: WTHS-O'Plaine Campus  
 Min/Max: 12/6

#### High School Basketball - Males

ID#	TIME	DAY	DATE	FEE/TEAM
217501-01	6:30-9:30p	Tu-Th	12/7-2/23	\$200

#### High School Basketball - Females

217501-02	6:30-9:30p	Tu-Th	12/7-2/23	\$200
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#### High School Co-ed Volleyball

217501-03	1:00-5:00p	Su	12/4-2/26	\$175
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### NEW!

### WTHS Drop-in Basketball

Monday nights at the O'Plaine Campus will be the place for Freshman and Sophomore basketball players to play some hoops in a supervised setting. This is an open gym basketball program for Warren students only. **Pre-registration is required.** (RD)

Location: WTHS-O'Plaine Campus  
 Max/Min: 40/20  
 Classes: 10  
 No Class: 12/19, 12/26, 1/2, 1/16  
 Grade: Freshman/Sophomores

ID#	TIME	DATE	DAY	FEE
217504-01	6:30-8:30p	11/14-2/13	M	\$30



### What to Wear to Gymnastics:

Comfortable shorts or sweat pants with a tucked-in shirt. Leotards are great. Do not wear dangle-type jewelry. Please pull hair up. No zippers or large buckles.

### DID YOU KNOW?

Extended participation in gymnastics classes provides cognitive and psychological benefits that will continue to benefit an individual throughout their life.

These include:

- Social interaction and discipline
- Improved mental focus and concentration
- Education and an understanding of physics
- Flexibility, balance and coordination
- Numerous health benefits.

## Gymnastics at Ultimate Gymnastics

Children learn the importance of skill progression and safety. Classes do not exceed an eight student to one instructor ratio. Lessons, which may be combined, are contracted through Ultimate Gymnastics whose instructors are U.S.A.G. Safety Certified. Missed classes cannot be made up. **Contracted through Ultimate Gymnastics. (RD)**

### Baby Gym BG (ages 1-2 yrs.)

A program structured towards strengthening gross and fine motor skills, speech and socialization utilizing appropriate equipment for children under age two.

### Parent and Mite PM (2-3 yrs.)

With some help from you, your child will develop large muscle group skills as well as hand-eye coordination and imagination.

### Tiny Mite TM (3-4 yrs.)

While learning all of the basic gymnastic skills, your child will progress in strength, flexibility and coordination. Equipment setups eliminate waiting in lines so students continue without stopping, which improves cardiovascular endurance.

**Ulti-Mite UM (4-5 yrs.)** This class teaches the basics of gymnastics in preparation for the Junior Beginner level. These exciting obstacle courses keep children motivated and busy while learning.

**Girl's Junior Beginners GJB (5-6 yrs.); Girl's Beginners GB (7 yrs. & up)** Children begin to intermingle gymnastic knowledge with strength and flexibility to perfect skills. By following the

U.S.G.F. level program, instructors help children build self-confidence and future building blocks.

**Beginning Cheer BC (6-12 yrs.)** Fundamentals of cheerleading are taught in this fun, fast pace class. Children will learn hand motions, jumps, basic tumbling and formations.

**Boys Rec BR (5-6 yrs.)** This class is for boys who like to climb, jump, flip and have fun all while building confidence and getting stronger. Gymnasts will learn skills on the six boy's gymnastics events, plus enjoy our trampolines and foam block pits. We want boys to experience the satisfaction that comes with facing new challenges head-on and the joy one feels when they reach his goal.

Location	Ultimate Gymnastics, 1018 Tri-State Parkway Gurnee
Max/Min:	8/3
Classes:	10 (*11)
No Class:	9/5, 11/24-11/25, 12/24-1/1

### Ultimate Gymnastics Session 1

CLASS	ID#	AGE	DAY	TIME	DATE	FEE
BG	211901-01	1-2 yrs.	M	10:00-10:40a	8/15-10/24	\$175
PM	211901-02	2-3 yrs.	M	9:00-9:40a	8/15-10/24	\$175
*PM	211901-03	2-3 yrs.	Th	11:00-11:40a	8/18-10/27	\$193
TM	211901-04	3-4 yrs.	M	9:00-9:50a	8/15-10/24	\$175
*TM	211901-05	3-4 yrs.	Th	11:00-11:50a	8/18-10/27	\$193
*TM	211901-06	3-4 yrs.	F	11:00-11:50a	8/19-10/28	\$193
UM	211901-07	4-5 yrs.	M	9:00-9:50a	8/15-10/24	\$175
*UM	211901-08	4-5 yrs.	Th	11:00-11:50a	8/18-10/27	\$193
*UM	211901-09	4-5 yrs.	F	11:00-11:50a	8/19-10/28	\$193
GJB	211901-10	5-6 yrs.	M	4:00-4:50p	8/15-10/24	\$175
*GJB	211901-11	5-6 yrs.	Sa	12:30-1:20p	8/20-10/29	\$193
GB	211901-13	7-12 yrs.	M	4:00-4:55p	8/15-10/24	\$175
*GB	211901-14	7-12 yrs.	Sa	12:30-1:25p	8/20-10/29	\$193
*BC	211901-15	6-12 yrs.	W	6:30-7:25p	8/17-10/26	\$193
*BR	211901-16	5-6 yrs.	Th	5:00-5:50p	8/18-10/27	\$193

### Ultimate Gymnastics Session 2

*BG	211901-20	1-2 yrs.	M	10:00-10:40a	10/31-1/16	\$193
*PM	211901-21	2-3 yrs.	M	9:00a- 9:40a	10/31-1/16	\$193
*PM	211901-22	2-3 yrs.	Th	11:00-11:40a	11/3-1/19	\$193
*TM	211901-23	3-4 yrs.	M	9:00-9:40a	10/31-1/16	\$193
TM	211901-24	3-4 yrs.	Th	11:00-11:50a	11/3-1/19	\$175
*UM	211901-25	4-5 yrs.	M	9:00-9:50a	10/31-1/16	\$193
UM	211901-26	4-5 yrs.	Th	11:00-11:50a	11/3-1/19	\$175
UM	211901-27	4-5 yrs.	F	11:00-11:50a	11/4-1/20	\$175
*GJB	211901-28	5-6 yrs.	M	4:00-4:50p	10/31-1/16	\$193
GJB	211901-29	5-6 yrs.	Sa	12:30-1:25p	11/5-1/21	\$175
*GB	211901-30	7-12 yrs.	M	4:00p- 4:55p	10/31-1/16	\$193
GB	211901-31	7-12 yrs.	Sa	12:30-1:25p	11/5-1/21	\$175
*BC	211901-32	5-12 yrs.	W	6:30-7:25p	11/2-1/18	\$193
BR	211901-33	5-6 yrs.	Th	5:00-5:50p	11/3-1/19	\$175



GO GURNEE Walk with the Warren Newport Library.





## Gymnastics at The Little Gym

The Little Gym develops physical, social and intellectual skills that build confidence in your child! Certified instructors are trained in gymnastics and early childhood. Classes are taught in a fun, clean, and non-competitive environment. For details, visit [tlggurneeil.com](http://tlggurneeil.com) or call 847-244-4496. Trial classes are available. Children must be the appropriate age by the first day of class. **Contracted through The Little Gym. (RD)**

Parent/Child Programs: **Bugs** (4-10 mos.); **Birds** (10 - 19 mos.); **Beasts** (19-30 mos.); **Superbeasts** (2 1/2-3 1/2 yrs.), **Jazzy Beast** (2-3 yrs.) A combination of ballet and gymnastics.

Child Only Programs: **Funnybugs FB** (3 yrs.); **Giggleworms GW** (4 yrs.); **Goodfriends GF** (5 yrs.); & **Hotshots** (Boys 5-10 yrs.)

Gymnastics Programs: **Flips/Twisters** Flips/Twist (Girls: 6-12 yrs.); **Hotshots HShots**; (Boys: 5-10 yrs.); **Jazzy Bug JBugs** (3 yrs.); & **Giggle Toes GToes** (4 yrs.) A unique gymnastics and dance combination.

Location: The Little Gym, 101 Ambrogio Dr., Gurnee  
 Max/Min: 6/4  
 Classes: 10 (\*9)  
 No Class: 9/5, 11/23-11/25, 12/23-1/5

NorthShore University HealthSystem  
 is proud to support the  
 Gurnee Park District.

At NorthShore University HealthSystem, we're helping  
 you be ready for what's next.

To learn more about our experts,  
 visit [northshore.org](http://northshore.org) today.



NorthShore HealthSystem is the proud sponsor of Farmers' Market, Touch-A-Truck, Super Saturday and Fun Run, and our December Monthly Mixer.

### Parent Child Programs

CLASS	ID#	AGE	DAY	TIME	DATE	SEE
Bugs	211902-01	4-10 mos.	W	12:00-12:45p	8/24-10/26	\$170
Birds	211902-02	10-19 mos.	W	11:45a-12:30p	8/24-10/26	\$170
Birds	211902-03	10-19 mos.	Th	9:10-9:55a	8/25-10/27	\$170
Birds	211902-04	10-19 mos.	Sa	8:15-9:00a	8/27-10/29	\$170
*Beast	211902-05	19-30 mos.	M	11:05-11:50a	8/22-10/24	\$153
Beasts	211902-06	19-30 mos.	Tu	5:30-6:15p	8/23-10/25	\$170
Beasts	211902-07	19-30 mos.	Sa	10:05-10:50a	8/27-10/29	\$170
JBeast	211902-08	2-3 yrs.	Th	5:05-5:50p	8/25-10/27	\$170
SBeasts	211902-09	2 1/2-3 1/2 yrs.	Tu	6:45-7:30p	8/23-10/25	\$170
SBeasts	211902-11	2 1/2-3 1/2 yrs.	Sa	12:00-12:45p	8/27-10/29	\$170

*Bugs	211902-30	4-10 mos.	W	12:00-12:45p	11/2-1/18	\$153
*Birds	211902-31	10-19 mos.	W	11:10-11:55a	11/2-1/18	\$153
*Birds	211902-32	10-19 mos.	Th	9:10-9:55a	11/3-1/19	\$153
Beast	211902-33	19-30 mos.	M	11:05-11:50a	10/31-1/16	\$170
Beasts	211902-34	19-30 mos.	Tu	5:30-6:15p	11/1-1/17	\$170
Beasts	211902-35	19-30 mos.	Sa	10:05-10:50a	11/5-1/21	\$170
*JBugs	211902-36	2 yrs.	Th	5:05-5:50p	11/3-1/19	\$153
SBeasts	211902-37	2 1/2-3 1/2 yrs.	Tu	6:45-7:30p	11/1-1/17	\$170
*SBeasts	211902-38	2 1/2-3 1/2 yrs.	Th	11:45a-12:30p	11/3-1/19	\$153
SBeasts	211902-39	2 1/2-3 1/2 yrs.	Sa	12:00-12:45p	11/5-1/21	\$170

### Child Only Programs

*FBugs	211902-12	3 yrs.	M	10:00-11:00a	8/22-10/24	\$153
*FBugs	211902-13	3 yrs.	M	5:30-6:30p	8/22-10/24	\$153
FBugs	211902-14	3 yrs.	Sa	9:00-10:00a	8/27-10/29	\$170
*GWorms	211902-15	4 yrs.	M	6:35-7:35p	8/22-10/24	\$153
GWorms	211902-16	4 yrs.	Th	12:35-1:35p	8/25-10/27	\$170
GWorms	211902-17	4 yrs.	Sa	10:55-11:55a	8/27-10/29	\$170
GFriends	211902-18	5 yrs.	Th	4:00-5:00p	8/25-10/27	\$170
GFriends	211902-19	5 yrs.	Sa	12:50-1:50p	8/27-10/29	\$170

FBugs	211902-40	3 yrs.	M	10:00-11:00a	10/31-1/16	\$170
FBugs	211902-41	3 yrs.	M	5:30-6:30p	10/31-1/16	\$170
FBugs	211902-42	3 yrs.	Sa	9:00-10:00a	11/5-1/21	\$170
GWorms	211902-43	4 yrs.	M	6:35p-7:35p	10/31-1/16	\$170
*GWorms	211902-44	4 yrs.	Th	12:35-1:35p	11/3-1/19	\$153
GWorms	211902-45	4 yrs.	Sa	10:55-11:55a	11/5-1/21	\$170
*GFriends	211902-47	5 yrs.	Th	4:00-5:00p	11/3-1/19	\$153
GFriends	211902-48	5 yrs.	Sa	12:50-1:50p	11/5-1/21	\$170

### Gymnastics Programs

HotShots	211902-20	5-10 yrs.	Th	4:00-5:00p	8/25-10/27	\$170
HotShots	211902-21	5-10 yrs.	Sa	12:50-1:50p	8/27-10/29	\$170
Flips/Twist	211902-22	6-12 yrs.	W	6:35-7:35p	8/24-10/26	\$170
JBugs	211902-23	3 yrs.	W	12:15-1:15p	8/24-10/26	\$170
JBugs	211902-24	3 yrs.	Su	12:00-1:00p	8/28-10/30	\$170
GToes	211902-25	4 yrs.	W	12:15-1:15p	8/24-10/26	\$170
GToes	211902-26	4 yrs.	Su	12:00-1:00p	8/28-10/30	\$170

*HotShots	211902-49	5-10 yrs.	Th	4:00-5:00p	11/3-1/19	\$153
HotShots	211902-50	5-10 yrs.	Sa	12:50-1:50p	11/5-1/21	\$170
*Flips/Twist	211902-51	6-12 yrs.	W	6:35-7:35p	11/2-1/18	\$153
*JBugs	211902-52	3 yrs.	W	12:15-1:15p	11/2-1/18	\$153
JBugs	211902-53	3 yrs.	Su	12:00-1:00p	11/6-1/22	\$170
*GToes	211902-54	4 yrs.	W	12:15-1:15p	11/2-1/18	\$153
GToes	211902-55	4 yrs.	Tu	12:00-1:00p	11/6-1/22	\$170



### Gymnastics at the Gymnastics Factory

Programs teach skills to various age levels. Participants from other park districts may be added with an actual class max of 12. The staff to participants ratio is 1:10. Children must be the appropriate age by the first day of class. **Contracted through the Gymnastics Factory whose coaches are U.S.G.A. Safety Certified.** (RD)

**Moms & Minis M&M** (12 mos.-3 yrs.) You and your toddler will play on the mats and work on your child's physical coordination.

**Pee Wee Gymnastics PWG** (3-4 yrs.); **Tiny Tot Gymnastics TTG** (4-5 yrs.) Children develop large motor skills using various pieces of equipment like balls, planks, beams, trampoline and the bars.

**Youth Girls Gymnastics GG** (6-8 yrs. & 9-12 yrs.); **Youth Boys Gymnastics BG** (6-9 yrs.) Students learn the basic skills to become good at gymnastics such as tumbling, trampoline, bars, beam and the pit.

**Cheerleading Tumbling CT** (8-12 yrs.) Cheerleaders will learn back handsprings, leaps and body positions for safe cheerleading techniques.

CLASS	ID#	AGE	DAY	TIME	DATE	FEE
M&M	211903-01	12-18 mos.	Tu	9:00-9:40a	8/23-10/25	\$127
M&M	211903-02	1 1/2-3 yrs.	W	10:00-10:40a	8/24-10/26	\$127
PWG	211903-03	3-4 yrs.	F	9:30-10:20a	8/26-10/28	\$127
TTG	211903-04	5 yrs.	F	10:30-11:20a	8/26-10/28	\$127
Girls	211903-05	6-8 yrs.	F	4:00-5:00p	8/26-10/28	\$127
Girls	211903-06	9-12 yrs.	F	5:00-6:00p	8/26-10/28	\$127
BG	211903-07	6-9 yrs.	Th	4:00-5:00p	8/25-10/27	\$127
*CT	211903-08	8-12 yrs.	M	5:00-6:00p	8/22-10/24	\$115
M&M	211903-09	12-18 mos.	Tu	9:00-9:40a	11/1-1/3	\$127
M&M	211903-10	1 1/2-3 yrs.	W	10:00-10:40a	11/2-1/4	\$127
PWG	211903-11	3-4 yrs.	F	9:30-10:20a	11/4-1/6	\$127
TTG	211903-12	5 yrs.	F	10:30-11:20a	11/4-1/6	\$127
Girls	211903-13	6-8 yrs.	F	4:00-5:00p	11/4-1/6	\$127
Girls	211903-14	9-12 yrs.	F	5:00-6:00p	11/4-1/6	\$127
*BG	211903-15	6-9 yrs.	Th	4:00-5:00p	11/3-1/5	\$115
CT	211903-16	8-12 yrs.	M	5:00p- 6:00p	10/31-1/2	\$127

Location: The Gymnastics Factory, 888 E. Belvidere Rd, Suite 202, Grayslake  
 Max/Min: 10/4  
 Classes: 10 (\*9)  
 No Class: 9/5, 11/24



**Gurnee Mills**  
**6152 W. Grand Ave.**  
**Entrance H**  
**847-856-1064 ext. 502**  
**rink-side.com**

Classes follow the U.S. Basic Skills curriculum associated with U.S. Figure Skating and U.S.A. Hockey. All skaters must register for Learn to Skate Insurance through guest services on the first day of class at which time membership forms will be given. The cost is \$15 per skater. The insurance will expire on June 3, 2017. Skaters must pay for the insurance prior to the second class to continue lessons. No refunds will be given. Arrive 20 minutes before scheduled class time and dress warm as the ice rink is kept cool. Skates may be rented at each class for \$3.00. **Contracted through Rink Side Ice Arena.** (CM)

### Learn To Skate Lessons

Rink Side Ice Arena's Learn to Skate programs introduce a variety of skills required in each level.

Location: Rink Side Ice Arena  
 Classes: 8 (\*7)  
 No Class: 9/24, 11/5  
 Max/Min: 5/1

#### Snow Plow Sam 1 - Ages 3-5

For children new to skating lessons.

ID#	DAY	TIME	DATE	FEE
212201-01	Tu	4:10-4:40p	8/30-10/18	\$100
212201-02	Tu	5:30-6:00p	8/30-10/18	\$100
*212201-03	Sa	8:45-9:15a	9/3-10/22	\$88
*212201-04	Sa	10:15-10:45a	9/3-10/22	\$88
212201-08	Tu	4:10-4:40p	10/25-12/13	\$100
212201-09	Tu	5:30-6:00p	10/25-12/13	\$100
*212201-10	Sa	8:45-9:15a	10/29-12/17	\$88
*212201-11	Sa	10:15-10:45a	10/29-12/17	\$88

#### Snow Plow Sam 2 - Ages 3-5

For skaters who have successfully completed Snow Plow Sam 1.

ID#	DAY	TIME	DATE	FEE
212202-01	Tu	4:10-4:40p	8/30-10/18	\$100
212202-02	Tu	5:30-6:00p	8/30-10/18	\$100
*212202-03	Sa	8:45-9:15a	9/3-10/22	\$88
*212202-04	Sa	10:15-10:45a	9/3-10/22	\$88
212202-08	Tu	4:10-4:40p	10/25-12/13	\$100
212202-09	Tu	5:30-6:00p	10/25-12/13	\$100
*212202-10	Sa	8:45-9:15a	10/29-12/17	\$88
*212202-11	Sa	10:15-10:45a	10/29-12/17	\$88

#### Basic 1 - Ages 6-12

For new skaters.

ID#	DAY	TIME	DATE	FEE
212303-01	Tu	4:10-4:40p	8/30-10/18	\$100
212303-02	Tu	5:30-6:10p	8/30-10/18	\$110
*212303-03	Sa	8:45-9:25a	9/3-10/22	\$96
*212303-04	Sa	10:15-10:55a	9/3-10/22	\$96
212303-07	Tu	4:10-4:40p	10/25-12/13	\$100
212303-08	Tu	5:30-6:10p	10/25-12/13	\$110
*212303-09	Sa	8:45-9:25a	10/29-12/17	\$96
*212303-10	Sa	10:15-10:55a	10/29-12/17	\$96

### Stickworks 1

This class is for ages 5-12 who is interested in playing hockey. No prior classes are required. Full Hockey Gear is required for the class. Full gear is defined as a helmet with a cage or visor, shoulder pads, elbow pads, hockey pants, shin guards with hockey socks, gloves and a stick.

Location: Rink Side Ice Arena  
 Classes: 8 (\*7)  
 Max/Min: 11/24

#### Fall Term 1

ID#	DAY	TIME	DATE	FEE
212309-01	Th	5:00-5:45p	9/1-10/20	\$130
*212309-02	Th	5:00-5:45p	10/27-12/15	\$114





# WSRA, Inclusion and ADA Accessible Accommodations our programs fit everyone's needs!

## Americans with Disabilities Act

Gurnee Park District intends to comply with the intent and spirit of the Americans with Disabilities Act (ADA) which prohibits discrimination on the basis of disability. If you need any special accommodations, please call Gurnee Park District.

## Warren Special Recreation Association

[warrentownship.net/wsra](http://warrentownship.net/wsra)  
847-244-6619  
[facebook.com/warrenspecialrec](https://facebook.com/warrenspecialrec)

## Administrative Office and Program Location:

100 S. Greenleaf St.  
Gurnee, IL 60031

## Program Location:

17801 W. Washington St.  
Gurnee, IL 60031

**Gurnee Park District strives to ensure all the necessary accommodations are available and made to provide recreational opportunities to the entire community. This includes our programs as well as many of our parks are ADA Accessible.**

## For hearing and speech impaired communication over the telephone

The hearing and speech impaired may call the Illinois Relay Center at 800-526-0844 for assistance in communication with the Park District.

## Inclusion through Warren Special Recreation Association (WSRA)

To meet the needs of people with disabilities who choose to participate in a park district setting, we offer inclusion through the Warren Special Recreation Association (WSRA). WSRA partners with Warren Township, Gurnee, Grandwood Park and Wildwood Park Districts to offer you and your family the best recreational experience. They are dedicated to providing recreational opportunities to people of all ages and various disabilities. At least two weeks prior to the program or event, register and note special needs and/or accommodations so a plan of action can be completed.

## Friends and Company - After School Program

WSRA offers a fun and relaxing after school program for individuals with disabilities. Our qualified and caring staff is dedicated to meeting the needs of our participants and their families. Come enjoy activities, games and outdoor play, as well as a variety of arts and crafts. It is strongly suggested that participants attending this program have independent self-help skills which include the ability to perform personal hygiene practices and display the ability to conduct themselves in a socially appropriate manner. WSRA does reserve the right to determine if the program is appropriate for an individual. Friends and Company will follow the school schedule and will begin on August 22.

## WSRA Programs

**Children 3-6 years old:** Swim lessons, music, socialization, arts and crafts

**Youth:** After school and days off programs, sensory experiences, swim lessons, community outings and seasonal camps

**Teens:** After school programming, Special Olympics, seasonal camps and art programs

**Adults:** Day programs, social clubs, Special Olympics, movie trips, dining, fitness programs and special events

For a full list of programs, visit [warrentownship.net/wsra](http://warrentownship.net/wsra).

## DID YOU KNOW?

**WSRA provides inclusion services for those interested in attending Gurnee Park District Programs?**

Contact Amber Bodame, Inclusion and Special Olympics Coordinator, at 847-244-6619.

## Are you looking to make a difference?

Join WSRA's team through employment or becoming a volunteer. Experience working with people with disabilities.





# swim programs

for fun and safety

**40 Years of Swimming Success!**

Gurnee Park District has been teaching swimming lessons for over 40 years. During this time, we have developed an excellent curriculum based on safety and fun. Classes are geared toward all ages, skill level and are an excellent way to learn to love swimming. We provide tested, quality swim instruction at affordable prices.



### Gurnee Park District Swim Program Features:

- Year round swim instruction for students ages six months to adult
- Lifeguards on duty during lessons
- Small class sizes (special needs inclusion available)
- Two heated indoor pools and one heated outdoor aquatic center
- Trained, passionate instructors
- Family changing rooms at the Aquatic Center and FitNation and spacious locker rooms at Warren Pool
- Bathing suit dryer
- State of the art water sanitation
- Pool lifts at all facilities for those with special access needs

### John H. Emery Swimming Assistance Program



***Are you interested in signing your child up for swim lessons, but are unable to due to financial hardships?***

At Gurnee Park District, we are here to support all community members and encourage recreation opportunities for every resident. We created the John H. Emery Swimming Assistance Program to promote life-long swim skills for those who may not have an opportunity otherwise. This

program is designed specifically for Little Swimmers and Learn to Swim classes. For more information or to apply, visit [GurneeParkDistrict.com](http://GurneeParkDistrict.com) or visit one of our community centers.





## Multiple lesson locations for your convenience



### FitNation Pool 1655 Nations Drive, Gurnee

This swimming facility, located within FitNation, is state of the art complete with family changing rooms, a temperature controlled family viewing area and water at an ideal 86 degrees. Just right for little swimmers!



### Hunt Club Park Aquatic Center 900 North Hunt Club Road, Gurnee

Our beautiful, outdoor Aquatic Center is perfect for lessons in the summer. The water temperature is kept at 85 degrees.



### Warren O'Plaine Campus Pool 500 North O'Plaine Road, Gurnee

This pool is great for our Learn to Swim Program offered on weekends from September through May. This spacious, six lane, 25 yard pool is equipped with a diving board and deep water to expose children to swimming in 12 feet of water. Water temperature is kept at 80 degrees which is just right for swimming laps.

**During swim activities, reach us at FitNation Pool 847-623-4525 or at Warren High School Pool - O'Plaine Campus 847-599-3776.**

## Things You Should Know:

- Residents of High School District #121 pay resident rates for all programs held at Warren High School. Hunt Club Park Aquatic Center summer programs and FitNation programs still follow Gurnee Park District residency boundaries.
- When using the pools, showers and lockers will be available for your use. If you wish to use the lockers, please bring your own lock and remove it at the end of your activity each day. Neither the Gurnee Park District nor the school are responsible for lost or stolen items.
- **Registration:** Due to staffing requirements, all registrations for swim classes must be made at least two days prior to the start of class.
- **Make-Up Policy:** Missed classes **cannot** be made up and are non-refundable. Please speak to the manager-on-duty at the pool on the day of your lesson if you have any questions. In the event that the Gurnee Park District cancels classes due to bad weather, mechanical failure or scheduling conflict, you will be notified and at your next class we will announce if a make-up class or refund will be offered.



**DID YOU KNOW?** To meet the needs of people with disabilities, staff at WSRA can assist with the inclusion process. Follow registration guidelines and note special needs and/or accommodations so a plan of action can be completed. For more information about the inclusion process, contact Amber Bodame from WSRA at 847-244-6619.

## Aquatics Staff Standards

Gurnee Park District provides lifeguards licensed by Jeff Ellis & Associates, the premier lifeguard licensing body in the world. Our goal is to provide a safe, customer-friendly aquatic environment for all.





### Swim With Me Programs (Ages 6 mos.-4 yrs.)

These classes allow parents to participate with their children for an introduction to water exploration and water safety. One adult per child in each class is required. (KM)



**Water Babies (Ages 6-18 mos.):** Each child is exposed to the pool to experience supported movement and to learn basic water skills.



**Water Tots (Ages 18-30 mos.):** Children learn coordinated arm and leg movements with the use of water noodles and other instructional equipment. Life jacket use for toddlers will be reviewed.



**Water Tikes (Ages 2.5-4 yrs.):** This class begins with both the parent and child in the water and as the child begins to gain confidence, the parent is slowly weaned from participation.

### Little Swimmers (Ages 3-6 yrs.)

Children learn primary swimming, coordinated water movements and age-appropriate safety skills. Approximate 5:1 student/instructor ratio will be used. (KM)



**Level 1:** The fundamentals of swimming including water independence, coordinated arm and leg movements and proper body position are the focus of this level.



**Level 2:** Floating with minimal support, kicking with stroke bars as well as coordinated arm and leg movements are the focus of this level.



**Level 3:** Swimming on the front and back for increased distances with coordinated breathing is a primary requirement for Level 3. Completion of this level will qualify your swimmer for Learn to Swim Level 2. If your child does not complete this level and is at least five years old, you may transfer him/her into Learn to Swim Level 1.

### Learn to Swim Levels 1-7 (Ages 5-15 yrs.)

Discover your child(ren)'s love for swimming while they advance their swimming skills, learn breath control, stroke drills and age-appropriate safety skills. Basic swimming strokes (competitive and resting) will be emphasized to develop proficiency, stamina and skill in each level. Approximate 7:1 student/instructor ratio. (KM)



**Level 1:** Learning independence, coordinated arm and leg movements and proper body position are the main focus of Level 1. Floating with minimal assistance as well as kicking with stroke bars are practiced.



**Level 2:** Arm and leg movements will become more defined in this level as coordinated breathing is introduced. Swimming on the back and basic water survival skills will also be highlighted.



**Level 3:** Increasing strength and endurance is the primary focus at this level as the participants are prepared to swim lengths of the pool. Elementary backstroke is introduced.



**Level 4:** Swimming distance will be increased significantly in this level as proper turns are taught and swimming and diving skills are further refined. Breaststroke is introduced.



**Level 5:** Swimming distances of 100 yards becomes a requirement in this level as endurance and technique are further developed. Butterfly is introduced.



**Level 6:** Reinforcement of previously learned skills is emphasized as swimming endurance and technique are further challenged. Front crawl flip turns, sidestroke and advanced safety skills are introduced in this level.



**Level 7:** Fine tuning of stroke techniques and endurance is emphasized. Basic competitive swimming concepts will be introduced to begin preparation for our Swim and Stroke Clinic.

**DID YOU KNOW?** To begin Learn to Swim Level 4, the participant must be able to swim the length of the pool unsupported with proper technique for the 45 minute class.



### Private Swim Lessons

Looking for private swim lessons, but none of our classes work with your schedule or are full? We now offer Private Swim Lessons where you can select your favorite instructor at a time that works for you, and pay as you go! We guarantee you will love this option if you or your family are always on the go! For more information and to register, contact Kevin Born, Aquatic Coordinator, at [kborn@gurneeparkdistrict.com](mailto:kborn@gurneeparkdistrict.com) or 847-599-3786.





## Adult Swim Instruction (Ages 16 yrs. & up)

Are you looking for a group, adult lesson, but still want to work at your own pace? This is the perfect class for you! Learn swim strokes and personal safety skills in this unique program. (KM)

## Adult Private Swim Lessons (Ages 16 yrs. & up)

All ability levels from the first timer, triathlon trainers or somewhere in between will find their perfect lesson with this 1:1 student/instructor ratio class. (KM)

## Private Swim Lessons

Get a customized, unique swim lesson with our private swim lesson program. A 1:1 student/teacher ratio will be used for every class. (KM)

## Semi-Private Swim Lessons

Are you looking to achieve a private lesson at reduced price? Try our semi-private lessons! A 2:1 student/instructor ratio will be used for every class. (KM)

## Swim and Stroke Clinic (Ages 8-14 yrs.)

Focus is on proper competitive swimming strokes, turns, starts as well as lap swim etiquette. This is a great way to find out if competitive swimming is right for your child. The clinic mimics a swim practice, and coaches are swim team coaches or varsity swimmers. **Note: This class is designed for those who have completed Learn to Swim Level 5 (swimmers must be able to swim 25 yards without stopping).** (KM)

## Junior Lifeguard (Ages 12-15 yrs.)

This water safety training includes basic rescue techniques, CPR and first-aid skills. Participants improve their physical condition, acquire customer service skills and apprentice with current lifeguards. Passing participants receive a certification as a junior lifeguard. Those 15 years old, may apply to be a lifeguard with the Gurnee Park District. (KM)

## Swim Instructor Internship (Ages 12-14 yrs.)

Are you looking to become a swim instructor one day? Want to work for Gurnee Park District? Start your career in our Swim Instructor Internship program. Interns receive supervised, hands-on experience while assisting our staff with swim lessons. (KM)

## Indoor Pool Passes and Open Swim



### FitNation Pool Times and Fees

#### Indoor Pool Passes and Fees

Swim passes are valid at designated open swim times. They may be purchased at FitNation, Viking Park or Hunt Club Community Centers. Passes are valid for one year from the time of purchase.

#### 12-Month Pass Fees

Individual Pass: \$180R/\$225NR

Each additional family member:  
\$140R/\$175NR

Family members must reside in same household.

### Open Swim

- Visit [GurneeParkDistrict.com/indoor-pool-drop-in-calendar](http://GurneeParkDistrict.com/indoor-pool-drop-in-calendar) for our monthly schedule. Please note: All schedules are subject to change.
- A parent must be in the water with children under eight years old, and a parent must remain on the pool deck with children 9-12 years old.
- Two lanes will be designated as lap lanes during open swim.

### Daily General Admission Fee: \$6

Children two years of age and under are free during all open swim times.

## Blue Devil Swim Club (BDSC)



Interested in competitive swimming? BDSC is a Gurnee Park District affiliate with year round, daily practices. Emphasis is placed on stroke mechanics, starts, turns, training, and nutrition. Swimmers who are selected for club teams compete in various swim meets seasonally.

## BDSC Swim Clinic at WTHS Pool

For swimmers interested in learning more about competitive swimming. BDSC coaches will teach and develop the four competitive strokes and other skills like starts and turns. Swimmers will also be evaluated for team placement and will not have to attend a tryout if enrolled in the clinic.

August 29 – September 1: 6:00-7:00p  
\$40 per person

## BDSC Tryouts at WTHS Pool

Thursday, September 1, 7:00p

## Team Registration (for selected swimmers)

WTHS Pool Observation Room  
Tuesday, September 6, 2016, 5:30p

Contact the Blue Devil Swim Club Coach, Karin Brown, at 847-508-7982 or [karin@swimbdsc.org](mailto:karin@swimbdsc.org), or for general information, visit [swimbdsc.org](http://swimbdsc.org).



Fall Session 1

CLASS NAME	ID#	AGE	DAY	DATES	LOCATION	DATE	LEVEL	FEE (R/NR)	MAX/MIN
Water Babies	203110-01	6-18 mos.	Su	10:00-10:30a	FN	9/11-10/30	N/A	\$103/\$129	10/3
	203110-02	6-18 mos.	Tu	4:30-5:00p	FN	9/13-11/1	N/A	\$103/\$129	10/3
	203110-03	6-18 mos.	Sa	9:15-9:45a	FN	9/10-10/29	N/A	\$103/\$129	10/3
Water Tots	203115-01	18-30 mos.	Su	10:40a-11:10a	FN	9/11-10/30	N/A	\$103/\$129	10/3
	203115-02	18-30 mos.	Tu	5:10-5:40p	FN	9/13-11/1	N/A	\$103/\$129	10/3
	203115-03	18-30 mos.	Sa	9:55a-10:25a	FN	9/10-10/29	N/A	\$103/\$129	10/3
Water Tikes	203120-01	30 mos.-4 yrs.	Su	11:20-11:50a	FN	9/11-10/30	N/A	\$103/\$129	8/3
	203120-02	30 mos.-4 yrs.	Th	5:25-5:55p	FN	9/15-11/3	N/A	\$103/\$129	8/3
	203120-03	30 mos.-4 yrs.	F	2:20-2:50p	FN	9/16-11/4	N/A	\$103/\$129	8/3
	203120-04	30 mos.-4 yrs.	Sa	10:35-11:05a	FN	9/10-10/29	N/A	\$103/\$129	8/3
Little Swimmers	203225-01	3-6 yrs.	Su	10:00-10:30a	FN	9/11-10/30	1-3	\$103/\$129	12/8
	203225-02	3-6 yrs.	Su	11:20-11:50a	FN	9/11-10/30	1-3	\$103/\$129	12/8
	203225-03	3-6 yrs.	M	1:00-1:30p	FN	9/12-10/31	1-3	\$103/\$129	9/6
	203225-04	3-6 yrs.	M	1:40-2:10p	FN	9/12-10/31	1-3	\$103/\$129	9/6
	203225-05	3-6 yrs.	Tu	5:10-5:40p	FN	9/13-11/1	1-3	\$103/\$129	12/8
	203225-06	3-6 yrs.	W	6:20-6:50p	FN	9/14-11/2	1-3	\$103/\$129	15/9
	203225-07	3-6 yrs.	Th	5:25-5:55p	FN	9/15-11/3	1-3	\$103/\$129	12/8
	203225-08	3-6 yrs.	F	1:00-1:30p	FN	9/16-11/4	1-3	\$103/\$129	9/6
	203225-09	3-6 yrs.	Sa	10:35-11:05a	FN	9/10-10/29	1-3	\$103/\$129	12/8
	203225-10	3-6 yrs.	Sa	2:40-3:10p	FN	9/10-10/29	1-3	\$103/\$129	20/10
Little Swimmers	203245-01	3-6 yrs.	M	2:20-2:50p	FN	9/12-10/31	1-3	\$176/\$220	3/2
Private Lessons	203245-02	3-6 yrs.	Tu	5:50-6:20p	FN	9/13-11/1	1-3	\$176/\$220	4/2
	203245-03	3-6 yrs.	F	1:40-2:10p	FN	9/16-11/4	1-3	\$176/\$220	3/2
	203245-04	3-6 yrs.	F	5:50-6:20p	FN	9/16-11/4	1-3	\$176/\$220	3/2
	203245-05	3-6 yrs.	Th	6:05-6:35p	FN	9/15-11/3	1-3	\$176/\$220	4/3
	203245-06	3-6 yrs.	Sa	9:55-10:25a	FN	9/10-10/29	1-3	\$176/\$220	5/2
	Learn to Swim	+203330-01	5-16 yrs.	Su	2:10-2:55p	W	9/11-10/30	1-7	\$103/\$129
203330-02		5-16 yrs.	Su	2:10-2:55p	FN	9/11-10/30	1-2	\$103/\$129	20/16
203330-03		5-16 yrs.	Su	3:05-3:50p	FN	9/11-10/30	3-4	\$103/\$129	20/16
203330-04		5-16 yrs.	Su	4:00-4:45p	FN	9/11-10/30	5-7	\$103/\$129	20/16
203330-05		5-16 yrs.	M	5:10-5:55p	FN	9/12-10/31	1-2	\$103/\$129	20/16
203330-06		5-16 yrs.	M	6:05-6:50p	FN	9/12-10/31	3-4	\$103/\$129	20/16
203330-07		5-16 yrs.	M	7:00-7:45p	FN	9/12-10/31	5-7	\$103/\$129	20/16
203330-08		5-16 yrs.	Tu	7:10-7:55p	FN	9/13-11/1	3-4	\$103/\$129	20/16
203330-09		5-16 yrs.	W	4:30-5:15p	FN	9/14-11/2	3-4	\$103/\$129	20/16
203330-10		5-16 yrs.	W	5:25-6:10p	FN	9/14-11/2	1-2	\$103/\$129	20/16
203330-11		5-16 yrs.	Th	4:30-5:15p	FN	9/15-11/3	3-4	\$103/\$129	20/16
203330-12		5-16 yrs.	Th	7:25-8:10p	FN	9/15-11/3	5-7	\$103/\$129	20/16
203330-13		5-16 yrs.	Sa	11:15a-12:00p	FN	9/10-10/29	1-2	\$103/\$129	20/16
203330-14		5-16 yrs.	Sa	12:10-12:55p	FN	9/10-10/29	3-4	\$103/\$129	20/16
203330-15		5-16 yrs.	Sa	1:45-2:30p	FN	9/10-10/29	1-2	\$103/\$129	20/16
*+203330-16		5-16 yrs.	Sa	11:00-11:45a	W	9/10-10/29	1-7	\$79/\$99	40/30
*+203330-17		5-16 yrs.	Sa	2:00-2:45p	W	9/10-10/29	1-7	\$79/\$99	40/30
Learn to Swim	+203350-01	5-16 yrs.	Su	3:45-4:15p	W	9/11-10/30	1-7	\$176/\$220	8/6
Private Lessons	203350-02	5-16 yrs.	M	4:30-5:00p	FN	9/12-10/31	3-4	\$176/\$220	5/3
	203350-03	5-16 yrs.	Tu	6:30-7:00p	FN	9/13-11/1	1-2	\$176/\$220	4/2
	203350-04	5-16 yrs.	W	7:00-7:30p	FN	9/14-11/2	1-2	\$176/\$220	4/2
	203350-05	5-16 yrs.	Th	6:45-7:15p	FN	9/15-11/3	1-2	\$176/\$220	4/2
	203350-06	5-16 yrs.	Sa	1:05-1:35p	FN	9/10-10/29	3-4	\$176/\$220	4/2
	Learn to Swim	203360-01	5-16 yrs.	Su	10:40-11:10a	FN	9/11-10/30	1-2	\$146/\$183
Semi-Private	+203360-02	5-16 yrs.	Su	3:05-3:35p	W	9/11-10/30	1-7	\$146/\$183	15/6
	203360-03	5-16 yrs.	Tu	4:30-5:00p	FN	9/13-11/1	1-2	\$146/\$183	10/5
	203360-04	5-16 yrs.	F	4:30-5:00p	FN	9/16-11/4	3-4	\$146/\$183	6/4
	203360-05	5-16 yrs.	F	5:10-5:40p	FN	9/16-11/4	5-7	\$146/\$183	6/4
	203360-06	5-16 yrs.	Sa	9:15-9:45a	FN	9/10-10/29	1-2	\$146/\$183	8/6
	*+203360-07	5-16 yrs.	Sa	11:55a-12:25p	W	9/10-10/29	1-7	\$110/\$138	15/6
	*+203360-08	5-16 yrs.	Sa	12:35-1:05p	W	9/10-10/29	1-7	\$110/\$138	15/6
	*+203360-09	5-16 yrs.	Sa	1:15-1:45p	W	9/10-10/29	1-7	\$110/\$138	15/6
	Swim Instructor Internship	203475-01	12-14 yrs.	Su	2:00-4:00p	FN	9/18-10/30	N/A	\$13/\$15
203475-02		12-14 yrs.	M	4:15-6:00p	FN	9/19-10/31	N/A	\$13/\$15	2/1
203475-03		12-14 yrs.	W	4:15-6:20p	FN	9/21-11/2	N/A	\$13/\$15	2/1
203475-04		12-14 yrs.	Th	4:15-6:00p	FN	9/22-11/3	N/A	\$13/\$15	2/1
203475-05		12-14 yrs.	Sa	11:15a-1:00p	FN	9/17-10/29	N/A	\$13/\$15	2/1
Adult Swim Lessons	203685-01	16 yrs & up	M	8:00-8:45p	FN	9/12-10/31	N/A	\$103/\$129	10/4
	203685-02	16 yrs & up	Th	8:15-9:00p	FN	9/15-11/3	N/A	\$103/\$129	10/4
Adult Private Lessons	203865-01	16 yrs & up	W	7:40-8:10p	FN	9/14-11/2N/A	\$176/\$220	5/3	
Swim & Stroke Clinic	203380-01	8-14 yrs.	Su	4:25-5:25p	W	9/11-10/30	N/A	\$119/\$149	20/10
Junior Lifeguard	+203470-01	12-15 yrs	Sa	12:00-2:30p	W	9/10-12/17	N/A	\$160/\$200	12/5

FN=FitNation W=Warren O'Plaine Campus ~ Classes: 8 (Jr. Lifeguard:12, Swim Intern: 7); \*No class dates for Warren only: 10/1 and 10/15 ~ +District 121 rates; Junior Lifeguards meets 12 weeks (no class 10/1, 10/15, 11/26)





## Fall Session 2

CLASS NAME	ID#	AGE	DAY	DATES	LOCATION	DATE	LEVEL	FEE (R/NR)	MAX/MIN
Water Babies	203110-04	6-18 mos.	Su	10:00-10:30a	FN	11/6-12/18	N/A	\$79/\$99	10/3
	203110-05	6-18 mos.	Tu	4:30-5:00p	FN	11/8-12/20	N/A	\$79/\$99	10/3
	203110-06	6-18 mos.	Sa	9:15-9:45a	FN	11/5-12/17	N/A	\$79/\$99	10/3
Water Tots	203115-04	18-30 mos.	Su	10:40a-11:10a	FN	11/6-12/18	N/A	\$79/\$99	10/3
	*203115-05	18-30 mos.	Tu	5:10-5:40p	FN	11/8-12/20	N/A	\$90/\$113	10/3
	203115-06	18-30 mos.	Sa	9:55a-10:25a	FN	11/5-12/17	N/A	\$79/\$99	10/3
Water Tikes	203120-05	30 mos.-4 yrs.	Su	11:20-11:50a	FN	11/6-12/18	N/A	\$79/\$99	8/3
	203120-06	30 mos.-4 yrs.	Th	5:25-5:55p	FN	11/10-12/22	N/A	\$79/\$99	8/3
	203120-07	30 mos.-4 yrs.	F	2:20-2:50p	FN	11/11-12/23	N/A	\$79/\$99	8/3
	203120-08	30 mos.-4 yrs.	Sa	10:35-11:05a	FN	11/5-12/17	N/A	\$79/\$99	8/3
Little Swimmers	203225-11	3-6 yrs.	Su	10:00-10:30a	FN	11/6-12/18	1-3	\$79/\$99	12/8
	203225-12	3-6 yrs.	Su	11:20-11:50a	FN	11/6-12/18	1-3	\$79/\$99	12/8
	*203225-13	3-6 yrs.	M	1:00-1:30p	FN	11/7-12/19	1-3	\$90/\$113	9/6
	*203225-14	3-6 yrs.	M	1:40-2:10p	FN	11/7-12/19	1-3	\$90/\$113	9/6
	*203225-15	3-6 yrs.	Tu	5:10-5:40p	FN	11/8-12/20	1-3	\$90/\$113	12/8
	203225-16	3-6 yrs.	W	6:20-6:50p	FN	11/9-12/21	1-3	\$79/\$99	15/9
	203225-17	3-6 yrs.	Th	5:25-5:55p	FN	11/10-12/22	1-3	\$79/\$99	12/8
	203225-18	3-6 yrs.	F	1:00-1:30p	FN	11/11-12/23	1-3	\$79/\$99	9/6
	203225-19	3-6 yrs.	Sa	10:35-11:05a	FN	11/5-12/17	1-3	\$79/\$99	12/8
	203225-20	3-6 yrs.	Sa	2:40-3:10p	FN	11/5-12/17	1-3	\$79/\$99	20/10
Little Swimmers	*203245-07	3-6 yrs.	M	2:20-2:50p	FN	11/7-12/19	1-3	\$154/\$193	3/2
Private Lessons	*203245-08	3-6 yrs.	Tu	5:50-6:20p	FN	11/8-12/20	1-3	\$154/\$193	4/2
	203245-09	3-6 yrs.	F	1:40-2:10p	FN	11/11-12/23	1-3	\$132/\$165	3/2
	203245-10	3-6 yrs.	F	5:50-6:20p	FN	11/11-12/23	1-3	\$132/\$165	3/2
	203245-11	3-6 yrs.	Th	6:05-6:35p	FN	11/10-12/22	1-3	\$132/\$165	4/3
	203245-12	3-6 yrs.	Sa	9:55-10:25a	FN	11/5-12/17	1-3	\$132/\$165	5/2
Learn to Swim	+203330-18	5-16 yrs.	Su	2:10-2:55p	W	11/6-12/18	1-7	\$79/\$99	40/30
	203330-19	5-16 yrs.	Su	2:10-2:55p	FN	11/6-12/18	1-2	\$79/\$99	20/16
	203330-20	5-16 yrs.	Su	3:05-3:50p	FN	11/6-12/18	3-4	\$79/\$99	20/16
	203330-21	5-16 yrs.	Su	4:00-4:45p	FN	11/6-12/18	5-7	\$79/\$99	20/16
	*203330-22	5-16 yrs.	M	5:10-5:55p	FN	11/7-12/19	1-2	\$90/\$113	20/16
	*203330-23	5-16 yrs.	M	6:05-6:50p	FN	11/7-12/19	3-4	\$90/\$113	20/16
	*203330-24	5-16 yrs.	M	7:00-7:45p	FN	11/7-12/19	5-7	\$90/\$113	20/16
	*203330-25	5-16 yrs.	Tu	7:10-7:55p	FN	11/8-12/20	3-4	\$90/\$113	20/16
	203330-26	5-16 yrs.	W	4:30-5:15p	FN	11/9-12/21	3-4	\$79/\$99	20/16
	203330-27	5-16 yrs.	W	5:25-6:10p	FN	11/9-12/21	1-2	\$79/\$99	20/16
	203330-28	5-16 yrs.	Th	4:30-5:15p	FN	11/10-12/22	3-4	\$79/\$99	20/16
	203330-29	5-16 yrs.	Th	7:25-8:10p	FN	11/10-12/22	5-7	\$79/\$99	20/16
	203330-30	5-16 yrs.	Sa	11:15a-12:00p	FN	11/5-12/17	1-2	\$79/\$99	20/16
	203330-31	5-16 yrs.	Sa	12:10-12:55p	FN	11/5-12/17	3-4	\$79/\$99	20/16
	203330-32	5-16 yrs.	Sa	1:45-2:30p	FN	11/5-12/17	1-2	\$79/\$99	20/16
	+203330-33	5-16 yrs.	Sa	11:00-11:45a	W	11/5-12/17	1-7	\$79/\$99	40/30
	+203330-34	5-16 yrs.	Sa	2:00-2:45p	W	11/5-12/17	1-7	\$79/\$99	40/30
Learn to Swim	+203350-07	5-16 yrs.	Su	3:45-4:15p	W	11/6-12/18	1-7	\$132/\$165	8/6
Private Lessons	*203350-08	5-16 yrs.	M	4:30-5:00p	FN	11/7-12/19	3-4	\$154/\$193	5/3
	*203350-09	5-16 yrs.	Tu	6:30-7:00p	FN	11/8-12/20	1-2	\$154/\$193	4/2
	203350-10	5-16 yrs.	W	7:00-7:30p	FN	11/9-12/21	1-2	\$132/\$165	4/2
	203350-11	5-16 yrs.	Th	6:45-7:15p	FN	11/10-12/22	1-2	\$132/\$165	4/2
	203350-12	5-16 yrs.	Sa	1:05-1:35p	FN	11/5-12/17	3-4	\$132/\$165	4/2
Learn to Swim	203360-10	5-16 yrs.	Su	10:40-11:10a	FN	11/6-12/18	1-2	\$110/\$138	10/5
Semi-Private	+203360-11	5-16 yrs.	Su	3:05-3:35p	W	11/6-12/18	1-7	\$110/\$138	15/6
	*203360-12	5-16 yrs.	Tu	4:30-5:00p	FN	11/8-12/20	1-2	\$128/\$160	10/5
	203360-13	5-16 yrs.	F	4:30-5:00p	FN	11/11-12/23	3-4	\$110/\$138	6/4
	203360-14	5-16 yrs.	F	5:10-5:40p	FN	11/11-12/23	5-7	\$110/\$138	6/4
	203360-15	5-16 yrs.	Sa	9:15-9:45a	FN	11/5-12/17	1-2	\$110/\$138	8/6
	+203360-16	5-16 yrs.	Sa	11:55a-12:25p	W	11/5-12/17	1-7	\$110/\$138	15/6
	+203360-17	5-16 yrs.	Sa	12:35-1:05p	W	11/5-12/17	1-7	\$110/\$138	15/6
	+203360-18	5-16 yrs.	Sa	1:15-1:45p	W	11/5-12/17	1-7	\$110/\$138	15/6
Swim Instructor	203475-06	12-14 yrs.	Su	2:00-4:00p	FN	11/13-12/18	N/A	\$13/\$15	2/1
Internship	203475-07	12-14 yrs.	M	4:15-6:00p	FN	11/14-12/19	N/A	\$13/\$15	2/1
	203475-08	12-14 yrs.	W	4:15-6:15p	FN	11/16-12/21	N/A	\$13/\$15	2/1
	203475-09	12-14 yrs.	Th	4:15-6:00p	FN	11/17-12/22	N/A	\$13/\$15	2/1
	203475-10	12-14 yrs.	Sa	11:15a-1:00p	FN	11/12-12/17	N/A	\$13/\$15	2/1
Adult Swim	*203685-03	16 yrs & up	M	8:00-8:45p	FN	11/7-12/19	N/A	\$90/\$113	10/4
Lessons	203685-04	16 yrs & up	Th	8:15-9:00p	FN	11/10-12/22	N/A	\$79/\$99	10/4
Adult Private Lessons	203865-02	16 yrs & up	W	7:40-8:10p	FN	11/9-12/21	N/A	\$132/\$165	5/3
Swim-Stroke Clinic	+203380-02	8-14 yrs.	Su	4:25-5:25p	W	11/6-12/18	N/A	\$91/\$114	20/10

FN=FitNation W=Warren O'Plaine Campus ~ Classes: 6 (Swim Intern: 5); \*No class: 11/23-11/27 ~ +District 121 rates

# updates from the Park District

## GPD Takes First Place in International / Love Dance Competition

Gurnee Park District's Above the Barre (ATB) Dance Team took first, second and third place in international / Love Dance competition in April.

"It has only been three years that our Above the Barre performing group has been competing together. It is amazing how far they have grown with their technique within that time frame," stated Gurnee Park District Performing Arts Coordinator, Kris Norwood.

During the two day competition, there were approximately 350 entries. "This is very competitive compared to past years," explained Beckie Korzyniewski, Viking Park Facility Manager for Gurnee Park District.

/ Love Dance produces dance festivals, competitions and conventions throughout the United States, Canada and Australia.

ATB is Gurnee Park District's performing group. Students are exposed to several styles of technique. They have the opportunity to perform two to three throughout the year, and they are entered into one competition.

This year, ATB Jr. student, Melina Reimer took first place in her lyrical solo. The Jr. ATB team took 3rd place in tap and third place in song and dance. ATB Sr. Student, Carmella Dellaperuta took second in ballet solo, and Sarah Syverud, ATB Sr. Student, took first place in lyrical solo and second in student choreography.

"Jenny Miller and Sam Murphy are extremely talented choreographers and teachers. Gurnee Park District is fortunate to have them as our lead teachers for ATB. I can't wait to see what the future will hold for these talented dancers," stated Norwood.



ATB Competition: (above, top left to top right) Sarah Syverud, Carmella Dellaperuta, Rachel Syverud, Jennifer Granata (bottom left to bottom right) Ella Doig, Megan Kampf, Emily Cretors, Ariana Reimer



ATB Competition: (above) Sarah Syverud



ATB Competition: (bottom left) Instructor, Jenny Miller (left to right) Josephine Byers, Sara Kachurik, Melina Reimer, Julia Reakes, Anna Kircher, Mollie Gibbons. Not pictured, but also competed: Allison Kolber. Not pictured, but a member of the Jr. ATB Team: Katie Wolf



## Gurnee Park District Receives \$1,000 Power!Play Grant to Support FitNation's FitKids Program

Gurnee Park District won \$1,000 Power! Play Grant to enhance FitNation's FitKids program. The Power! Play Beyond School Grant Program involves implementing a model program that focuses on health, nutrition and fitness for children in grades kindergarten through 12th grade.

Pat Bodame, Fitness Services Supervisor, explained, "We plan to use the funds to buy new equipment for our FitKids program. We want the program to continue to grow with quality, up-to-date equipment for all the kids to use."

FitKids is specially developed for 8-11 year olds to have a safe, fun and challenging exercise program. FitKids compliments FitNation's childcare add-on and provides kids with an age appropriate and active fitness opportunity. These unlimited, drop-in programs range from Zumba to Yoga classes. "Kids will now get to experience all the same, fun classes that their parents experience," stated Bodame.



At Gurnee Park District, our goal is for fitness to be fun, safe and accessible to all ages. FitNation is taking the lead in the community by not only positively impacting the adults of Gurnee, but the entire family.

"FitKids was something I knew our facility needed and wanted. I realize childhood obesity is a serious problem, and this was a great way to get kids active and moving. We want the program to be fun, so children learn the many benefits of creating an active lifestyle at a young age. We hope to see the program continue to grow and be able to provide more class options as it expands," explained Bodame.

### Did you know...

If you are a part of a home owner association, Gurnee Park District offers several free amenities to association events held on our park grounds. A request can be placed for a 20 x 30 foot tent, 10 picnic tables, six trash receptacles and a portable charcoal grill. To learn more and to reserve your date, contact our Rental and Scheduling Coordinator, Lori Friedl, at 847-599-3760 or [lfriedl@gurneeparkdistrict.com](mailto:lfriedl@gurneeparkdistrict.com).

## Gurnee Park District Annual Tree Dedication Sunday, October 2 at 1:00p

Each year, Gurnee Park District dedicates and plants trees in its parks in honor of and in memory of special individuals, couples and groups. A tree is a wonderful way to remember someone you love, as a birthday, anniversary or graduation gift. Each tree is marked with an in ground plaque. Call today about dedicating a tree at 847-623-7788. More information about this program go to [gurneeparkdistrict.com/tree-dedication-program](http://gurneeparkdistrict.com/tree-dedication-program).



**Trees must be purchased by August 1, 2016.**

## Sponsorships and Partnerships

Are you looking for creative ways to reach your target audience and maximize your marketing dollars?

Gurnee Park District offers many sponsorship opportunities for our events throughout the year that are perfect for your business and can be customized to meet your needs.

### In-Kind Donations

This includes gift certificates for services or goods and are accepted for a variety of events.

Gurnee Park District is proud of the strong partnerships we hold with local businesses.

**For more information, contact Liz Gnippe at 847-599-3785 or [lgnippe@gurneeparkdistrict.com](mailto:lgnippe@gurneeparkdistrict.com).**



# GO GURNEE

Have you heard about **GO GURNEE**? This community fitness movement, started in May and is designed to promote community values of health and wellness through education, service, spirit and innovation.

The movement was inspired by the U.S. Surgeon General, Dr. Vivek H. Murthy, that encourages our community to walk, bike or exercise at least 30 minutes each day.



**Yoga in the Park**

Friday August 26 • 9:00-10:00a  
**Esper Petersen Park**  
 (Grand and Kilbourne Road, Gurnee)

Free, All Ages, Child Friendly Class  
 Bring a towel or mat.

## Gurnee Days Goes for the Gold



**Saturday, August 13, 7:30a**

Pre-registration ends August 5. Runners can pick up their T-shirt and race number on Thursday, August 11 at Hunt Club Park Community Center from 10:00a-12:00p and 4:00-6:00p.

Location: Warren H.S.-O'Plaine, 500 N. O'Plaine Rd., Gurnee  
 Day: Saturday  
 Age: All ages welcome.

RACE	ID#	Age	TIME	Pre-Reg	Race Day
10K	116913-01	18 yrs. & up	7:30a	\$22	\$30
10K	116913-02	17 yrs. & under	7:30a	\$19	\$25
2 Mile Run	116913-03	18 yrs. & up	7:30a	\$17	\$25
2 Mile Run	116913-04	17 yrs. & under	7:30a	\$15	\$20
2 Mile Walk	116913-05	All	7:30a	\$10	\$15

Races are held rain or shine - no refunds will be issued.

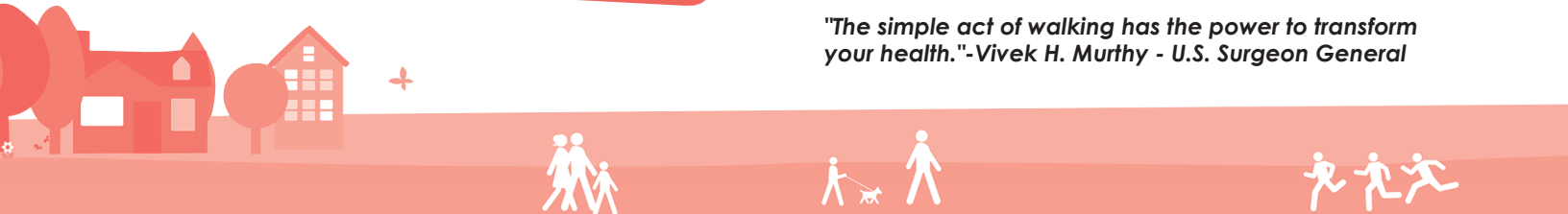
Sponsored by:



**Turkey Day Bootcamp**  
 Thursday, November 24  
 7:30-9:00a **FREE!**  
 Hunt Club Park Community Center



"The simple act of walking has the power to transform your health."-Vivek H. Murthy - U.S. Surgeon General





**FREE Summer Bootcamp**  
 Wednesdays 6:30-7:30 pm  
 12 yrs. - Adult  
 Now through August 31  
 Betty Russell Community Park

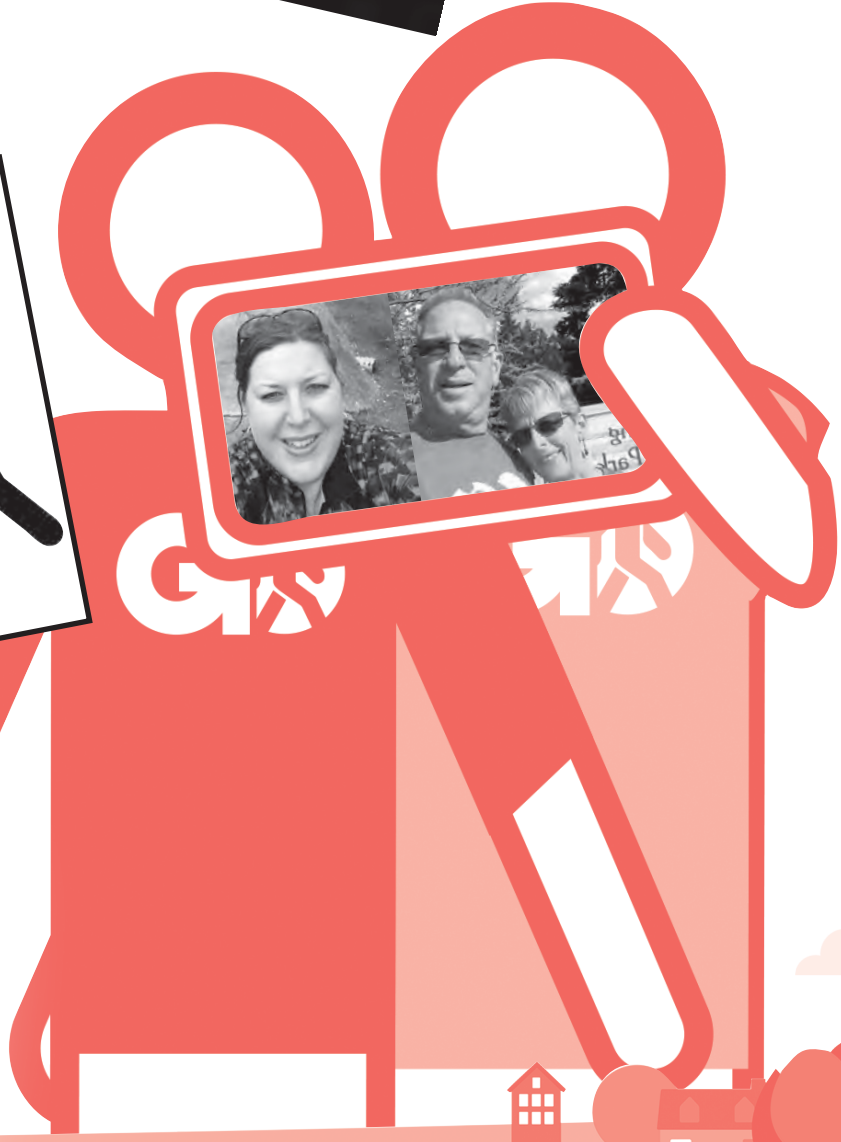
Wear comfortable clothes,  
 bring a water bottle and towel.  
 Bootcamp will be canceled in the  
 event of inclement weather.

GURNEE DAYS  
**ZUMBA®**  
**PARTY 2016**  
 FREE! SUNDAY, AUGUST 14, 9-10A  
 VIKING PARK BAND SHELL

**Stories & Strollers**  
 Saturday, September 10, 2:00p  
 Recommended ages: 1-6 yrs.  
 Hunt Club Park

- Story Walk and Story time with Warren Newport Library
- Face/Painting
- Crafts
- Fun for the family
- Bookmobile will be on site.

Parents must accompany children.







# special events

ESPER PETERSEN PARK - GRAND & KILBOURNE RD. - GURNEE

2016 Gurnee Park District  
**FARMERS MARKET**

FRUITS - FLOWERS EST. 2000 PLANTS - VEGGIES

Free to the public

**EVERY FRIDAY**  
 June 10 - September 30  
 8AM - 1PM

Sponsored by  
 Gurnee Park District  
 CHECK OUR WEBSITE FOR WEEKLY EVENTS & ENTERTAINMENT

**KNAUZ**  
 82 YEARS  
 www.KNAUZ.com

**GO GURNEE**  
**FIT Nation**  
 BE FIT. BE HEALTHY.  
 GURNEEPARKDISTRICT.COM

**Fitness Events located on pages 11, and 36-37!**



**FREE!**  
 6:00-8:00p  
 Friday  
 September 16  
 Hunt Club  
 Parking Lot

See vehicles from Gurnee Park District, Gurnee Public Works, Gurnee Police Department, Gurnee Fire Department, Warren Township, Warren Newport Public Library, Wildwood Towing, Burris Equipment and many more! (BK)

Sponsored by:



## Gurnee Park District Family Theatre

Tickets on sale beginning October 10.  
 Also available for purchase at the door. (BK)

11/19 & 11/20  
 (2:00p & 5:00p)  
 Viking Park  
 Dance Hall  
**Tickets: \$5**  
 children 3 &  
 under are free

The Story of  
**Hansel and Gretel**

★ ADMIT ONE ★





**PARENTS NIGHT OUT**  
Gurnee Park District

Children will spend a fun evening engaging in age-appropriate activities, games, crafts and other amenities within the Community Center. Pizza and juice will be available for dinner. Children six years and older can also enjoy the climbing wall. (BK)

**Hunt Club Park Community Center**  
**\$12 Res / \$15 Non-Res**  
**Max/Min: 100/25 (\*15/6)**

**Saturday** ID# \*216907-01 · 12 mos.-3 yrs. · 5:00-8:00p  
**September 24** ID# 216907-02 · 4-11 yrs. · 5:00-9:00p

**Saturday** ID# \*216907-03 · 12 mos.-3 yrs. · 5:00-8:00p  
**October 8** ID# 216907-04 · 4-11 yrs. · 5:00-9:00p

**Saturday** ID# \*216907-05 · 12 mos.-3 yrs. · 5:00-8:00p  
**October 22** ID# 216907-06 · 4-11 yrs. · 5:00-9:00p

**Saturday** ID# \*216907-07 · 12 mos.-3 yrs. · 5:00-8:00p  
**November 19** ID# 216907-08 · 4-11 yrs. · 5:00-9:00p

**Saturday** ID# \*216907-09 · 12 mos.-3 yrs. · 5:00-8:00p  
**December 17** ID# 216907-10 · 4-11 yrs. · 5:00-9:00p

### HALLOWEEN FESTIVE HOUSE CONTEST

**Wednesday, October 26 ♦ ID#216913-01 ♦ FREE!**

Show your spirit by entering our Halloween House Decorating Contest. Use lights, sound, live actors, animation and LOTS of imagination to decorate your own home. Remember, more is not necessarily better. Pre-registration is required (open to Gurnee residents only). (BK)

The winner will receive an award for the Best House in Gurnee! Judging starts at 4:00p, Wednesday, October 26. All entries MUST register before Wednesday, October 26. Winners will be announced Thursday, October 27.



## Pumpkin Plunge

FitNation Pool

**Saturday, October 29th, 3:30-6:00p**

**Bobbing Times:**

ID# 203999-01 • 2-4 yrs: 3:45p  
ID# 203999-02 • 5-7 yrs: 4:15p  
ID# 203999-03 • 8-10 yrs: 4:45p  
ID# 203999-04 • 11-13 yrs: 5:15p

**\$7 (per child) parents and children 2 years and younger are free**

Come join us at FitNation for an Aquatic Trick or Treat! Children will collect floating pumpkins then stay for a swim or enjoy a Halloween craft. Bobbing takes place promptly at the times listed for each age group; so don't be late! (KM)

\*Proper swimwear required

\*Parents must be in the water with children 8 years of age and under.

**Pre-registration is required.**

## Halloween Trick or Treat Path

**Saturday, October 15 ~ Viking Park ~ Ages 1-6 yrs.**

**1:00-3:00p Fee: \$5 at the door**

Trick or treat through Viking Park with nearly 50 of your favorite friendly characters. Walk from 'house to house' and get treats from Elmo, Winnie the Pooh & friends, Teenage Mutant Ninja Turtles, Mickey & Minnie, your favorite princesses and more!  
Pay-at-the-door only-\$5.00 per child. (BK)

**The last walk through will begin at 3:00p.**  
**No Pre-Registration online!**

*Note: Parents must attend but do not pay. This event is held outdoors - please dress for the weather. In the event of inclement weather the event will be canceled. Call 847-599-3774 for updates.*

Sponsored by:





NEW!

# Light Up! House Contest



## Monday, December 19 ♦ FREE!

Bring out the lights for our Christmas Decorating Contest. Use lights, sound, live actors, animation and LOTS of imagination to decorate your own home. Remember, more is not necessarily better. (BK)

*Pre-registration is required (Gurnee residents only).*

The winner will receive an award for the Best House in Gurnee! All entries MUST register before Monday, December 19 when judging starts at 4:00p. Winners will be announced Tuesday, December 20.

# Dear Santa . . .



Santa's elves will be collecting mail at the Gurnee Park District! Email Santa at [santa@gurneeparkdistrict.com](mailto:santa@gurneeparkdistrict.com) or use our "Letter to Santa" form, which will be available at our registration desks beginning November 28. Santa will return all e-mails and letters with an email! (BK)

Bring your letter to either community center or send your e-mail with your full name and address by **December 12** so Santa has plenty of time to reply during his busiest time of the year.

# Breakfast with Santa

Saturday • December 10 • Viking Park Dance Hall

8:30-9:30a • ID# 216901-01 or 10:15-11:15a • ID# 216901-02

**\$8 Res / \$10 Non-Res**

Max/Min: 145/75

*Fee is per person. All attendees must register & pay. Children 12 months & under are free.*

Santa Claus is coming to Gurnee! Enjoy pancakes, sausage and Canadian bacon with your family at our annual holiday breakfast. Visit with Santa, share your holiday wishes and take home a special gift. Don't forget to bring your camera to capture the unforgettable holiday memories! (BK)

*Special thanks to our Board of Commissioners for making breakfast!*

*High chairs are not available. Child 12 months and under may attend, but do not need to register.*



# Viking Park Singers Annual Holiday Concert

Sunday • December 4 • 3:00p

Viking Park Dance Hall

**\$7 Adult**

**\$4 Student (6-17 yrs.)**  
(children under 5 are free)

Enjoy songs of the season.  
Refreshments served after the performance.

Tickets may be purchased from any Viking Park Singers Chorus member, at either Community Center or at the door. For more information call 847-623-7788. (BK)

Viking Park Singers is a Community Chorus sponsored by the Gurnee Park District.



VILLAGE OF GURNEE CHAMBER OF COMMERCE PRESENTS

# WARREN TOWNSHIP HIGH SCHOOL 100 YEAR CELEBRATION

AT SIX FLAGS GREAT AMERICA  
EXCLUSIVE COMMUNITY EVENT

SATURDAY, SEPTEMBER 17, 2016  
9:00AM-4:00PM

**NEW 2016!**



**VIRTUAL REALITY**



YOUR PRICE **ONLY \$35**

SAVE OVER 50%

**\$5** FROM EACH TICKET

WILL GO TO THE  
WARREN TOWNSHIP HIGH SCHOOL

**BUY NOW**

- 1 GO TO [SIXFLAGS.COM/GREATAMERICA](http://SIXFLAGS.COM/GREATAMERICA)
- 2 ENTER PROMO CODE: **WTHS100**
- 3 PURCHASE & PRINT TICKETS

OR

ORDER TICKETS ON YOUR MOBILE DEVICE

SEASON PASSES ARE NOT ACCEPTED FOR THIS EVENT



QUESTIONS? CALL (847)249-1952





# martial arts

Karate classes are held at FitNation, 1655 Nation Drive, Gurnee. 847-359-0666. These classes are contracted by Illinois Shotokan Karate instructors trained by former U.S. team member and four-time National Champion, John DiPasquale.

Little Dragons, Tae Kwon Do and Hapkido are taught at Equa Do Martial Arts Studio, 1810 B Delany, Gurnee. These classes are contracted through Equa Do Martial Arts. Lessons are taught by certified Independent TKD Association instructors. Saturday Hapkido is taught at FitNation on Nations Drive.

Judo classes are held at Gurnee Judo Club, 4411 Old Grand Avenue, Gurnee.

For all martial arts classes, students must be the appropriate age by the start date of the program.



## Illinois Shotokan Karate (ISKC)

### Karate

This program offers strength training with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

Missed the registration deadline for Karate? Beginner ISKC students can register and join up to two weeks after the session has begun. Registration for continuing students will be accepted for the full class fee until the class is full.

Uniforms and belt-testing are options available through the ISKC instructor.

**Youth and adults train together.** (RD)

## Gurnee Judo Club

### Judo

Perfect your strength and coordination in this Olympic and Paralympic grappling sport. Judo is an excellent cross-training activity for wrestlers. Classes are taught by USA Judo certified coaches. **Note: An English and Spanish bilingual instructor is available.** (RD)

## Equa Do Martial Arts

Each additional family member signing up for the same Equa Do class (up to three) will receive a \$10 discount for each additional person.

### Little Dragons

Develop confidence and self-defense techniques through games and practical exercises designed for our youngest Tae Kwon Do students. (RD)

### Little Dragon Levels:

Beginner (White Stripe)  
Continuing Beginners (Yellow-Purple Stripe)  
Advanced (Blue-Red Stripe)

### Tae Kwon Do

Acquire confidence and self-esteem by learning the art of mind-body control and self-defense. Traditional execution of form is taught alongside sparring skills. (RD)

### Hapkido

Find out how to redirect your opponent's energy and use it against them with minimal force during this self-defense program. (RD)

 **Aurora Children's Health**

For your life.

**Soniya Shah, DO**  
**Jackie Stark, CPNP**

7505 W. Grand Ave., Gurnee, IL  
847-245-8448

[www.aurora.org](http://www.aurora.org)

Aurora Children's Health is the proud sponsor of the Halloween Trick or Treat Path. See page 39!

## Monday Classes

CLASS NAME	ID#	AGE	DATE	CLASSES	TIME	SITE	FEE (R/NR)
Karate (White - Red Belts)	213901-01	7 yrs. & up	9/12-12/12	14	4:30-5:25p	FN	\$137/\$171
Karate (Orange - Blue Belts)	213901-02	7 yrs. & up	9/12-12/12	14	5:30-6:25p	FN	\$137/\$171
Karate (Green - Purple Belt)	213901-03	7 yrs. & up	9/12-12/12	14	6:30-7:25p	FN	\$137/\$171
Karate (Brown - Black Belt)	213901-04	7 yrs. & up	9/12-12/12	14	7:30-9:00p	FN	\$175/\$219

## Tuesday Classes

Little Dragons (Beg.-Whit. Stripe)	213902-01	5-7 yrs.	9/13-11/29	12	5:30-6:10p	ED	\$120/\$120
Little Dragons (Yellow - Green)	213902-02	5-7 yrs.	9/13-11/29	12	6:15-6:55p	ED	\$120/\$120
TKD (White-Red/Black)	213903-02	8 yrs. & up	9/13-11/29	12	7:00-7:55p	ED	\$144/\$144
Hapkido	213905-01	13 yrs. & up	9/13-11/29	12	7:00-8:00p	ED	\$144/\$144

## Wednesday Classes

Little Dragons (Yellow - Purple)	213902-03	5-7 yrs.	9/14-11/30	12	5:30-6:10p	ED	\$120/\$120
Little Dragons (Blue - Red)	213902-04	5-7 yrs.	9/14-11/30	12	6:15-6:55p	ED	\$120/\$120
Hapkido	213905-02	13 yrs. & up	9/14-11/30	12	7:00-8:00p	ED	\$144/\$144
TKD (White-Red/Black)	213903-03	8 yrs. & up	9/14-11/30	12	7:00-7:55p	ED	\$144/\$144

## Thursday Classes

Karate (Beg.-Novice: All Belts)	213901-05	4-7 yrs.	9/8-12/15	14	4:30-5:15p	FN	\$137/\$171
Karate (White - Yellow Belts)	213901-06	7 yrs. & up	9/8-12/15	14	5:20-6:15p	FN	\$137/\$171
Karate (Blue - Green Belt)	213901-07	7 yrs. & up	9/8-12/15	14	6:20-7:15p	FN	\$137/\$171
Karate (Purple Belt)	213901-08	7 yrs. & up	9/8-12/15	14	7:20-8:20p	FN	\$137/\$171
Karate (Brown - Black Belt)	213901-09	7 yrs. & up	9/8-12/15	14	7:20-8:50p	FN	\$175/\$219
Hapkido	213905-03	13 yrs. & up	9/15-12/8	12	7:00-8:00p	ED	\$144/\$144
TKD (White-Red/Black)	213903-04	8 yrs. & up	9/15-12/8	12	7:00-7:55p	ED	\$144/\$144

## Friday Classes

Pre-Karate (Beg./Continuer)	213901-10	4-7 yrs.	9/9-12/16	14	4:30-5:15p	FN	\$137/\$171
Pre-Karate (Novice)	213901-11	4-7 yrs.	9/9-12/16	14	5:15-6:00p	FN	\$137/\$171
Karate (White - Red Belts)	213901-12	7 yrs. & up	9/9-12/16	14	6:00-6:55p	FN	\$137/\$171
Karate (Orange - Green Belts)	213901-13	7 yrs. & up	9/9-12/16	14	7:00-7:55p	FN	\$137/\$171
Karate (Purple Belt & Up)	213901-14	7 yrs. & up	9/9-12/16	14	8:00-8:55p	FN	\$137/\$171
TKD (Beginner)	213903-01	8 yrs. & up	9/16-12/9	12	6:00-6:55p	ED	\$144/\$144
TKD (White-Red/Black)	213903-05	8 yrs. & up	9/16-12/9	12	7:00-7:55p	ED	\$144/\$144

## Saturday Classes

Little Dragons (All Levels)	213902-05	5-7 yrs.	9/17-12/10	12	10:15-10:55a	FN	\$120/\$150
Hapkido	213905-04	13 yrs. & up	9/17-12/10	12	11:00a-12:00p	FN	\$144/\$180
Judo	213908-01	7 yrs. & up	9/10-10/22	7	10:00-11:00a	GJ	\$80/\$80
Judo	213908-02	7 yrs. & up	10/29-12/17	7	10:00-11:00a	GJ	\$80/\$80

**Location Key:** FN = FitNation ED = Equa Do Martial Arts,  
GJ = Gurnee Judo

**Max/Min:** Karate: 45/10; Hapkido: 25/10; Tae Kwon Do: 25/10;  
Little Dragons: 25/10; Judo: 30/10

**No Class:** 11/24-11/26



## Brave Way

Learn to anticipate and avoid potentially dangerous situations and discover how to defend yourself from a physical attacker. You'll work with a partner to learn techniques against (un)armed, single and multiple aggressors. This is one of the easiest and most effective self-defense classes! **Contracted through Mike Theriault. (RD)**

Location: FitNation or Hunt Club  
Community Center

Max/Min: 12/4

Classes: 1

Day: Monday

Age: 8 yrs. & up

ID#	DATE	LOC.	TIME	FEE (R/NR)
213907-01	9/19	HC	6:45-8:45p	\$29/\$36
213907-02	10/10	FN	10:30a-12:30p	\$29/\$36
213907-03	11/21	HC	6:45-8:45p	\$29/\$36



GURNEE PARK DISTRICT PRESENTS

# MONTHLY MIXERS

## 55 YRS AND UP

### Monthly Mixers

Join your friends for our popular monthly luncheons. Enjoy a catered meal and professional entertainment, but register early as space is limited. The Park District wishes to thank our sponsors for making our luncheons possible! (BK)

Location: Viking Park Community Center  
Age: 55 yrs. & up

ID#	DAY	DATE	TIME	FEE
202835-01	Tu	9/20	11:30a-1:00p	\$7
202835-02	Tu	10/4	11:30a-1:00p	\$7
202835-03	Tu	11/15	11:30a-1:00p	\$7
202835-04	Tu	12/6	11:30a-1:00p	\$7




**September 20 (ID# 202835-01)**



**SUNRISE**  
SENIOR LIVING  
500 N. Hunt Club Road  
Gurnee, IL 60031 • (847) 856-8100

**October 4 (ID# 202835-02)**



**Heritage Woods**  
of Gurnee  
*Affordable assisted lifestyle community for adults 65 and older of all incomes*  
3775 Grand Ave, Gurnee • (847) 623-6300

**November 15 (ID# 202835-03)**

**Barbara J. Swanson**  
Attorney at Law  
Real Estate • Wills & Trusts • Probate  
Adoptions • General Practice  
(847) 244-8545  
4473 Old Grand Avenue • Gurnee, IL 60031

**December 6 (ID# 202835-04)**



**NorthShore**  
University HealthSystem  
[www.northshore.org](http://www.northshore.org)





## Painting: Beginner – Advanced

This class, for beginner - advanced artists, introduces composition, color theory and techniques needed to successfully complete a painting. Individual instruction will be given. Enjoy the excitement of filling your walls with your own original artwork. Students will need to supply their own painting supplies. Contact Sallie Roniss (the instructor) if you have any questions pertaining to this program, 847-548-0528. **Instructed by Sallie Roniss.** (RD)



Location: Hunt Club Park Community Center  
 Max/Min: 12/6  
 Classes: 7  
 Age: 16 yrs. & up

ID#	DATE	DAY	TIME	FEE (R/NR)
209601-01	9/13-10/25	Tu	12:30-3:30p	\$87/\$109
209601-02	9/13-10/25	Tu	6:30-8:30p	\$59/\$74
209601-03	11/1-12/13	Tu	12:30-3:30p	\$87/\$109
209601-04	11/1-12/13	Tu	6:30-8:30p	\$59/\$74



## Guitar FUN-damentals

There is a one time book fee of \$15.95 for Private Lessons due at the first class, payable to Guitar FUN-damentals. The book includes a play-a-long CD and is non-refundable. You need to provide a guitar. Guitars are available to rent at \$5 per week. Rental fees are non-refundable. Contact Sabrina Hinkens at 847-599-3746 if you would like to rent a guitar. Electric guitars welcome (bring your own practice amp). **Contracted by Guitar FUN-damentals.** (SH)

## Private Guitar Lessons

Students will learn parts of the guitar, notes on the fret board, how to tune their guitar as well as learning how to play and strum chords and scales, which are all the essentials to playing along with songs or jamming with friends.

Location: Hunt Club Park Community Center  
 Max/Min: 4/2  
 Classes: 8  
 Age: 18 yrs. & up

ID#	DATE	DAY	*TIME	FEE (R/NR)
218414-01	8/30-10/18	Tu	TBD	\$217/\$271
218414-02	10/25-12/13	Tu	TBD	\$217/\$271

\*Instructor will contact participants to schedule lessons one week prior to the class start date. Private lessons are 30 minutes and will take place on Tuesdays later afternoon/evening.

## Ballroom Dance

Discover the wonderful world of ballroom dancing. Learn to lead or follow as you practice the basics and variations of the Fox Trot and Waltz. Requests are honored if time permits. Singles welcome. **Instructed by Jan Keller.** (RD)

Location: Viking Park Community Center  
 Max/Min: 20/12  
 Classes: 3  
 Age: 19 yrs. & up

ID#	DATE	DAY	TIME	*FEE (R/NR)
202721-01	9/28-10/12	W	7:15-8:30p	\$28/\$35

\*fee is per person

## Latin & Swing

Learn to dance the Cha Cha, Tango and Rhumba, plus Swing. Have fun learning new dances and get a great workout too. Requests are honored if time permits. Singles welcome. **Instructed by Jan Keller.** (RD)

Location: Viking Park Community Center  
 Max/Min: 20/12  
 Classes: 3  
 Age: 19 yrs. & up

ID#	DATE	DAY	TIME	*FEE (R/NR)
202722-01	10/19-11/2	W	7:15-8:30p	\$28/\$35

\*fee is per person

## Happy Holi-Dance

Gain the confidence to dance like a star in this class. Focused on holiday dinner dance events, this class will teach the basics of Ballroom, Swing and Latin dance. Singles welcome. Requests will be honored if time permits. **Instructed by Jan Keller.** (RD)

Location: Viking Park Community Center  
 Max/Min: 20/12  
 Classes: 3  
 No Class: 11/23  
 Age: 19 yrs. & up

ID#	DATE	DAY	TIME	*FEE (R/NR)
202723-01	11/9-11/30	W	7:15-8:30p	\$28/\$35

\*fee is per person



GO GURNEE Walk with Bethel Lutheran Church.



### Viking Park Singers

The Viking Park Singers is a community chorus of adults who enjoy singing a varied repertoire, having fun by sharing their love of music, and performing throughout Lake County. Founded in 1989, the chorus continues to evolve - new singers, new repertoire, new performance venues - all adding to their established choral tradition. Under the direction of Rita Byrd, the chorus welcomes interested newcomers to start with the chorus at the beginning of each program session. If you've had previous choral experience and are looking for a great group of enthusiastic singers to perform with, the Viking Park Singers invite you to join them! The chorus presents a Holiday Concert and a Summer Concert, hosts an annual fundraiser - Italian Fest - and performs for community events. **If you're looking for entertainment for your next event, or for more information, please contact Rita Byrd at 847-599-5466, or at rbyrd@gurneeparkdistrict.com.** See you at rehearsal! (BK)

Location: Viking Park Community Center  
Max/Min: 100/20  
Day: Tuesday  
Age: 18 yrs. & up

ID#	DATE	TIME	FEE
502730-01	9/6-7/11	7:30-9:30p	\$95
502730-02	9/6-12/6	7:30-9:30p	\$41

Knauz is the proud sponsor of this year's Farmers' Market, Breakfast with Santa and Trick or Treat Path.

### NEW HIKING PROGRAMS!

#### Glacial Park Hiking Trip

Glacial Park in Ringwood, Glacial Park is McHenry County Conservation District's most treasured open space, which is characterized by its rolling prairie, delta kames, oak savanna and the tranquil presence of the meandering Nippersink Creek. Encompassing over 3,400 acres, Glacial Park contains over 400 acres of dedicated nature preserve; harbors 40 state endangered and threatened plant and animal species; is listed as one of the top five areas to view migratory wetland birds in the region, and is a part of the Hackmatack National Wildlife Refuge. Fee includes round-trip transportation in a park district van/bus from Hunt Club Park Community Center, and is led by your guide Tony Filippo (retired outdoor education teacher). A cooler with ice will be provided for those who would like to bring a sandwich/snack and water. (RD)

Location: Hunt Club Park Community Center  
Max/Min: 24/10  
Classes: 1  
Age: 21 yrs. & up

ID#	DATE	DAY	TIME	*FEE (R/NR)
202724-01	9/24	Sa	8:30a-12:30p	\$20/\$25

The group will meet in the lobby of Hunt Club Park Community Center, 920 N. Hunt Club Rd., Gurnee, at 8:15a.

#### Nordic Hiking Trail Hiking Trip

Nordic Hiking Trail, on County Highway H south of the Village of Palmyra, Wisconsin provides hiking through a variety of vegetation, hardwoods, pine plantations, open meadows, and Kettle Moraine terrain. The hike planned for this trip is the Green Loop, approximately 3.66 miles. After the hike, before heading home, there will be a quick side trip to the LaGrange General Store where you may purchase a warm cup of soup or sandwich. Fee includes round-trip transportation in a park district van/bus from Hunt Club Park Community Center, access fee to Kettle Moraine State Forest and is led by your guide Tony Filippo (retired outdoor education teacher). A cooler with ice will be provided for those who would like to bring a sandwich/snack and water. (RD)

Location: Hunt Club Park Community Center  
Max/Min: 24/10  
Classes: 1  
Age: 21 yrs. & up

ID#	DATE	DAY	TIME	*FEE (R/NR)
202725-01	10/23	Su	8:30a-1:30p	\$25/\$31

The group will meet in the lobby of Hunt Club Park Community Center, 920 N. Hunt Club Rd., Gurnee, at 8:15a.





## Adult Tennis Lesson

Gurnee Park District offers several levels of adult instructional tennis programs; choose the program that fits your skill level. All classes are for participants 16 years of age & up.

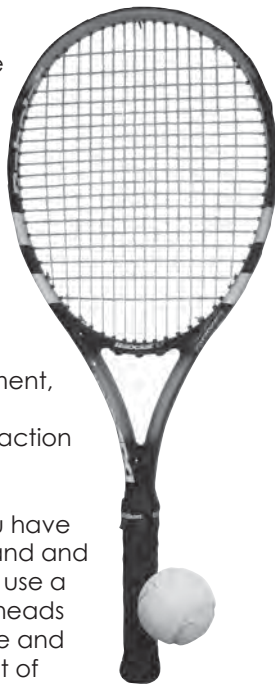


**Beginner-Advance Beginner (B/AB) (NTRP 1.0-1.9):** One has no (or quite limited) tennis experience and is still working at getting the ball over the net. You may be familiar with scoring, but not with basic positions and procedures of singles and doubles play. Instruction includes stroke production, basic court position and singles and doubles strategy.

**Adv. Beg.-Int. (NTRP 2.0-3.0):** You have had some lessons but need on-court experience. You have obvious stroke weaknesses, but are beginning to feel comfortable with singles and doubles play. Classes include stroke development, footwork, court position, strategy, cooperative consistency drills and match play.

**Intermediate 1-2 (NTRP 3.1-3.4):** You can place shots with moderate success and can sustain a rally of slow pace but are not comfortable with all strokes and lack consistency in serving. Classes include advanced stroke development, footwork, court position, strategy, consistency drills, competitive play action drills and match play.

**Intermediate 2-3 (NTRP 3.5-3.9):** You have dependable strokes on both forehand and backhand sides, have the ability to use a variety of shots including lobs, overheads and volleys, can place the first serve and force some errors. You are rarely out of place in a doubles game. Class emphasis is on approach shots, footwork shot selection, and the transition game through play action drills and controlled match play.



**All classes are contracted through Midwest Tennis Programs, LLC. (RD)**

Location: Viking Park Community Center  
 Max/Min: 10/4  
 Classes: 7  
 Age: 16 yrs. & up

ID#	DATE	LEVEL	DAY	TIME	FEE (R/NR)
201609-01	9/15-10/27	B/AB	Th	5:30-6:30p	\$124/\$144
201609-02	9/15-10/27	INT 1-2	Th	5:30-6:30p	\$124/\$144
201609-03	9/11-10/23	AB-INT 1	Su	8:30-10:00a	\$186/\$206
201609-04	9/11-10/23	INT 1-3	Su	12:00-1:30p	\$186/\$206

## Volleyball Couples

This is a great way to meet other couples while playing recreational type volleyball games. The games are supervised, and each participant must have a partner to register. (RD)

Location: Hunt Club Park Community Center  
 Max/Min: 26/12  
 Classes: 10  
 No Class: 11/24  
 Age: 21 yrs. & up

ID#	DATE	DAY	TIME	FEE (R/NR)
201701-01	10/6-12/15	Th	7:30-9:00p	\$45/\$56

### NEW START TIME!

## Women's Volleyball

Come out and enjoy an evening of volleyball with your lady friends. The emphasis is on fun and recreational play in a supervised setting. (RD)

Location: Hunt Club Park Community Center  
 Max/Min: 26/12  
 Classes: 10  
 Age: 19 yrs. & up

ID#	DATE	DAY	TIME	FEE (R/NR)
201703-01	10/10-12/12	M	7:00-8:30p	\$45/\$56



GO GURNEE walk at Kings Park.



# Growing Tree Preschool

where learning and fun grow together

**REGISTER NOW!**  
Limited openings are still available.

## Why choose Growing Tree Preschool?

- Excellent staff
- Clean, healthy environment
- Safe and secure
- Community-based preschool focused on successful entrance into District 50/56 school systems
- Communication between parents and teachers
- State of Illinois Early Learning based curriculum

## Combining learning and fun is our top priority!

## Convenient Locations

Classes are available at both Viking Park and Hunt Club Park Community Centers. Please note: Extended day preschool is exclusively available at Viking Park and full day preschool is exclusively available at Hunt Club.

## Program Start Dates

**2 1/2-3 1/2 year old classes begin after Labor Day**

**3-3 1/2 year old classes begin the week of August 29**

**4 year old classes begin the week of August 29**

## Gurnee Park District Preschool program philosophy

is to educate children in a play-based, creative and nurturing environment. We believe that honoring and fostering the individuality of each child will encourage respect for oneself and for others. We strive to develop a united common goal between families and preschool staff to build academic, social and self-help skills. Our ultimate goal is for children to love coming to school!

## Requirements and skills students learn in preschool:

### 2 1/2 year old classes

#### Student requirements

- 2 1/2 years old by September 1
- Toilet training not required

#### Learning objectives

- Develop important social/emotional skills
- Gain confidence in a classroom setting
- Learn a classroom routine
- Teacher/student ratio 1:8

### 3 and 4 year old classes

#### Student requirements

- 3 or 4 years old by September 1
- Toilet training required

#### Learning objectives

- Develop important social/emotional skills
- Master cognitive, physical and social milestones
- Expand and sustain attention span
- Develop organization and problem solving skills
- Teacher/student ratio 1:10

## Flexible Dates and Times

AGE	DAY
2 1/2-3 1/2	M/W, Tu/Th
3-4	Half Day & Childcare - M/W/F, Tu/Th
4	Full Day & Childcare - M-F Extended Day & Childcare - M/W/F, Tu/Th Half Day & Childcare - M/W/F, M-F

## Preschool Parent Orientation

Thursday, August 18, at Viking Park Dance Hall

2 1/2 Year Old Classes: 5:45-6:15p

3, 3 1/2 and 4 year Old Classes: 6:30-7:30p

This preschool parent meeting is required to learn important information about the 2016-2017 school year. A link to the information packet and forms will be provided online in late July. All required forms (see page 49 for what is required) must be submitted no later than August 18 for your child to begin preschool. In consideration of others, children may not attend this orientation.

## Meet the Teachers

Children and parents learn the classroom routine, meet classmates, other parents and the teachers, play and explore the classroom and participate in activities with classmates, parents and teachers.

### 3, 3 1/2 and 4 year old classes at Hunt Club

Full Day Preschool	8/22	9:00-10:00a
M/W/F am classes	8/22	9:15-10:15a
M/W/F pm classes	8/22	12:45-1:45p
M-F & Tu/Th am classes	8/23	9:15-10:15a
Tu/Th classes pm classes	8/23	12:45-1:45p

### 3 and 4 year old classes at Viking

M/W/F classes	8/24	9:00-10:00a
Tu/Th classes	8/25	9:00-10:00a

### 2 1/2 year old classes at Hunt Club

Tu/Th classes	8/30	9:30-10:30a
M/W class	8/31	12:30-1:30p

### 2 1/2 year old classes at Viking

Tu/Th am class	9/1	12:15-1:15p
Tu/Th pm class	9/1	9:15-10:15a

**Questions? Visit or call us at 847-623-7788.**





## Preschool Class Offerings for the 2016-2017 School Year

### Preschool for 2 1/2-3 1/2 Year Olds

This preschool class for our youngest students provides an opportunity to separate from parents, learn the routine of preschool, socialize and interact with peers, gain confidence and be ready for the full Growing Tree Preschool curriculum next year. Toilet training is not required. **Pull-ups are permissible, but staff does not change children during class time. No diapers please.** (SM)

#### Viking Park Community Center

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515101-01	Preschool	Tu/Th	9:15-11:15a	\$138/\$173
515101-02	Preschool	Tu/Th	12:15-2:15p	\$110/\$138

#### Hunt Club Park Community Center

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515102-01	Preschool	Tu/Th	9:30-11:30a	\$138/\$173
515102-02	Preschool	M/W	12:30-2:30p	\$110/\$138

### Before and After Preschool Childcare

Parents who work or need extra time can be assured their three or four-year old enrolled in the Growing Tree Preschool will have fun with supervised play, crafts, games and outdoor activities. Children bring a lunch and beverage each day along with the appropriate outerwear so we can use our outdoor parks and facilities. Staff will escort children to/from their preschool class.

### Getting Started

- A \$75 registration fee and one tuition payment are due at the time of registration and are non-refundable
- Tuition is due on the 15th of the month prior. Example: October tuition is due on September 15
- Tuition payments are non-refundable, non-transferable and may not be pro-rated
- Tuition is based on the total number of days in the school year divided into nine equal installments
- For the complete payment/refund policy and automatic payment options, visit the web at [GurneeParkDistrict.com](http://GurneeParkDistrict.com)

### Admission Documentation

- Registration and Payment
- Preschool Information Form\*
- Physical Form (Illinois DHS Certificate of Child Health)\*
- Copy of Birth Certificate\*

\*Forms will be available online in July and are due no later than August 18.

### Half Day Preschool for 3 and 3 1/2 Year Olds

Our unique combination of fun and learning promotes a positive adjustment to school, encourages social development, and provides an initial experience with a kindergarten readiness curriculum. Childcare (CARE) before and after preschool is also available as indicated below. (SM)

#### Viking Park Community Center for 3 year olds

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515103-01	Preschool	Tu/Th	9:00-11:30a	\$160/\$200
505200-10	Before CARE	Tu/Th	6:30-9:00a	\$49/\$61
505200-01	Before CARE	Tu/Th	8:00-9:00a	\$24/\$30
515103-02	Preschool	M/W/F	9:00-11:30a	\$226/\$283
505201-10	Before CARE	M/W/F	6:30-9:00a	\$74/\$93
505201-01	Before CARE	M/W/F	8:00-9:00a	\$36/\$45

#### Hunt Club Park Community Center for 3 year olds

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515104-01	Preschool	Tu/Th	9:15-11:45a	\$160/\$200
505200-02	Before CARE	Tu/Th	6:30-9:00a	\$49/\$61
505200-03	Before CARE	Tu/Th	8:00-9:00a	\$24/\$30
505200-05	After CARE	Tu/Th	11:45a-3:00p	\$122/\$153
505200-06	After CARE	Tu/Th	11:45a-4:00p	\$135/\$169
505200-07	After CARE	Tu/Th	11:45a-6:00p	\$200/\$250
515104-02	Preschool	M/W/F	9:15-11:45a	\$226/\$283
505201-02	Before CARE	M/W/F	6:30-9:00a	\$74/\$93
505201-03	Before CARE	M/W/F	8:00-9:00a	\$36/\$45
505201-05	After CARE	M/W/F	11:45a-3:00p	\$183/\$229
505201-06	After CARE	M/W/F	11:45a-4:00p	\$203/\$254
505201-07	After CARE	M/W/F	11:45a-6:00p	\$299/\$374

#### Hunt Club Park Community Center for 3 1/2 year olds

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515105-01	Preschool	Tu/Th	12:45-3:00p	\$144/\$180
505200-11	Before CARE	Tu/Th	6:30a-12:45p	\$200/\$250
505200-04	Before CARE	Tu/Th	8:00a-12:45p	\$155/\$194
505200-08	After CARE	Tu/Th	3:00-4:00p	\$24/\$30
505200-09	After CARE	Tu/Th	3:00-6:00p	\$122/\$153

### Full Day Preschool for 4 Year Olds and Up

Children will learn, grow and prepare for full day kindergarten in this dynamic class filled with an extensive kindergarten-readiness curriculum based on the State of Illinois Early Learning Standards for preschool which include: social/emotional skills, language arts, math, sciences, fine arts, foreign language, physical development and health. Plus this full day curriculum also includes expanded foreign language, pre-reading skills, art, music, daily physical fitness in the gym or outdoors, weekly Spanish and yoga instruction, and opportunities to utilize the most current technology. Children bring a lunch each day. Childcare (CARE) before and after preschool is also available as indicated below. (SM)

#### Hunt Club Park Community Center

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515114-01	Preschool	M-F	9:00a-3:00p	\$649/\$811
505202-02	Before CARE	M-F	6:30-9:00a	\$125/\$156
505202-03	Before CARE	M-F	8:00-9:00a	\$60/\$75
505202-08	After CARE	M-F	3:00-4:00p	\$60/\$75
505202-09	After CARE	M-F	3:00-6:00p	\$305/\$381



## Extended Preschool & Childcare

for 4 Year Olds and Up

These classes provide an excellent opportunity for children who are ready for a longer day to prepare for full-day kindergarten. The curriculum focus is on social, academic and kindergarten readiness skills, with expanded learning in areas such as math, science and language arts. Children bring a peanut/nut free lunch and eat at school. Childcare (CARE) before preschool is also available as indicated below. (SM)

### Viking Park Community Center

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515106-02	Preschool	Tu/Th	9:00-1:00p	\$203/\$254
505200-10	Before CARE	Tu/Th	6:30-9:00a	\$49/\$61
505200-01	Before CARE	Tu/Th	8:00-9:00a	\$24/\$30
515108-02	Preschool	M/W/F	9:00-1:00p	\$297/\$371
505201-10	Before CARE	M/W/F	6:30-9:00a	\$74/\$93
505201-01	Before CARE	M/W/F	8:00-9:00a	\$36/\$45

## Half Day Preschool and Childcare

for 4 Year Olds and Up

The focus is getting ready for kindergarten in a fun, social and academic environment with emphasis on mastering readiness skills as children progress through our curriculum. Childcare (CARE) before and after preschool is also available as indicated below. (SM)

### Viking Park Community Center

ID#	CLASS	DAY	TIME	MONTHLY FEE (R/NR)
515107-01	Preschool	M/W/F	9:00-11:30a	\$226/\$283
505201-10	Before CARE	M/W/F	6:30-9:00a	\$74/\$93
505201-01	Before CARE	M/W/F	8:00-9:00a	\$36/\$45

### Hunt Club Park Community Center

515109-01	Preschool	M/W/F	9:15-11:45a	\$226/\$283
505201-02	Before CARE	M/W/F	6:30-9:00a	\$74/\$93
505201-03	Before CARE	M/W/F	8:00-9:00a	\$36/\$45
505201-05	After CARE	M/W/F	11:45a-3:00p	\$183/\$229
505201-06	After CARE	M/W/F	11:45a-4:00p	\$203/\$254
505201-07	After CARE	M/W/F	11:45a-6:00p	\$299/\$374
515109-02	Preschool	M/W/F	12:45-3:00p	\$200/\$250
505201-11	Before CARE	M/W/F	6:30a-12:45p	\$299/\$374
505201-04	Before CARE	M/W/F	8:00a-12:45p	\$232/\$290
505201-08	After CARE	M/W/F	3:00-4:00p	\$36/\$45
505201-09	After CARE	M/W/F	3:00-6:00p	\$183/\$229
515111-01	Preschool	M-F	9:15-11:45a	\$357/\$446
505202-02	Before CARE	M-F	6:30-9:00a	\$125/\$156
505202-03	Before CARE	M-F	8:00-9:00a	\$60/\$75
505202-05	After CARE	M-F	11:45a-3:00p	\$305/\$381
505202-06	After CARE	M-F	11:45a-4:00p	\$338/\$423
505202-07	After CARE	M-F	11:45a-6:00p	\$499/\$624

**DID YOU KNOW?** School calendars, including holidays, etc. are on our website under calendars at [GurneeParkDistrict.com/calendar](http://GurneeParkDistrict.com/calendar).



## Science, Lunch and Art

Add extra enrichment opportunities for your preschooler with a focus on science and the arts! Children will eat a lunch and drink from home during this class. **Note: All classrooms are peanut/nut restricted. Please do not pack foods containing nuts or processed in a location with nuts in lunches. Children will be escorted from camp or summer preschool to this class.** (SM)

Location: Viking Park or Hunt Club Park Community Center (See Below)  
 Max/Min: 16/8  
 Classes: 5  
 No Class: 10/7, 11/18, 11/25  
 Age: 3 1/2-5 yrs.

### Lunch Bunch at Viking Park

ID#	DATE	DAY	TIME	FEE (R/NR)
208201-01	9/16-10/21	F	11:30a-12:30p	\$57/\$72
208201-02	10/28-12/9	F	11:30a-12:30p	\$57/\$72

### Lunch Bunch at Hunt Club Park

208202-01	9/16-10/21	F	11:45a-12:45p	\$57/\$72
208202-02	10/28-12/9	F	11:45a-12:45p	\$57/\$72



**GO GURNEE** walk with Spaulding School.





# early childhood programs

## Reading is Fun

Learn to read through fun, meaningful activities. This class is designed to strengthen your child's reading readiness skills through multi-sensory games and activities. Lesson plans include working on letter recognition, letter-sound correspondence, phonemic awareness and concept of print.

**Contracted through The Reading Center Inc. (SM)**

Location: Viking Park or Hunt Club Park Community Center (See Below)  
 Max/Min: 10/4  
 Classes: 6  
 No Class: 10/10, 11/23  
 Age: 3-5 yrs.

ID#	DATE	DAY	TIME	LOCATION	FEE (R/NR)
208204-01	9/12-10/24	M	11:35a-12:20p	VP	\$69/\$86
208204-03	9/14-10/19	W	11:50a-12:35p	HC	\$69/\$86

## Math is Fun

Help get your child get ready for kindergarten math by exploring fun hands-on activities in both group and individual settings. Some of the math concepts which will be covered include: number identification, one-to-one correspondence, number order, quantity discrimination (<, >, =), addition, patterns, colors and shapes. **Contracted through The Reading Center Inc. (SM)**

Location: Viking Park or Hunt Club Park Community Center (See Below)  
 Max/Min: 10/4  
 Classes: 6  
 No Class: 10/10, 11/23  
 Age: 3-5 yrs.

ID#	DATE	DAY	TIME	LOCATION	FEE (R/NR)
208204-02	11/14-12/19	M	11:35a-12:20p	VP	\$69/\$86
208204-04	11/2-12/14	W	11:50a-12:35p	HC	\$69/\$86

## Spanish is Fun!

Lil Language Scholars will teach this class full of typical preschool vocabulary. Topics include circle time, weather, holiday and other fun vocabulary words that children can use in their everyday lives. We learn all this while playing games, singing songs and doing art projects. Parents will have access to our website where we post vocabulary for further practice at home so the whole family can learn together. Help your child be ready for the global world they are entering. This class may be helpful to those families who are considering a dual language kindergarten. If the session has begun you can join by calling 847-623-7788 for a prorated fee. **Contracted through Lil Language Scholars. (SM)**

Location: Hunt Club Park or Viking Park Community Center (See Below)  
 Max/Min: 10/7  
 Classes: 7 (\*6)  
 No Class: 10/10, 11/21, 11/23  
 Age: 2 1/2-6 yrs.

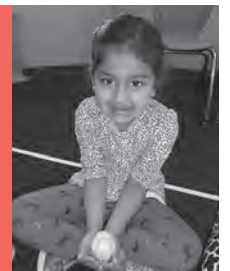
### Hunt Club Park

ID#	DATE	DAY	TIME	FEE (R/NR)
*208209-01	9/12-10/24	M	11:50a-12:20p	\$94/\$118
208209-02	10/31-12/19	M	11:50a-12:20p	\$110/\$138

### Viking Park

208209-03	9/14-10/26	W	11:35a-12:05p	\$110/\$138
208209-04	11/2-12/21	W	11:35a-12:05p	\$110/\$138

**DID YOU KNOW?** The programs on this page align with our preschool schedule. Children who attend preschool on the days these classes are offered will be escorted to these programs.





Kindermusik® is that one special place where you and your child can play, sing, dance and explore together. The variety of musical activities and experiences in our classes give you and your child many ways to play and explore in a relaxed and supportive setting. Together we nurture your child's natural gifts, planting the seeds for a lifetime of learning and joyful music making! **Only registered children and non-mobile siblings allowed in class. Other siblings not registered should attend the Park District's childcare room for a minimal additional daily fee. Contracted through Kindermusik® With Irene.** (SM)

### Cuddle & Bounce for Lap Babies



Cuddle, bounce, and bop with your baby in Kindermusik's newest curriculum. Whether your baby is five weeks or five months, this class will be perfect for you! With age-appropriate activities for newborns and infants, this class will help you strengthen those early parent-child bonds, understand your baby's development, and focus on child development and communication with your baby. You and your baby will enjoy instrument play, dance, exploration time, and together time - and you'll get expert advice and parenting resources based on the most recent research in baby development. **Bring \$15 for required Kindermusik@Home materials, payable to Irene Murphy, on the first day of the session.** Materials include a CD, baby's board book and baby instrument.

Location: Hunt Club Park Community Center  
Max/Min: 12/6 couples (parent/baby)  
Classes: 4  
No Class: 10/21, 11/25

#### Zoom Baby

ID#	DATE	DAY	AGE	TIME	FEE (R/NR)
208103-01	9/16-10/7	F	0-10 mos.	8:45-9:30a	\$59/\$73
<b>Peas and Carrots</b>					
208103-02	10/14-11/11	F	0-10 mos.	8:45-9:30a	\$59/\$73
<b>Nightly Night!</b>					
208103-03	11/18-12/16	F	0-10 mos.	8:45-9:30a	\$59/\$73

### Wiggle & Grow for Toddlers



This class celebrates the unique joys of your growing child. Each week we sing, dance, and play instruments with new friends. Your child will have fun practicing a wide variety of abilities that include gross and fine motor skills, turn-taking, social skills, and active listening. We'll also share tips and ideas for using music throughout the week. **Bring \$10 for required Kindermusik@Home materials, payable to Irene Murphy, on the first day of the session.** Materials include a complete set of digital downloads with music, games, videos, activities and stories from class, a CD, and an instrument.

Location: Hunt Club Park Community Center  
Max/Min: 12/6 couples (parent/child)  
Classes: 4  
No Class: 10/21, 11/25

#### Down on the Ground

ID#	DATE	DAY	AGE	TIME	FEE (R/NR)
208103-07	9/16-10/7	F	18 mos.-3 yrs.	10:45-11:30a	\$59/\$73
<b>Marvelous Me</b>					
208103-08	10/14-11/11	F	18 mos.-3 yrs.	10:45-11:30a	\$59/\$73
<b>Time For Lunch</b>					
208103-09	11/18-12/16	F	18 mos.-3 yrs.	10:45-11:30a	\$59/\$73

### Sing & Play for Crawlers & Early Walkers



Sing & Play is an energetic and joyful celebration of the very young child's growing new movement and language skills. A mix of parent-child joint activities and child-focused activities provide parents a unique opportunity to participate in all the music and movement fun, but also to stand back, observe, and revel in how these older babies and toddlers are beginning to walk, talk, sing, play, clap, tap, and dance - all on their own! **Bring \$15 for required Kindermusik@Home materials, payable to Irene Murphy, on the first day of the session.** Materials include a CD, baby's board book and baby instrument.

Location: Hunt Club Park Community Center  
Max/Min: 12/6 couples (parent/child)  
Classes: 4  
No Class: 10/21, 11/25

#### Zoom!

ID#	DATE	DAY	AGE	TIME	FEE (R/NR)
208103-04	9/16-10/7	F	8-20 mos.	9:4-10:30a	\$59/\$73
<b>Yum!</b>					
208103-05	10/14-11/11	F	8-20 mos.	9:4-10:30a	\$59/\$73
<b>On the Town with Bear</b>					
208103-06	11/18-12/16	F	8-20 mos.	9:45-10:30a	\$59/\$73

### Laugh & Learn for Preschoolers



We combine your preschooler's natural love of music, storytelling, and imaginative play with age-appropriate activities that introduce early music concepts and foster independence, social and emotional skills, language growth, and self-control. We also connect you with other parents who share in the wonder of parenting a preschooler. **Bring \$10 for required Kindermusik@Home materials, payable to Irene Murphy, on the first day of the session.** Materials include a set of digital downloads with music, games, videos, activities and stories from class, a CD, and an instrument. **Parents join the class at 12:15 pm for final activities.**

Location: Hunt Club Park Community Center  
Max/Min: 8/5  
Classes: 4  
No Class: 10/21, 11/25

#### Carnival of Music

ID#	DATE	DAY	AGE	TIME	FEE (R/NR)
208103-10	9/16-10/7	F	3-4 yrs.	11:45a-12:30p	\$59/\$73
<b>Let's Play</b>					
208103-11	10/14-11/11	F	3-4 yrs.	11:45a-12:30p	\$59/\$73
<b>Outside My Window</b>					
208103-12	11/18-12/16	F	3-4 yrs.	11:45a-12:30p	\$59/\$73

Children can be escorted to this class from Preschool at Hunt Club.





**Parent/Child**

**Music-in-the-Box** *With the child in mind and the theory behind!*

Music and Movement; Rhythm and Readiness; Purposeful Play - an irresistible music education program for very young children engaging the mind, body and senses. Together, adult caregivers, instructors and children create an atmosphere of "doing" music. Themes change with every session.

**Sibling Discount for Children Attending Outside the Age Guidelines:** Would you like to bring a younger child to your older child's class? Or an older child to a younger child's class? We make it affordable by offering the Family Discount rate. \$54 resident/\$68 non-resident per additional participating child. Infants in carriers are always welcome at no cost. Please contact us at 847-623-7788 to enroll a sibling. **Contracted by Music-in-the-Box.** (SM)

**Baby Music Masters (0-10 months):** Interact with baby and take the tears out of tummy time through our irresistible combination of music and movement. Stimulate baby's brain development using music, texture and rhythm in this engaging class. \$20 required for newborn kit to the first class. Non-crawlers.

**Music Masters 1 (8-20 months):** Music is essential to your baby's development. Rhythmic books and multi-sensory music activities are used to help families enhance language development and motor skills and stimulate an early love of music. Crawlers and early walkers.

**Music Masters 2 (18-36 months):** Music is the perfect way to engage energy, independence and social awareness. Creative music, movement, rhythmic books and purposeful instrument play stimulate language and motor development. Confident walkers and up.

**Music Masters 3 (30-60 months):** Engage your child socially and take the next step in music education as music theory and language are introduced through music games. Our unique combination of intelligent music and movement activities make this class the perfect preschool complement. Especially appropriate for families considering instrument lessons. Confident talkers and singers.

**Music Masters 4 Group Piano Lessons (3 1/2 - 7 yrs.):** Thinking of putting your pre-reader in Piano or Violin lessons? Join thousands of families who applaud Dr. Suzuki's proven method. Experience our irresistible combination of instrument lessons, music theory games and music etiquette -the perfect transition between music fun and serious instrument instruction. An adult is required to attend class with child. A \$45 materials fee is due to the instructor on the first day of class. There will be a recital during the last class of the session.

Location: Hunt Club Park Community Center  
 Max/Min: 9/3 couples (parent/child)  
 Classes: 6 (\*12)  
 No Class: 9/27, 10/10, 11/21, 11/22, 11/23  
*MM4 class meets on 9/27 but not 10/25 or 11/22.  
 All other Tuesday classes do not meet on 9/21 or 11/22.*

CLASS	ID#	DATE	DAY	TIME	FEE (R/NR)
MM1	208104-17	9/13-10/25	Tu	11:0-11:30a	\$69/\$87
MM1	208104-18	9/14-10/19	W	11:00-11:30a	\$69/\$87
MM1	208104-20	11/1-12/13	Tu	11:00-11:30a	\$69/\$87
MM1	208104-21	11/2-12/14	W	11:15-11:45a	\$69/\$87
MM2	208104-01	9/12-10/24	M	10:00-10:45a	\$78/\$98
MM2	208104-02	9/13-10/25	Tu	10:00-10:45a	\$78/\$98
MM2	208104-03	9/14-10/19	W	10:15-11:00a	\$78/\$98
MM2	208104-05	10/31-12/12	M	10:00-10:45a	\$78/\$98
MM2	208104-06	11/1-12/13	Tu	10:00-10:45a	\$78/\$98
MM2	208104-07	11/2-12/14	W	10:00-10:45a	\$78/\$98
BMM	208104-09	9/12-10/24	M	11:00-11:30a	\$69/\$87
BMM	208104-10	10/31-12/12	M	11:00-11:30a	\$69/\$87
MM3	208104-11	9/12-10/24	M	9:00-9:45a	\$78/\$98
MM3	208104-13	10/31-12/12	M	9:00-9:45a	\$78/\$98
MM4	*208104-15	9/13-12/13	Tu	5:45-6:45p	\$180/\$225

*Honey Orthodontics is the proud sponsor of Touch-A-Truck, Super Saturday and Trick or Treat Path.*

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# youth programs



Young Rembrandts

## Youth Drawing Programs

All materials are provided and new lessons are taught each class. **Contracted through Young Rembrandts.** (SH)

### Preschool Drawing

In September our youngest artists will learn about a colorful and pattern-rich spectrum of subjects. We'll soak in the warm colors of the sun as we draw a radiating sun face and we'll be careful not to get tangled up in the patterned spider web we draw in October! Learn about Native American culture through a detailed tepee we'll draw in November, and celebrate the coming of the winter months with a nutcracker that takes his job seriously.

Location: Hunt Club Park Community Center  
 Max/Min: 10/6  
 Classes: 5 (\*4)  
 No Class: 9/5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
*208207-01	3 1/2-5 yrs.	8/29-9/26	M	4:30-5:15p	\$57/\$71
208207-02	3 1/2-5 yrs.	10/3-10/31	M	4:30-5:15p	\$71/\$89
208207-03	3 1/2-5 yrs.	11/14-12/12	M	4:30-5:15p	\$71/\$89

### Elementary Drawing

Kick off the season with a cute bear dressed and ready for school, a video game favorite pixel block character and the geometrical world of architecture as we draw the Notre Dame Cathedral. Later, students will learn the still life technique of pumpkins, draw a detailed scarecrow and a silly but challenging patterned bat. Get ready for winter as we turn out a "sweet" drawing of a ginger bread house (almost good enough to eat!). We'll draw these (and many more exciting lessons!) while we improve creative and critical thinking skills today's students need.

Location: Hunt Club Park Community Center  
 Max/Min: 15/6  
 Classes: 5 (\*4)  
 No Class: 9/5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
*218300-01	6-12 yrs.	M	8/29-9/26	5:30- 6:15p	\$57/\$71
218300-02	6-12 yrs.	Sa	10/1-10/29	9:30-10:15a	\$71/\$89
218300-03	6-12 yrs.	M	11/14-12/12	5:30-6:15p	\$71/\$89

## Cartoon Drawing

We'll "fall" topsy-turvy for our cartoon lessons. Eating broccoli may not sound appetizing to some, but in a our classroom, it'll make for a fun and storied drawing. The never ending rivalry rages on as the cats and dogs go at it again in the month of September. Develop a different and definitely more expressive appreciation for vegetables in October. In November, weirder means better as we draw unusual pets and put the pedal to the metal as we race to create cartoon car expressions in December. We'll draw these while we enhance the creative and critical thinking skills today's students need – both, in the classroom and in the life-long learning process.

Location: Hunt Club Park Community Center  
 Max/Min: 15/6  
 Classes: 5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218304-01	6-12 yrs.	8/27-9/24	Sa	9:30-10:15a	\$71/\$89
218304-02	6-12 yrs.	10/3-10/31	M	5:30-6:15p	\$71/\$89
218304-03	6-12 yrs.	11/5-12/3	Sa	9:30-10:15a	\$71/\$89

## Magic Class

Children will have fun learning fascinating magic tricks. Family and friends will be amazed by tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, kids will discover that they are quick to learn and easy to perform. All materials are provided. Each child will receive a magic kit to take home. Children are grouped by age and learn age-appropriate tricks. New tricks are taught at each session, so sign up again and again.

**Contracted by the Magic Team of Gary Kantor.** (SH)



Location: Hunt Club Park Community Center  
 Max/Min: 40/5  
 Classes: 1

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218301-01	5-12 yrs.	9/20	Tu	6:45-7:40p	\$21/\$27
218301-02	5-12 yrs.	11/21	M	5:00-5:55p	\$21/\$27





## Computer Explorers

These programs are exciting, team-based experiences where students become producers of technology through cutting-edge technology with hands-on projects that build 21st Century skills and connect science, technology, engineering, math (S.T.E.M.) and the arts. **Contracted through COMPUTER EXPLORERS.** (SM)



## Robotics & Coding

You have been "hired" to work at C.A.K.E. (Creative Answers Kids Engineering Company)! Receiving daily EWR's (engineering work requests), you'll work in teams to learn about robotics, and build and learn to CODE your own robotic creations using LEGO® Education WeDo Robotics Construction kits and Software. This unique system, designed by the experts at MIT, teaches about simple machines, engineering, coding/programming and so much more. In addition, the class will also work on Coding with Scratch and even learn how to use their robotics to control the "games" they code in Scratch.

## Minecraft Power Users: Exploring and Adapting Mods

Minecraft offers an amazing world of endless possibilities. Let your imagination transform your Minecraft experience into a unique world that you create! This class is for intermediate and advanced students with basic Minecraft knowledge. Working in pairs, students will discover how to expand their world's abilities using popular game-enhancing mods. Learn to use, manipulate and evaluate mods that alter the appearance and game play. Build traps, arrow launchers, faster rail systems and more AND participate in building challenges!

Location: Hunt Club Park Community Center  
 Max/Min: 12/6  
 Classes: 9  
 No Class: 10/12  
 Day: Wednesday  
 Age: 6-12 yrs. (See Below) by 9/1/16

### S.T.E.M. Lab: Robotics & Coding

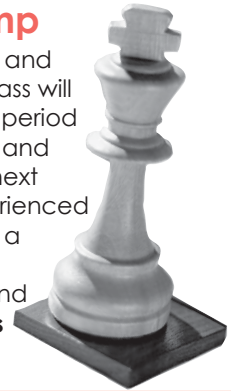
ID#	DATE	AGE	TIME	FEE (R/NR)
218305-01	9/14-11/16	6-8 yrs.	4:00-5:00p	\$192/\$240

### Minecraft Power User

218305-02	9/14-11/16	9-12 yrs.	5:15-6:15p	\$192/\$240
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## Winter Break Chess Camp

This camp is great for both beginners and experienced young players. Each class will consist of a fun, interactive teaching period and guided practice time. Both new and returning participants will get to the next level under the guidance of an experienced Chess Scholars' Coach. There will be a chess competition with prizes. Each camper will take home a chess set and an award. **Contracted through Chess Scholars.** (SH)



Location: Hunt Club Park Community Center  
 Max/Min: 20/5  
 Classes: 5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218302-01	5-13 yrs.	12/26-12/30	M-F	9:00a-12:00p	\$196/\$245

## Checkmate Chess

Develop your child's intellect through learning how to play chess. Classes will consist of a fun interactive teaching period and guided practice time. Each child will receive plenty of personalized attention. Both new and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. No previous knowledge of chess is necessary. **Contracted through Chess Scholars.** (SH)

Location: Hunt Club Park Community Center  
 Max/Min: 25/6  
 Classes: 6  
 No Class: 10/10

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218303-01	6-13 yrs.	9/12-10/24	M	6:30-7:30p	\$103/\$129
218303-02	6-13 yrs.	11/14-12/19	M	6:30-7:30p	\$103/\$129



GO GURNEE Walk with Mayor Kovarik!



### NEW! Self Esteem & Leadership

As parents we want the best for our children. What about the gifts of high self-esteem and leadership? Through creative expression in an incredibly fun workshop, kids will have the chance to cultivate self-worth and won't even realize they are working on self-esteem. What to expect? Interactive self-esteem booster games will be executed like Lollipop Marathon, Radio Broadcast, Bubble Bonanza, Billboard This, Ten Seconds, Money Madness, and Outer Space Scavenger Hunt. Kids will learn from a Certified Professional Life Coach the hottest tips in building self-esteem and being happy leaders. Self-esteem is always a work in progress, but this will be a transformational kick off. **Contracted through Lisa Lombardi Inc. Team.** (SH)

Location: Hunt Club Park Community Center  
Max/Min: 15/5  
Classes: 1

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218317-01	6-12 yrs.	8/26	F	5:00-7:00p	\$39/\$49

### NEW! Out of Sight Space Science

This is the ultimate event for passionate outer space or Star Wars fans. In a galactic inspired setting, this shindig blasts off in the dimly lit "Kids Cosmic Cantina" for some dark side treats and hot tunes in the hangout. Next, learn the science behind those light sabers. Try to guess "how many" in the estimation jar packed with your favorite galaxy figurines. Also, be wowed with 5 other OUT OF SIGHT space themed science experiments. Then recreate either your favorite droid, furry co-pilot, or ultimate telescope through an art expression surprise that you can take home and use! BIG FINISH: Duel with your new galactic friends. Costumes are optional. We provide the light sabers. **Contracted through Lisa Lombardi Inc. Team.** (SH)

Location: Hunt Club Park Community Center  
Max/Min: 15/6  
Classes: 1

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218318-01	6-11 yrs.	8/28	Su	1:00-3:15p	\$45/\$56

### NEW! Halloween Science

Investigate what makes Halloween so chilling in this electrifying and creative science workshop. Create eyeballs for a catapult, have fun with static powered dancing ghosts at a disco party, experiment with the science of glow sticks, make a pumpkin erupt, take the S.T.E.M. challenge building a structure out of candy pumpkins and learn what creepy cool things you can do with your leftover Halloween candy and more weird and wacky Halloween science secrets revealed! Guaranteed Oooohs and Ahhhhs during this haunted lab experience! Class will end with a "make your own spooktacular drink concoction at the "Build a spooky drink buffet". Costumes are optional. **Contracted through Lisa Lombardi Inc. Team.** (SH)

Location: Hunt Club Park Community Center  
Max/Min: 15/5  
Classes: 1

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218319-01	7-12 yrs.	10/14	F	6:00-8:15p	\$45/\$56

### NEW! Science and History of Seasonal Candy

What should you do with all the leftover Halloween candy? We've got at least 10 ideas for you. Kids will transform into chemists and historians for the day to discover the secrets behind their favorite seasonal confections like Peeps, Pop Rocks, Conversation Hearts, Candy Corn and more. Kids will log their data collections from the experiments, conduct and use their critical thinking skills while creating hypotheses during class. **Contracted through Lisa Lombardi Inc. Team.** (SH)

Location: Hunt Club Park Community Center  
Max/Min: 15/5  
Classes: 1

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218320-01	6-12 yrs.	11/1	Tu	5:30-7:30p	\$42/\$53

### NEW! Let's Build It

Let's Build It is an exhilarating, cutting-edge area of engineering. Students will design, build, and test various circuits and electronic projects. Instructors will guide students through core concepts of electrical engineering, introducing them to circuits and electrical components. Students will use hands-on projects and experiments to explore how electricity is part of our daily lives. No previous experience is necessary, just a desire to learn and build. Projects will include: various sound producing circuits, musical instruments, a simulated telephone, and both their own radio...and radio station! Each student will receive an award on the last day of the session, as well as the opportunity to earn engineering belts to demonstrate their learned skills. **Contracted through Chess Scholars.** (SH)

Location: Hunt Club Park Community Center  
Max/Min: 12/5  
Classes: 6  
No Class: 11/10, 11/24

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218321-01	6-11 yrs.	9/15-10/20	Th	6:30-7:30p	\$120/\$150
218321-02	6-11 yrs.	10/27-12/15	Th	6:30-7:30p	\$120/\$150

### NEW! Let's Build It Winter Break Camp

This camp takes a hands-on approach to engineering, allowing students to directly engage with basic engineering concepts through a variety of fun and educational activities. Students will improve their problem solving, math, and physics skills – all while engaging in exciting building projects. Each unit will focus on a specific area of engineering, like flight, bridge building, and transportation. The unit will culminate in a testing of students' final projects and each student will receive an award for their progress during the unit. Please bring your own snacks. **Contracted through Chess Scholars.** (SH)

Location: Hunt Club Park Community Center  
Max/Min: 12/5  
Classes: 5

ID#	AGE	DATE	DAY	TIME	FEE (R/NR)
218321-03	5-13 yrs.	12/26-12/30	M-F	10:00-11:30a	\$136/\$170





## Volunteers Make a Difference

Volunteers are vital to most of the programs we offer – staffing special events, coaching youth sports, serving lunch to our seniors, assisting in our children’s programs, assisting with crafts and science projects, keeping our parks beautiful – these are some of the many ways volunteers help the Gurnee Park District. And yes, they really do make a difference! Enhance your life while helping others. Persons ages 12 and older are encouraged to get involved by volunteering. Currently, we are in need of the following types of volunteers:

### Special Events Assistants

Volunteers are needed to serve in many capacities during special events. You may volunteer to decorate, help with food preparation, assist with crafts and games or welcome people at the door.

### Athletic Coaches

Be a role model for the youth in our community by volunteering to coach a team for the Gurnee Park District. We are asking for an hour and a half commitment during the week and one hour commitment during the weekend. Experience in the sport is not necessary. We will provide sport specific training to set you and your team up for success.

### Questions?

For more information on volunteerism or fulfilling hours for church or school, contact Chelsi Todd at 847-623-7788.



## Volunteer Application

Name \_\_\_\_\_ Date \_\_\_\_\_

Organization (If any) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Please indicate the age group you prefer to work with:

- Seniors     
  Adults     
  Children     
  No preference

Please indicate your area(s) of interest:

- Special Events     
  Recreation     
  Friends of Gurnee Park District  
 Park Beautification     
  Athletics     
  Gurnee Days

If you are interested in coaching a sport, please indicate the sport you are interested in:

- Soccer     
  T-Ball  
 Meshball     
  Basketball

If you are volunteering to complete required hours, please indicate your time frame and number of hours needed.

\_\_\_\_\_

If you are under 18 years old, please indicate your age: \_\_\_\_\_

In general, what day(s) and time(s) are you available? \_\_\_\_\_

If you are interested in being a part of our volunteer team, please complete this form and return it to the Gurnee Park District, 4374 Old Grand Avenue, Gurnee, IL 60031. You may also fax this form to 847-623-8121 or click on forms at **GurneeParkDistrict.com**.



# CARE 2016-2017 BEFORE AND AFTER SCHOOL CARE FOR DISTRICT 50 AND 56 STUDENTS

**Program Dates:** The CARE Program follows District 50 and District 56 School Calendars and will begin on the first day of school.

**Transportation:** Parents are responsible for contacting their school's transportation office for busing arrangements.

**Early Release/No School Days:** Early Release days are included in the monthly fee for after school CARE participants only. Days Off School Programs are provided on non-school days for an additional fee.

**Limited 3-day part-time spaces are available. Call Sabrina Hinkens at 847-599-3746 for information.**

## CARE Payment Policy

When registering, you may pay the fee in full or make monthly installments. A minimum of one month's payment is due at the time of registration. For more payment policy information, visit [gurneeparkdistrict.com](http://gurneeparkdistrict.com). **Note: No proration will be given for partial month's attendance or withdrawal.**

## CARE: Children Active in Recreation Enrichment

We offer quality care for your child before and after school. The program is relaxed and recreational-based to counter-balance the day's educational activities. Children enjoy activities, games, and outdoor play, as well as a variety of arts and crafts. Participants also receive a daily snack and experience science, nature, and health.

## CARE provides children

- Socialization
- Working in a group
- Exercise in morning and afternoon
- Safe and clean environment
- Supervised play



## Morning CARE Activities Include

- Eating breakfast brought from home
- Games and crafts
- Science experiments
- Use of the playgrounds facilities (weather permitting)
- Monthly themes with supporting activities

## Afternoon CARE Activities Include

- Monthly themes with supporting activities
- Use of the playground facilities (weather permitting)
- Gymnasium activities
- Group games
- Science experiments and learning groups
- Cooking activities

## No School Today? No Problem.

We offer a program for your child when there is no school? For an additional fee, Days Off School Programs include a field trip or a special entertainer to keep your child entertained all day. See pages 60-61 for the full listing of Days Off School Programs.





**District 50 CARE Location:  
Hunt Club Park Community Center**

Before and After School CARE is offered at Hunt Club Park Community Center, 920 N. Hunt Club Rd. CARE is located in a dedicated childcare wing of the community center.

**CARE for District 50**

CARE children participate in a variety of activities indoors, outdoors, Before and After School. CARE for Woodland students is provided at Hunt Club Park Community Center. This program follows Woodland's school calendar.

ID#	TIME	GRADE	MONTHLY FEE
<b>Before School CARE at Hunt Club</b>			
505302-01	6:30a - +	K-5	\$125
<b>After School CARE at Hunt Club</b>			
505302-02	+ - 6:00p	K-5	\$305

+Times based on school bus pick up and drop-off.

**District 56 CARE Locations:  
Viking Park Community Center**

Before School CARE is offered only at Viking Park Community Center. This facility is located at 4374 Old Grand Ave.

**River Trail School**

After school CARE is offered at River Trail School. This facility is located at 333 O'Plaine Rd. Students from Prairie Trail and Viking Middle Schools are bussed to this location.

**Spaulding School**

After School CARE is offered at Spaulding School. This facility is located at 2000 N. Belle Plaine Ave. This location is for Spaulding students only.

**CARE for District 56**

CARE children participate in a variety of activities indoors, outdoors, before and after school. District 56 Before School CARE is provided at Viking Park Community Center. After School CARE is provided at River Trail School and Spaulding School. For those students who attend Prairie Trail School and Viking Middle School, your child will be bussed to River Trail School for After School CARE. This program follows District 56's school calendar.

ID#	TIME	GRADE	MONTHLY FEE
<b>Before School CARE at Viking Park</b>			
505303-01	6:30a-+	K-5	\$125
<b>After School CARE at River Trail</b>			
505303-02	+ -6:00p	K-8	\$305
<b>After School CARE at Spaulding</b>			
505303-03	+ -6:00p	K-2	\$305

+Times based on school bus pick up and drop-off.



**DID YOU KNOW?**

To meet the needs of people with disabilities, staff at WSRA can assist with the inclusion process. Follow registration guidelines and note special needs and/or accommodations so a plan of action can be completed. For more information about the inclusion process, contact Amber Bodame at WSRA at 847-244-6619.



# Days Off School Programs

## School District 50/56 Days off School for Fall 2016

If you are looking for something for your child do the next day off of school, leave the planning to us. Each Days Off School Program includes a special action day of games, sports, crafts and special event or field trip. You may drop your child off beginning at 6:30a until trip time with pick up no later than 6:00p. The actual time of each trip is indicated below. Dress children appropriately for outdoor activities. Children who do not attend our CARE program will need to complete a Days Off Information Form. **Registration closes one week prior to the program date. Program cost is \$43 for residents and \$54 for non-residents. Ages K-5th Grade. Non-Park District residents who reside in District 50 or 56 receive resident rates for that specific program.**

**Day Off Trips are not held on the following dates:**

**Labor Day**  
- September 5

**Christmas Eve**  
- December 24

**Christmas Day**  
- December 25

**New Year's Eve**  
- December 31

**New Year's Day**  
- January 1

**\*Drop off Locations -**  
**HC** = Hunt Club Park Community Center  
**VP** = Viking Park Community Center

For full program descriptions, please visit our website.

Date	Day Off Details	Program ID#	Trip time	Drop off*	Districts	Lunch Info	Special Notes
10/7 F	<b>Botanic Gardens</b> See a large variety of flowers, plants and shrubbery while touring the many gardens. Glencoe, IL	507301-00	9:15a-3:00p	HC	50	Bring a lunch and beverage	Dress for outdoor play
10/10 M	<b>Milwaukee County Zoo</b> See a variety of mammals, fish, birds, reptiles and amphibians! Milwaukee, WI	507302-00	8:30a-3:30p	HC	50/56	Bring a lunch and beverage	Dress for outdoor play
11/10 Th	<b>Botanic Gardens</b> See a large variety of flowers, plants and shrubbery while touring the many gardens. Glencoe, IL	507303-00	9:41 :00p	VP	56	Bring a lunch and beverage	Dress for outdoor play
11/11 F	<b>Rainforest Café</b> Enjoy a behind the scenes tour along with a discussion on the rainforests. Gurnee, IL	507304-00	10:00a-1:00p	VP	56	Chicken nuggets, burger, or pizza, plus fries, and drinks, a chocolate chip cookie provided	Dress for outdoor play
11/23 W	<b>Action Territory</b> Play laser tag, numerous arcade games, and unlimited play in the Ballocity Area. Kenosha, WI	507305-00	9:30a-3:00p	HC	50/56	Bring a lunch and beverage	Dress for outdoor play
12/23 F	<b>Game Day</b> Electronic and board games will be played, along with gymnasium activities and the climbing wall. Gurnee, IL	507306-00	9:00a-3:00p	HC	50/56	Hot dog, mac and cheese and juice provided	Dress for outdoor play Parents sign a waiver for climbing wall
12/26 M	<b>Pajama Party</b> Wear your PJ's, enjoy coloring and lego building contests, gymnasium play, hair and nail "salon," crafts. Gurnee, IL	507307-00	9:00a-3:00p	HC	50/56	Pizza and juice provided	Dress for outdoor play
12/27 Tu	<b>The Nutcracker</b> Enjoy a live performance of "The Nutcracker!" Lincolnshire, IL	507308-00	9:00a-1:00p	HC	50/56	Bring a lunch and beverage	Dress for outdoor play





11/23 Action Territory

1/6 Animal Quest

12/30 Pete's Sweet Treats

10/10 Milwaukee County Zoo

Date	Day Off Details	Program ID#	Trip time	Drop off*	Districts	Lunch Info	Special Notes
12/28 W	<b>FitNation Fun</b> Enjoy a day of swimming and play! Gurnee, IL	507309-00	9:30a-2:30p	HC	50/56	Bring a lunch and beverage	Bring a swimsuit, towel, gym shoes and outdoor play clothes
12/29 Th	<b>Rinkside</b> Receive a game card for arcade play, one round of mini golf and a game of laser tag. Gurnee, IL	507310-00	10:00a-1:00p	HC	50/56	Bring a lunch and beverage	Dress for outdoor play
12/30 F	<b>Pete's Sweet Treats</b> Learn how many of your favorite candies are made. Take part in a candy making lesson! Lake Forest, IL	507311-00	9:00a-1:30p	HC	50/56	Bring a lunch and beverage	Dress for outdoor play
1/2 M	<b>Color Splash Creations</b> Students will create a number of crafts and art projects and play color splash games. Gurnee, IL	507312-00	9:00a-3:00p	HC	50/56	Grilled cheese and soup provided	Dress for outdoor play
1/3 Tu	<b>Chuck E Cheese</b> Arcade games and other fun activities all made to put a smile on every child's face! Gurnee, IL	507313-00	9:00a-1:30p	HC	50/56	Pizza lunch and beverage provided	Dress for outdoor play
1/4 W	<b>Key Lime Cove</b> Swim, slide and splash in the <i>Lost Paradise Waterpark!</i> Gurnee, IL	507314-00	9:30a-3:00p	HC	50/56	A hot dog lunch will be provided	Bring swimming attire
1/5 Th	<b>Bella's Bouncies</b> Jump, slide and bounce at an indoor inflatable party center! Lake Villa, IL	507315-00	9:30a-1:00p	HC	50/56	Bring a lunch and beverage	Wear socks and dress for outdoor play. Parents sign a waiver
1/6 F	<b>Animal Quest</b> Enjoy an educational, hands on show of mammals, birds, amphibians and reptiles. Gurnee, IL	507316-00	10:00-11:00a	HC	50/56	Spaghetti and breadsticks provided	Dress for outdoor play

DAYS OFF SCHOOL PROGRAMS ARE A GREAT VALUE IN CHILDCARE AT LESS THAN \$5 AN HOUR FOR RESIDENTS.



# studio dance

Our Studio Dance program is designed using a detailed curriculum that takes your dancer from beginner through advanced levels of instruction in a variety of dance forms. Our professionally trained and dedicated staff will teach and encourage your dancer to grow to his or her maximum potential. *We suggest that students remain in each level of study for at least one full year (two to three sessions of study) unless otherwise directed by staff.*

Dance Coordinator: Kris Norwood, 847-599-3765 or knorwood@gurneeparkdistrict.com. (BK)

## Tiny Dancer

Perfect for children learning beginning ballet steps and creative movement while incorporating props.

Max/Min: 10/6  
 Classes: 12  
 No Class: 11/22, 11/26, 11/27 (11/5-Hunt Club only)

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206102-01	9/10-12/10	Sa	2 1/2 - 3 yrs.	VP	9:15-9:45a	\$103/\$129
206102-02	9/6-11/29	Tu	2 1/2 - 3 yrs.	HC	9:30-10:00a	\$103/\$129
206102-03	9/9-12/2	F	2 1/2 - 3 yrs.	HC	9:30-10:00a	\$103/\$129
206102-04	9/11-12/4	Su	2 1/2 - 3 yrs.	HC	10:00-10:30a	\$103/\$129

## Just Dance

This class focuses on learning basic and intermediate steps, different tempos and combinations. Suggested attire: Leotard, skirt and tights or tank and dance pants; black jazz shoes.

Max/Min: 10/6  
 Classes: 12  
 No Class: 11/5, 11/24, 11/25, 11/26, 11/28

### Just Jazz 1

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206332-02	9/12-12/10	Sa	6-9	HC	12:00-12:50p	\$136/\$170

### Just Tap 2

206332-05	9/9-12/2	F	11-13	HC	7:30- 8:20p	\$136/\$170
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### Jazz Funk

206332-06	9/9-12/2	F	11-13	HC	6:30- 7:20p	\$136/\$170
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## Beginning Dance 1-2

**Beginning Dance 1** Basic ballet steps and positions are taught, along with creative movement and body recognition. **Beginning Dance 2** Introduces basic tap steps and rhythms while expanding the ballet curriculum of Beginning Dance 1.

Max/Min: 10/6  
 Classes: 12  
 No Class: 11/22, 11/24, 11/26-11/29 (11/5-Hunt Club only)

### Beginning Dance 1

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206203-01	9/10-12/10	Sa	3-4	VP	10:00-10:50a	\$136/\$170
206203-02	9/10-12/10	Sa	3-4	VP	12:00-12:50p	\$136/\$170
206203-03	9/6-11/29	Tu	3-4	HC	10:00-10:50a	\$136/\$170
206203-05	9/9-12/2	F	3-4	HC	10:00-10:50a	\$136/\$170
206203-06	9/10-12/10	Sa	3-4	HC	9:00-9:50a	\$136/\$170
206203-07	9/6-11/29	Tu	3-4	HC	4:30-5:20p	\$136/\$170

### Beginning Dance 2

206206-02	9/6-11/29	Tu	4-5	HC	11:00-11:50a	\$136/\$170
206206-05	9/10-12/10	Sa	4-5	HC	10:00-10:50a	\$136/\$170
206206-06	9/11-12/4	Su	4-5	HC	11:00-11:50a	\$136/\$170

### Location Key:

HC = Hunt Club Park Community Center  
 VP = Viking Park Community Center





## Ballet/Tap 1-2

Discover ballet and tap with this combination class. Students will learn basic and intermediate ballet and tap techniques and movements.

Max/Min: 10/6  
Classes: 12  
No Class: 11/23-11/26

### Ballet/Tap 1

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206309-01	9/10-12/10	Sa	5-7	VP	11:00-11:50a	\$136/\$170
206309-03	9/7-11/30	W	5-7	HC	5:30-6:20p	\$136/\$170
206309-04	9/8-12/1	Th	5-7	HC	4:30-5:20p	\$136/\$170

### Ballet/Tap 2 (One year Ballet/Tap 1 experience required)

206309-05	9/7-11/30	W	6-9	HC	6:30-7:45p	\$204/\$229
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## Hip Hop 1-4

Hip Hop combines street and dance team movement as well as providing a great cardiovascular workout.

Max/Min: 10/6  
Classes: 12  
No Class: 11/21-11/24, 11/27

### Hip Hop 1

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206312-01	9/6-11/29	Tu	5-7	VP	4:30-5:20p	\$136/\$170
206312-02	9/12-12/5	M	5-7	HC	4:30-5:20p	\$136/\$170

### Hip Hop 2

206313-01	9/12-12/5	M	8-10	HC	5:30-6:20p	\$136/\$170
206313-02	9/7-11/30	W	8-10	HC	8:00-8:50p	\$136/\$170

### Hip Hop 3 & 4

206314-01	9/12-12/5	M	11-16	HC	6:30-7:20p	\$136/\$170
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### Boys Hip Hop

206316-01	9/6-11/29	Tu	5-8	VP	5:30-6:20p	\$136/\$170
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## Lyrical 1-3

Lyrical dance infuses ballet technique with the movement and fluidity of jazz dance.

Max/Min: 10/6  
Classes: 12  
No Class: 11/5, 11/22, 11/24, 11/26

### Lyrical 1

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206328-01	9/10-12/10	Sa	7-9	HC	11:00-11:50a	\$136/\$170

### Lyrical 2

206328-02	9/6-11/29	Tu	8-10	HC	5:30-6:20p	\$136/\$170
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### Lyrical 3

206328-03	9/6-11/29	Tu	11-18	HC	6:30-7:20p	\$136/\$170
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## Ballet 1-3

**Ballet 1-2** focuses on the foundation of ballet dance including positions, ballet alignment and overall ballet technique and etiquette. **Ballet 2/3** is designed to prepare dancers for the study of pointe work. This class emphasizes strengthening exercises for the legs and feet. Students will dance in ballet slippers. Depending on the student's physical development and ability, this preparatory training can last up to two years, when students get their first true pointe shoes.

Max/Min: 10/6  
Classes: 12  
No Class: 11/23, 11/24

### Ballet 1

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206321-01	9/7-11/30	W	5-7	HC	4:30p- 5:20p	\$136/\$170

### Ballet 2 (If under seven years old, one year of Ballet experience required)

206322-01	9/8-12/1	Th	6-9	HC	5:30p- 6:20p	\$136/\$170
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### Ballet 2/3 (One year of ballet experience required excluding preschool dance)

206317-01	9/8-12/1	Th	10-15	HC	7:45-8:30p	\$136/\$170
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## Leaps and Turns

Dancers perfect their techniques of leaping and turning through condition, stretching and repetitive movement.

Max/Min: 10/6  
Classes: 12  
No Class: 11/22

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206516-01	9/6-11/29	Tu	11-15	HC	7:30-8:20p	\$136/\$170

## Above the Barre

Are you looking for an elite dance experience and an opportunity to compete with an award winning performance group? Above the Barre (ATB) is the Gurnee Park District's award winning ensemble, and we are looking for more members like you! Our performance arts group is a year-long commitment. It is expected that students enrolled in this class take one or more additional technique classes. **Teacher recommendation is required.** Additional information can be found at [GurneeParkDistrict.com/performing-arts/studio-dance](http://GurneeParkDistrict.com/performing-arts/studio-dance). **Directed by Sam Murphy.**

Max/Min: 15/6  
Classes: 12  
No Class: 11/23

### Above the Barre Jr.

ID#	DATE	DAY	AGE	LOCATION	TIME	FEE (R/NR)
206429-01	9/7-11/30	W	7-10 yrs.	VP	6:15-7:15p	\$255/\$318

### Above the Senior

206429-02	9/7-11/30	W	11-16 yrs.	VP	7:15-8:30p	\$300/\$375
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# Cultural Arts

## Broadway Beginners Presents:



Broadway Beginners is designed with the youngest actors in mind. In each class, children will learn songs, dances and a small bit of dialogue in preparation for an abbreviated version of a popular musical. Children will also take part in creating the costumes, sets and props necessary for the production. Children will perform Tangled. **Instructed by Marc Nicholson.** (BK)

**Final Class and Presentation ~ 12/17\*  
at Woodland Intermediate School**

Location: Hunt Club Park Community Center  
 Max/Min: 40/20  
 Classes: 11  
 No Class: 11/19, 11/26  
 Age: 4-7 yrs.

### Broadway Beginners: Tangled

ID#	DATE	DAY	TIME	FEE (R/NR)
214306-01	9/10-12/17	Sa	9:00-10:15a	\$98/\$122
214306-02	9/10-12/17	Sa	10:30-11:45a	\$98/\$122

\*Time to be announced.

## Youth Musical Theatre Workshop Presents:



Learn the process of putting on a show! Participants will learn basic acting, singing and dancing skills while preparing for a fully staged production. **No experience or auditions necessary!** Every participant will receive a role appropriate for their age and performance level. **Instructed by Marc Nicholson.** (BK)

**Technical Rehearsal ~ 12/12-12/15\*  
Performance at Woodland Intermediate School  
12/16 and 12/17\***

Location: Hunt Club Park Community Center  
 Max/Min: 70/30  
 Classes: 11  
 No Class: 11/19, 11/26  
 Age: 8-16 yrs.

ID#	DATE	DAY	TIME	FEE (R/NR)
214305-01	9/10-12/10	Sa	1:30-3:30p	\$191/\$239

\*Time to be announced. Fee includes two performance dates, costume, T-shirts, script and two free tickets to a performance.





**Gurnee Park District  
Family Theatre**

**Tiny Thumbelina**

**Ages 5-Adult  
OPEN CASTING CALL:**

**Saturday, December 3 ~ 3:30-5:30p  
Hunt Club Park Community Center**

On **Monday, November 7**, casting materials will be available on our website. Materials will also be taught at the casting call.

Cast list will be posted on **Monday, December 5** on the GPD website. All rehearsals will be on Saturdays!

Shows will take place **Saturday and Sunday, March 25 and 26 at 2:00p and 5:00p at the Viking Park Dance Hall**. No prior theatre experience necessary. Everyone who auditions will receive a part.

**Rehearsals begin: December 10 - March 18  
No Class: 12/17-12/31  
Tech Week: March 14-17  
Performance Date:  
March 25 (2:00p & 5:00p)  
and March 26 (2:00p & 5:00p)**

**Fees: \$53R/\$66NR (Fees are per person)**

Contact Marc Nicholson with any questions at [mnicholson@gurneeparkdistrict.com](mailto:mnicholson@gurneeparkdistrict.com).



**Guitar FUN-damentals**

There is a one time book fee of \$15.95 for Group Lessons and Private Lessons due at the first class, payable to Guitar FUN-damentals. You need to provide a guitar. Guitars are available to rent at \$5 per week. Rental fees are non-refundable. Contact Sabrina Hinkens at 847-599-3746 if you would like to rent a guitar. Electric guitars welcome (bring your own practice amp). **Contracted by Guitar FUN-damentals.** (SH)

**Mars Jammz 1 Intro to Guitar**

Guitar FUN-damentals Proprietary Group Guitar Method teaches the students all the basics; how to hold the guitar, hold the pick, strum the guitar as well as three string and full chords, single notes, tablature, standard notation and much more. It also teaches the students how to play as a group with chord and melody note sections meant to be played simultaneously, rounding out the group experience.

Location: Hunt Club Park Community Center  
Max/Min: 12/4  
Classes: 8  
Age: 7-12 yrs.

ID#	DATE	DAY	TIME	FEE (R/NR)
218411-01	8/30-10/18	Tu	5:30-6:30p	\$137/\$171
218411-02	10/25-12/13	Tu	5:30-6:30p	\$137/\$171

**Private Guitar Lessons**

Students will learn parts of the guitar, notes on the fret board, how to tune their guitar as well as learning how to play and strum chords and scales, which are all the essentials to playing along with songs or jamming with friends.

Location: Hunt Club Park Community Center  
Max/Min: 4/2  
Classes: 8  
Age: 7-18 yrs.

ID#	DATE	DAY	*TIME	FEE (R/NR)
218414-01	8/30-10/18	Tu	TBD	\$217/\$271
218414-02	10/25-12/13	Tu	TBD	\$217/\$271

*Instructor will contact participants to schedule lessons one week prior to the class start date. Private lessons are 30 minutes and will take place on Tuesdays later afternoon/evening.*



**GO GURNEE WSRA Champions!**



# birthday parties

"The party leaders were wonderful. They were very helpful and sweet to the children."  
- Keyatta W.

"Very nice! The kids had lots of fun! Will definitely do again next year. Kyle and Mikayla were great :)" - Melissa D.

"Thank you so much for a great party. The girls had so much fun with your help!" - Joanna J.

"Very nice room - everything prepared nicely."  
- Janice R.

## Birthday Parties at Hunt Club Park Community Center

Are you looking for a fun, affordable birthday party for your child? At Gurnee Park District, we offer various themes and activities to ensure your child has the most memorable birthday! With our two party hosts at your event, everything is sure to run smoothly.

Birthday parties are for ages 3-12 years. Fees are \$195 for residents and \$244 for non-residents. (Ages and fees are party specific.) Parties run for 90 minutes in length. We designate 60 minutes for the activity and 30 minutes for refreshments and gifts. Your package includes 12 guests, and additional attendees are welcome for a nominal fee per person. Your party will also include a decorated room and table.

All parties are available on Saturdays and Sundays beginning at 1:00 pm or 3:30 pm. To request a date for your child's birthday party, download an application online at [GurneeParkDistrict.com](http://GurneeParkDistrict.com) and drop it off at any community center. Please note: Submitting an application does not confirm the date of your party. Parties will be confirmed within two business days of receipt of the application.

**Please Note: Prices are subject to change.**

## Tropical Luau

Join us for a tropical getaway your child will not forget! Make "grass skirts" and pin a coconut in the tree!

## Treasure Island

Ahoy Mateys! Bring your friends on an adventure-filled journey in search of treasure and legendary fun. "X" marks the spot for this swashbuckling party.

## Star Wars™

Calling all Padawans! Celebrate your birthday in the Star Wars™ Universe as young Jedi are encouraged to use the force to battle the Dark Side. May the force be with you!

## Nerf™ Time

Pump up your Nerf™ guns as we have a blast! Join us in our obstacle filled, indoor terrain with strategic cover for exciting capture the flag battles. (All attendees must bring their own Nerf™ guns and ammo. We provide protective eye wear for each guest.)

## Avengers Birthday Party

Defend the world from the evil villains! Luckily, you don't have to do it alone – the Avengers are here to help you defeat the enemies.





## Carnival Party

Step right up and join the fun! Our Masters of Ceremonies will lead you and your guests in a variety of carnival games. Everyone is a winner at this fun-filled party!

## Disney® Princess Party

Make your dreams come true with a special visit from your favorite princess! Live their story through games and activities for a happily ever after good time.

**The fee is \$215/Res and \$269/Non-Res.**

## Ultimate Sports and Games

Enjoy this high energy birthday party as our party leaders facilitate open gym play in half of the gym. All equipment is provided. All guests six years and older may also enjoy a challenging climb on our climbing wall. (Ask about our tiny tots open gym birthday for our little guests!)

## Pajama Day Spa

Wear your favorite pajamas, and join us for some fun! Enjoy a manicure and create lip gloss, body glitter or bath salts. Finish your day with something sweet as you decorate a cupcake or create an ice cream sundae.

**The fee is \$215/Res and \$269/Non-Res.**

## Superhero Training Academy

Train with Batman, Superman or Wonder Woman to perfect your super powers! Children will take home an official superhero training certificate to show their new powers. **The fee is \$215/Res and \$269/Non-Res.**

## Angry Birds

Help your feathered friends get their eggs back as they fight off the pigs. Don't let them be angry forever!

## All Star Dance Party

Our dance instructor will lead your party through warm ups and a choreographed dance routine. The guest of honor can choose from ballet, hip-hop, jazz or his or her own combination of dance styles. A variety of popular music featuring the latest artists is available.

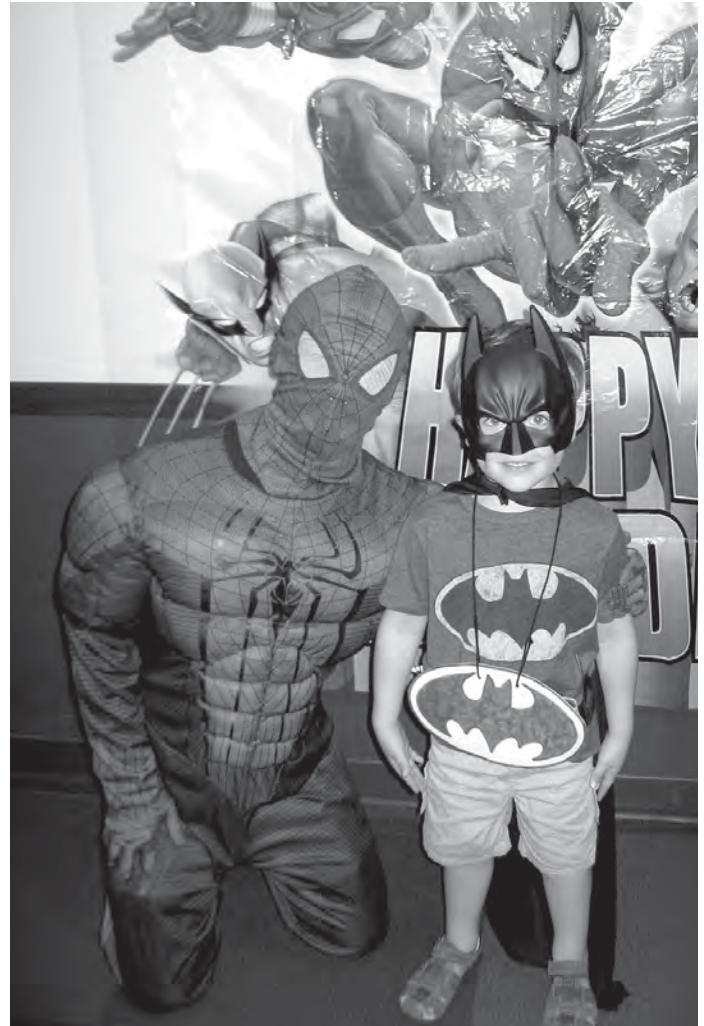
## Otter's Cove – Hunt Club Park Aquatic Center

You and your guests will have fun speeding down the water slides, free falling from the drop slides or just relaxing in the sun. Your party includes your choice of lunch at Cattail Café for 15 children and three adult chaperones.

## Character Themed

Meet your favorite character – Ninja Turtles, Sponge Bob, Mickey Mouse, Dr. Suess, characters from Hundred Acre Woods, Sesame Street or Toy Story. Each child will receive a souvenir photo with their favorite character!

**The fee is \$215/Res and \$269/Non-Res.**



### Questions?

For more information or to book your birthday party, contact Lori Friedl, Rental and Scheduling Coordinator, at 847-599-3760 or [lfriedl@gurneeparkdistrict.com](mailto:lfriedl@gurneeparkdistrict.com).



# rentals

Viking Park Dance Hall

Start planning your event today by reserving one of our beautiful venues. Reserving your location is easy! All applications are accepted on a first come, first served basis and are available on [GurneeParkDistrict.com/Rentals](http://GurneeParkDistrict.com/Rentals). While you're there, don't forget to take a virtual tour of all our spaces!

Please note: Prices are subject to change.

## Viking Park

4374 Old Grand Ave., Gurnee

	Group Size	R/NR Rate
Dance Hall	Up to 50	\$85/ \$128 per hour
Dance Hall	51-160	\$155/\$233 per hour
Bridal Room	N/A	\$100/\$150
Meeting Room	30	\$30/\$50 per hour
Viking Park Summer Kitchen	250	\$200/\$300

**Viking Park Dance Hall** is a combination of historic atmosphere and modern amenities makes our banquet room ideal. Beautiful outdoor wedding ceremony locations are available. **Liquor may be served with required insurance and permits.** Reservations may be placed one year prior to the event.

**Summer Kitchen - Deluxe Shelter** can hold parties both indoors and outdoors. **Liquor may be served with required insurance and permits.**

## Hunt Club Park Community Center

920 N. Hunt Club Rd., Gurnee

	Group Size	R/NR Rate (per hour)
Activity Center	100	\$125/\$188
Multipurpose Room	50	\$60/\$90
Meeting Room	30	\$40/\$60
Gymnasium	50	\$75/\$113
Climbing Wall	10	\$60/\$90



Hunt Club Activity Center

Viking Park Summer Kitchen



Hunt Club Multipurpose Room

**Hunt Club Park Community Center** has an array of rooms to choose from for your next rental. The **Activity Center** is loaded with technology including WiFi, 106" Smart Board iPod Docking Station, and an Xbox 360 with Kinect games, Playstation & DDR. Our **Multipurpose Room** is perfect for showers or birthdays and has hardwood floors, projector screen, WiFi, 12' countertop, sink, and mini fridge. The **Meeting Room** includes a projector screen, dry erase board, Wi-Fi, and 4' countertop.

If you are looking for activity, our **Gymnasium** offers a full court with six adjustable nets, room divider, bleachers and building attendant. Equipment is included for basketball, volleyball and pickleball. **Available before or after regular business hours.** Or try our 24' **Climbing Wall** which includes two auto belay stations and multiple challenge climbing routes.





## Shelters *April 15 - November 2*

Our shelters are the ideal location for picnics, family parties and company outings. Exclusive use of courts and fields are available for an additional fee. A Picnic Pack of sports equipment is included in the rental as are picnic tables, grill and shared use of outdoor restrooms. **Liquor is prohibited.**

Betty Russell  
Community Park  
Shelter



Esper Petersen Park Gazebo

Viking Park Game Shelter



Hunt Club Park Shelter



### Outdoor Shelters

#### Betty Russell Community Park Shelter

530 Pinewood Rd., Gurnee

Group Size	R/NR Rate
50	\$75/\$113

#### Esper Petersen Park Gazebo

Grand Ave. and Kilbourne Ave., Gurnee

Group Size	R/NR Rate
50	\$75/\$133

#### Viking Park Game Shelter

4374 Old Grand Ave., Gurnee

Group Size	R/NR Rate
50	\$75/\$133

#### Hunt Club Park Shelter

900 N. Hunt Club Rd., Gurnee

Group Size	R/NR Rate
50	\$75/\$133

## Hunt Club Park Aquatic Center

900 N. Hunt Club Rd., Gurnee (June 1-September 5)

	Group Size	R/NR Rate
Offer's Cove	18-36	\$215/\$269
Aquatic Center	400	\$600/\$900

**Hunt Club Park Aquatic Center** is the perfect location for a party. You can rent Offer's Cove or the entire Aquatic Center to enjoy everything the Center has to offer including water slides, sand volleyball and more! **Liquor is prohibited.**

## FitNation Pool (Saturday and Sunday 7:00-9:00p)

1655 Nations Dr., Gurnee

	Group Size	R/NR Rate
Indoor Pool	50	\$250/\$325

**FitNation Pool** offers private rentals that include exclusive use of our 86 degree indoor pool with supervision of lifeguards during the event. Viewing area can be set up to accommodate 25 guests seated with a max capacity of 50. Limited number of water noodles and lifejackets available. **Liquor is prohibited.**

Aquatic Center



FitNation  
Pool





# registration

## How to Register

At Gurnee Park District, we offer various options for your registration needs:

- Register online at [GurneeParkDistrict.com](http://GurneeParkDistrict.com).
- Complete a registration form found in the brochure or at one of our Community Centers. Forms can be dropped off, mailed or faxed. Mail to Gurnee Park District 4374 Old Grand Ave. Gurnee, IL 60031 or fax to 847-623-8121.

## How to Pay

Payments can be made using cash, check, Discover, Visa or MasterCard. Checks should be made payable to Gurnee Park District for the correct total amount.

**Note: Any check that is deposited and returned by the bank for any reason will result in an additional \$10 charge.**

All registration receipts will be sent via e-mail. If you require a hard copy receipt, one will be mailed to you.

## Registration

Registration begins **August 8** for both residents and non-residents. Web registration begins at 5:30a. Drop-off or fax registration begins during normal business hours. Note: Phone registrations are not accepted.

We are pleased to announce that we have improved our mobile registration software. It will now be easier and faster to register for programs off your mobile device!

## Contractors

In order to provide a wide range of recreational programs, Gurnee Park District uses contractors as a means of providing experts in a variety of areas. When we use an outside contractor for our program, the class description will reflect that.

## Resident/Non-Resident

Facilities and programs are partially subsidized through taxes by residents of Gurnee Park District. The resident fee is listed first. Non-residents pay the second amount listed. When a program is conducted at a school district facility and you reside within the district, you will be charged the resident rate.

## 100% Satisfaction Guaranteed

Gurnee Park District is constantly striving to offer quality recreation programs to the public. If you feel our programs\* did not meet your expectations to due quality of instruction, facilities or program content, we will refund your registration fee 100%.

To receive your refund:

- 1) Attend a minimum of two classes and inform us within 48 hours of the second class.
- 2) Complete the 100% Satisfaction Guaranteed Form at [gurneeparkdistrict.com](http://gurneeparkdistrict.com) or at one of our Community Centers.

Your input is valuable to us as it will help us determine where improvement is needed.

\*The guarantee applies to recreation programs where Park District personnel instruct or supervise an activity. The policy excludes trips, leagues, special events and rentals.

## Max/Min

In order to secure instructors and supplies, all programs require a minimum number of participants seven days before the class begins. A maximum number is also listed to ensure quality instruction. Gurnee Park District reserves the right to adjust max/min on programs/events when deemed necessary. Classes may be combined and times modified to facilitate better programs.

## Wait List

According to the policy, all wait listed customers who mail or drop-off their registration form will receive a refund. Customers will remain on the waiting list in the event openings occurs at which time the Park District will notify the customer and payment will be due at that time.

## Refund Policy

General program fee refunds, less a service charge of 20% (not to exceed \$5), will be made if a request is received at least seven days before the start of the program. After that time, refunds can only be given for medical reasons and will not be prorated.

Note: Refunds cannot be given for programs or trips that require advance admission or entrance fees. League refund requests are due seven days before the fee payment deadline. For preschool, camp and CARE, visit [GurneeParkDistrict.com](http://GurneeParkDistrict.com) for the complete policy.

When Gurnee Park District reschedules or cancels programs due to insufficient registration, full refunds will be provided. Refunds will be mailed within 14 days of the request.





### Program Registration Form

Viking Park Community Center  
4374 Old Grand Ave. • Gurnee, IL 60031  
Main 847-623-7788 • Fax 847-623-8121



Gurnee  
Park  
District

Hunt Club Park Community Center  
920 N. Hunt Club Rd. • Gurnee, IL 60031  
Main 847-623-7788 • Fax 847-855-1372

Primary Member Name \_\_\_\_\_  Male  Female

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

City/Zip \_\_\_\_\_ Work Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ Emergency Contact/Phone \_\_\_\_\_

E-mail \_\_\_\_\_ Residency  Gurnee Park District\*  Non-Resident

School District Residency  Dist. 50  Dist. 56  Dist. 121

\*Gurnee Park District Residents may be asked to prove residency by providing a copy of a real estate tax bill, lease agreement, driver's license, state I.D. card or utility bill.  
Do you have any special needs or require any accommodations? \_\_\_\_\_

#### Participant Information

Program ID #	Program Name	First Name	Last Name	Date of Birth	M/F	Fees
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	_____	\$ _____

**Method of Payment** Total Paid \$ \_\_\_\_\_

Check # \_\_\_\_\_  Cash  Credit Card

Name on Card \_\_\_\_\_ Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Authorized Signature \_\_\_\_\_

**Important Waiver Information:**

You must sign and date the following to insure that you have read and fully understand the important waiver information on the back of this form including, warning of risk, assumption of risk and release of all claims. If registering via fax, signature shall substitute for and have the same legal effect as an original form signature. Registration will not be processed without a signature.

\_\_\_\_\_  
Participant Signature (If under 18 years old Parent/Guardian Signature) \_\_\_\_\_  
Date



# Let Us Know How We Are Doing

Gurnee Park District relies heavily on participant input in the development of its parks, programs and services. Please take a moment to complete this form, rating your level of satisfaction with the Gurnee Park District by indicating the number that applies, as follows: 3 = Exceeds expectations, 2 = Meets expectations, 1 = Falls below expectations, and 0 = No opinion.

\_\_\_\_ Overall Customer Service      \_\_\_\_ Program Instructors      \_\_\_\_ Program Selection  
\_\_\_\_ Registration Process      \_\_\_\_ Recreation Program Guide      \_\_\_\_ Parks

How did you receive information about Park District program(s) you are registering for?  
\_\_\_\_\_

Is there anything we can do to provide better services for you?      Yes       No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

**If you would like a personal response to your comments, please include your name, address and phone number or email.**

**Park District Announcements:** Do you want to hear about Park District news, meetings, and more in a timely manner? Sign up for the email newsletter list by filling out the information below and checking the **Gurnee Park District Email Newsletter** box.



Gurnee  
Park  
District

Name \_\_\_\_\_

Address (optional) \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Sign me up for the Gurnee Park District Email Newsletter

**Note:** We do not carry medical or accident insurance for program participants. The costs of that type of insurance would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage. The use of this form is one of our answers to the national liability insurance crisis, allowing us to continue to offer quality programs to the public at reasonable costs. If you have any questions, please call 847-623-7788. Thank you for your cooperation and support.

## Waiver

### WAIVER, RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR GURNEE PARK DISTRICT

Please read this form carefully and be aware that, in signing up and participating in Gurnee Park District programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms "I," "me," and "my" also refer to parents or guardians as well as participants in the programs. In registering for these programs you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such programs. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the Gurnee Park District, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of this Agreement).

I do hereby fully release and discharge the Gurnee Park District and the other released parties from any and all claims for injuries, damage or loss which I may have or which may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the Gurnee Park District and any and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as "participation," "programs," and "activities," referred to in this Agreement, include all exercises and physical movement of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved in these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this agreement.





# CHALLENGE YOURSELF TO YOUR FULLEST POTENTIAL

Join FitNation in August  
for **1/2 initiation fee**

Plus! New members can purchase  
3 personal Training sessions for \$59.

See page 8 for more information on FitNation.



**Capes Encouraged**

# BE SUPER

Let your inner superhero  
(or super villain) loose on  
this super fun day.

**November 5, 2016**  
**9:00am - Noon**  
**Hunt Club Park**  
920 North Hunt Club Road, Gurnee

**FREE** Superhero Meet  
and Greet

**Superhero Sprint**  
1 mile sprint (pre-register)  
ID# 216915  
Separate heats for runners, walkers and strollers  
\$5 pre-registration, \$7 day of registration

**FREE** Superhero Training  
Special FitKids exercise class

**FREE** Super Foods

**FREE** Super Activities  
Fun for the entire family

**Super FitNation Deal**  
Membership special

**Plus much more!**

Visit Gurnee Park District's  
Facebook for more details.

